SPORT E SALUTE

REGIONE LAZIO

ROMA

UnipolSai ASSICURAZIONI

arena

FRECCIAROSSA

BPER: Banca

Herbalife

ULIVETO VIVI IN FORMA

GES GROUP ARREDI PER SPAZI COMUNI

INTERNAZIONALI DI NUOTO 59° SETTECOLLI

TEAM LEADER GUIDE

23 · 24 · 25 JUNE 2023

ROME · FORO ITALICO

FIN FEDERAZIONE ITALIANA NUOTO

ORGANIZING COMMITTEE

HEAD OF EVENT	
Federazione Italiana Nuoto	**Laura Del Sette - Francesco Passariello**
Sport e Salute	**Andrea Pivano**
VENUE MANAGER	**Dino Baudone**
MEET DIRECTOR	**Gianfranco Saini**
SECRETARIAT	**Francesca Ladiana**
EVENT' SECRETARIAT	**Gaia Pennecchini** Paola Cardarelli - Silvia Santoro
TECHNICAL SECRETARIAT	**Simona Fagioli**
INTERNATIONAL TEAMS and ACCOMMODATION	**Simona Spurio Schiavoni** Valeria Lanzi Patrizia Vasta Flavia Carbonaro
PRESS	**Valerio Salvati** **Massimo Cicerchia** **Luca Sansonetti** **Bruno Lombardino** **Giorgio Scala**
SOCIAL MEDIA	**Valeria Di Palo** Massimiliano Andrea De Tommasi Ivan Cacace
ACCREDITATION	**Flaminia Guidi** **Rosa De Filippis - Laura Pelliccioni**
AWARD CEREMONIES	**Elisabetta Comazzetto – Giorgiana Emili**
SPORT PRESENTATION	**Roberto Zamboni - Cristina Calleri**
SPEAKERS	**Luca Rasi - Simone Cinnirella** **Alessia Ferri (Pallanuoto)**

TRANSPORTS	Claudia Moriello - Mariana Cariati
ACCOUNTING	Massimo Rella - Giulia Grossi
SECURITY	Michele Patricelli
VOLUNTEERS	Fabrizio Scimonelli
AMBASSADORS	Massimiliano Rosolino - Filippo Magnini
GUEST REFEREES	Tiziano Fioravanti Cristina Fella Alberto Bardi
STAND FIN	Francesco Ferrara
KIT AND DRESSING MANAGER	Brunella Pesapane
DOPING CONTROL	Silvana Mari - Leonardo Presciutti
TEAM ITALY ASSISTANCE	Michela Schiavetto
HEALTH PLAN	Mauro Guicciardi - Rita Bottiglieri
DATA ENTRY	Microplus

JURIES-TIMEKEEPING AND DATA HANDLING

REFEREES	Barbara Caloi
	Deborah Maggi
	Simone Turcato
	Alessio Garau
	Barbara Gasperini
STARTERS	
Men events	Alessandro Camilli
Women events	Marco Rondoni
Adjutant	Chiara Tarantini
Commissioner	Marina Federici

Protests must be submitted:

a) To the referee

b) In writing

c) By the Team leader or by a team representative

d) With a deposit of 100 Swiss Francs or its equivalent (92.95 €)

e) Within 30 minutes following the disqualification notification.

Any kind of tape on the body is not permitted unless approved by FINA Sport Medicine Committee or by the Event's doctor.

- Austria
- Belgium
- Brasil
- Canada
- Czech Republic
- Denmark
- Estonia
- France
- Great Britain
- Germany
- Greece
- Hong Kong
- Hungary
- Ireland
- Israel
- Italy
- Japan
- Kuwait
- Lithuania
- Luxembourg
- Netherlands
- Portugal
- Romania
- Spain
- Sweden
- Switzerland
- Turkey
- Vietnam

EVENT' SECRETARIAT

The information desk will be placed at the entrance of "Stadio del Nuoto" (marked in green on the venue map on the last page) and it will be open from the beginning of the warm-up till the end of the competition.

Please do not hesitate to contact our staff for any queries you may have.

ACCREDITATION AND PARTICIPATION KIT

Accreditation will be delivered at the hotel from the hostess upon arrival.

The Head of Delegation is kindly requested to collect the accreditation cards for the whole Team. Accreditation badges must always be visible and shown when requested. Entry to the venue will be denied to any unaccredited person.
The participation kit will be provided at the hotel upon arrival. Within the kit, you will find the accreditation, the event's t-shirt and the team leaders guide.
For any technical question, please do not hesitate to contact the Technical Secretariat or Mr. Gianfranco Saini, meet director.

TECHNICAL MEETING will be held on 22nd June at 19:00. It will take place in the meeting room located at the pool deck behind the diving tower.

In any case, all teams are requested to communicate in advance to the O.C. any scratch or correction whenever possible, in order to speed up to work of the Secretariat (please contact Ms. Simona Fagioli: simona.fagioli@federnuoto.itand Mr. Gianfranco Saini: gianfranco.saini@federnuoto.it).

RACES

RACES

The individual competitions of the World and European Championships programme will be held in the 50-metre pool.

FORMULA

Rounds and "A" and "B" finals in all races, except the 800 and 1500 freestyle in the two sectors, which will be held in series.
In the men's and women's 100 and 200 freestyle competitions, there will also be a "C" final reserved exclusively for Italian swimmers.

In the morning heats and in the afternoon A and B finals, 10 lanes will be used for all races; the last four places (17th to 20th) in each B final will be reserved for Italian swimmers.
In the morning heats, the start will be given with the swimmers of the previous series in the water.
The starting signal will be given in English.

In relation to taping, the World Aquatics rules will be applied.
An anti-doping control will be carried out at the event, and the races and athletes will be drawn.

RACE FORMAT

The competitions will take place each day according to this schedule:

Friday 23 June

Warm-up starts at 08:00

MORNING HEATS	From 10:00 to 13:00
PRE- SHOW	From 17:00 to 17:50
FINALS	From 18:00 to 20:25
WATERPOLO TEST MATCH	ITALY - CROATIA H 21:30

Saturday 24 June

Warm-up starts at 08:00

MORNING HEATS	From 10:00 to 13:00
PRE- SHOW	From 17:00 to 17:30
FINALS	From 17:45 to 20:40

Sunday 25 June

Warm-up starts at 08:00

MORNING HEATS	From 09:30 to 13:10
PRE- SHOW	From 17:00 to 17:30
FINALS	From 18:00 to 20:45

INTERNAZIONALI DI NUOTO 59° SETTECOLLI

FIN FEDERAZIONE ITALIANA NUOTO | SPORT E SALUTE

EVENT PROGRAMME

HEATS · FROM H10:00

23 JUNE

100 Backstroke
M 50 Backstroke
F 400 Freestyle
M 200 Freestyle
F 100Breastroke
M 100
Breastroke F 100
Butterfly M 50
Butterfly F
50 Freestyle M
1500 Freestyle F

HEATS · FROM H10:00

24 JUNE

100 Butterfly F
200 Butterfly M
100 Backstroke F
50 Backstroke M
400 Medley F
400 Medley M
100 Freestyle F
100 Freestyle M
50 Breastroke F
50 Breastroke M
800 Freestyle F
800 Freestyle M

HEATS · FROM H09:30

25 JUNE

50 Freestyle F
200 Backstroke M
200 Backstroke F
50 Butterfly M
200 Butterfly F
200 Breastroke M
200 Breastroke F
200 Freestyle M
400 Freestyle F
200 Medley M
200 Medley F
1500 Freestyle M

PRE-SHOW · FROM H17:00

FINALS · FROM H18:00

23 JUNE

100 Backstroke M
50 Backstroke F
400 Freestyle M
200 Freestyle F
100 Breastroke M
100 Breastroke F
100 Butterfly M
50 Butterfly F
50 Freestyle M
1500 Freestyle F

ITALY VS CROATIA

waterpolo test match • start 21.30

FINALS · FROM H17:45

24 JUNE

FINP 100 Freestyle F
FINP 100 Freestyle M
100 Butterfly F
200 Butterfly M
100 Backstroke F
50 Backstroke M
400 Medley F
400 Medley M
100 Freestyle F
100 Freestyle M
50 Breastroke F
50 Breastroke M
800 Freestyle F
800 Freestyle M

FINALS · FROM H18:00

25 JUNE

50 Freestyle F
200 Backstroke M
200 Backstroke F
50 Butterfly M
200 Butterfly F
200 Breastroke M
200 Breastroke F
200 Freestyle M
400 Freestyle F
200 Medley M
200 Medley F
1500 Freestyle M

INTERNAZIONALI DI NUOTO 59° SETTECOLLI

FEDERAZIONE ITALIANA NUOTO

SPORT E SALUTE

Timing "Sette Colli" 2023

DAY	TIME		EVENTS		
DAY I a.m.	TIME		EVENTS		
Friday 23 June	10:00	Heats	100m backstroke	M	8
	10:18	Heats	50m backstroke	W	7
	10:28	Heats	400m freestyle	M	6
	10:57	Heats	200m freestyle	W	7
	11:17	Heats	100m breaststroke	M	6
	11:29	Heats	100m breaststroke	W	7
	11:42	Heats	100m fly	M	9
	12:00	Heats	50m fly	W	7
	12:10	Heats	50m freestyle	M	8
	12:20	Slow Heats	1500m freestyle	W	2
	13:00	End Morning Session Day 1			
DAY I p.m.	TIME		EVENTS		
Friday 23 June	18:00	Final B	100m backstroke	M	
	18:04	Final A	100m backstroke	M	
	18:09	Final B	50m backstroke	W	
	18:13	Final A	50m backstroke	W	
	18:17	Final B	400m freestyle	M	
	18:23	Final A	400m freestyle	M	
	18:30	Final C (italian swimmers only)	200m freestyle	W	
	18:34	Final B	200m freestyle	W	
	18:38	Final A	200m freestyle	W	
	18:43	Awards Ceremony	100m backstroke	M	
	18:47	Awards Ceremony	50m backstroke	W	
	18:51	Final B	100m breaststroke	M	
	18:54	Final A	100m breaststroke	M	
	18:57	Final B	100m breaststroke	W	
	19:00	Final A	100m breaststroke	W	
	19:03	Awards Ceremony	400m freestyle	M	
	19:07	Awards Ceremony	200m freestyle	W	
	19:12	Final B	100m fly	M	
	19:14	Final A	100m fly	M	
	19:17	Final B	50m fly	W	
	19:20	Final A	50m fly	W	
	19:23	Final B	50m freestyle	M	
	19:26	Final A	50m freestyle	M	
	19:29	Awards Ceremony	100m breaststroke	M	
	19:33	Awards Ceremony	100m breaststroke	W	
	19:39	Fast Heat	1500m freestyle	W	
	20:00	Awards Ceremony	100m fly	M	
	20:04	Awards Ceremony	50m fly	W	
	20:08	Awards Ceremony	50m freestyle	M	
	20:12	Awards Ceremony	1500m freestyle	W	
	20:20 p.m.	End Evening Session Day 1			

DAY II a.m.	TIME		EVENTS		
Saturday 24 June	10:00	Heats	100m fly	W	7
	10:14	Heats	200m fly	M	5
	10:28	Heats	100m backstroke	W	6
	10:41	Heats	50m backstroke	M	8
	10:50	Heats	400m IM	W	4
	11:13	Heats	400m IM	M	4
	11:35	Heats	100m freestyle	W	9
	11:54	Heats	100m freestyle	M	10
	12:13	Heats	50m breaststroke	W	6
	12:22	Heats	50m breaststroke	M	6
	12:30	Slow Heat	800m freestyle	W	1
	12:40	Slow Heats	800m freestyle	M	2
	13:00	End Morning Session Day 2			
DAY II p.m.	**TIME**		**EVENTS**		
Saturday 24 June	17:45	Final B	100m fly	W	
	17:48	Final B	200m fly	M	
	17:52	Final B	100m backstroke	W	
	17:56	Final B	50m backstroke	M	
	18:00	FINP	100m freestyle	W	
	18:04	FINP	100m freestyle	M	
	18:08	Final A	100m fly	W	
	18:12	Final A	200m fly	M	
	18:16	Final A	100m backstroke	W	
	18:20	Final A	50m backstroke	M	
	18:23	Awards Ceremony	100m freestyle FINP	W	
	18:28	Awards Ceremony	100m freestyle FINP	M	
	18:33	Awards Ceremony	100m fly	W	
	18:37	Awards Ceremony	200m fly	M	
	18:40	Final A	400m IM	W	
	18:46	Final A	400m IM	M	
	18:52	Awards Ceremony	100m backstroke	W	
	18:56	Awards Ceremony	50m backstroke	M	
	19:00	Final C (italian swimmers only)	100m freestyle	W	
	19:04	Final B	100m freestyle	W	
	19:07	Final A	100m freestyle	W	
	19:11	Final C (italian swimmers only)	100m freestyle	M	
	19:14	Final B	100m freestyle	M	
	19:17	Final A	100m freestyle	M	
	19:21	Final B	50m breaststroke	W	
	19:23	Final A	50m breaststroke	W	
	19:26	Final B	50m breaststroke	M	
	19:29	Final A	50m breaststroke	M	
	19:32	Awards Ceremony	100m freestyle	W	
	19:36	Awards Ceremony	100m freestyle	M	
	19:40	Fast Heat	800m freestyle	W	
	19:50	Fast Heat	800m freestyle	M	
	20:00	Final B	400m IM	W	
	20:06	Final B	400m IM	M	
	20:12	Awards Ceremony	50m breaststroke	W	
	20:16	Awards Ceremony	50m breaststroke	M	
	20:20	Awards Ceremony	800m freestyle	W	
	20:24	Awards Ceremony	800m freestyle	M	
	20:28	Awards Ceremony	400m IM	W	
	20:32	Awards Ceremony	400m IM	M	
	20:40	End Evening Session Day 2			

DAY III a.m.	TIME		EVENTS		
Sunday 25 June	9:30	Heats	50m freestyle	W	8
	9:40	Heats	200m backstroke	M	6
	9:57	Heats	200m backstroke	W	5
	10:13	Heats	50m fly	M	8
	10:23	Heats	200m fly	W	5
	10:38	Heats	200m breaststroke	M	6
	10:56	Heats	200m breaststroke	W	5
	11:11	Heats	200m freestyle	M	8
	11:32	Heats	400m freestyle	W	5
	11:52	Heats	200m IM	M	6
	12:10	Heats	200m IM	W	4
	12:30	Slow Heats	1500m freestyle	M	2
	13:10	End Morning Session Day 3			
DAY III p.m.	**TIME**		**EVENTS**		
Sunday 25 June	18:00	Final B	50m freestyle	W	
	18:03	Final A	50m freestyle	W	
	18:06	Final B	200m backstroke	M	
	18:10	Final A	200m backstroke	M	
	18:14	Final B	200m backstroke	W	
	18:18	Final A	200m backstroke	W	
	18:22	Final B	50m fly	M	
	18:25	Final A	50m fly	M	
	18:30	Awards Ceremony	50m freestyle	W	
	18:34	Awards Ceremony	200m backstroke	M	
	18:38	Final B	200m fly	W	
	18:42	Final A	200m fly	W	
	18:46	Final B	200m breaststroke	M	
	18:50	Final A	200m breaststroke	M	
	18:54	Final B	200m breaststroke	W	
	18:58	Final A	200m breaststroke	W	
	19:02	Final C (italian swimmers only)	200m freestyle	M	
	19:06	Final B	200m freestyle	M	
	19:10	Final A	200m freestyle	M	
	19:14	Awards Ceremony	200m backstroke	W	
	19:17	Awards Ceremony	50m fly	M	
	19:20	Awards Ceremony	200m fly	W	
	19:24	Final B	400m freestyle	W	
	19:30	Final A	400m freestyle	W	
	19:36	Awards Ceremony	200m breaststroke	M	
	19:40	Awards Ceremony	200m breaststroke	W	
	19:44	Final B	200m IM	M	
	19:48	Final A	200m IM	M	
	19:52	Final B	200m IM	W	
	19:56	Final A	200m IM	W	
	20:00	Awards Ceremony	200m freestyle	M	
	20:04	Awards Ceremony	400m freestyle	W	
	20:08	Fast Heat	1500m freestyle	M	
	20:27	Awards Ceremony	200m IM	M	
	20:31	Awards Ceremony	200m IM	W	
	20:35	Awards Ceremony	1500m freestyle	M	
		Awards Ceremony	Top Ten Performers		
		Awards Ceremony	Seven Hills Trophy		
	20:45	End of the Meet			

TRANSPORTS SCHEDULE

Please be so kind as to respect the timetable strictly.
Thank you.

22nd June

SHUTTLE BUS VILLA MARIA REGINA

VMR-POOL	Morning	07:45
	Afternoon	14:45
POOL-VMR	Morning	10:15
	Afternoon	16:15

SHUTTLE BUS FLEMING

FLEMING POOL	Morning	07:45
	Afternoon	14:45
POOL FLEMING	Morning	10:15
	Afternoon	16:15

23th June

SHUTTLE BUS VILLA MARIA REGINA

VMR-POOL	Morning	07:15
	Afternoon	15:15
POOL-VMR	Morning	09:15
	Afternoon	17:15

SHUTTLE BUS FLEMING

FLEMING-POOL	Morning	07:15
	Afternoon	15:15
POOL FLEMING	Morning	09:15
	Afternoon	17:15

TRANSPORTS SCHEDULE

Please be so kind as to respect the timetable strictly.
Thank you.

24th June

SHUTTLE BUS VILLA MARIA REGINA

VMR-POOL	Morning	07:15
	Afternoon	15:15
POOL-VMR	Morning	09:15
	Afternoon	17:15

SHUTTLE BUS FLEMING

FLEMING POOL	Morning	07:15
	Afternoon	15:15
POOL FLEMING	Morning	09:15
	Afternoon	17:15

SHUTTLE BUS BUENOS AIRES

BUENOS AIRES-POOL	Morning	07:15
	Afternoon	15:15
POOL-BUENOS AIRES	Morning	09:15
	Afternoon	17:15

Doping control and Prizes Money

Doping control will run according to World Aquatics Rules (Doping Control Room is at point 3 on the map).
Please be ready to follow our Staff Members with your ID or passport if you are drawn for.
If necessary, do not forget to fill in the Drug Use Form: for each medicament used, a Form must be used.

Results

The results can be downloaded at www.federnuoto.it

Confirmation of departures

Transport back to the Airport will be provided. Delegations and Teams are invited to confirm their departure, within June 23rd in order to help us organizing the bus transfer. Thank you for your co-operation.

Final ranking

In order to award the "Mario Saini Trophy", a final ranking for Nations will be prepared at the end of the competitions based on the results of the meeting with the following modalities:

• for each event the following scores will be assigned to the first six athletes classified: 7 points to the first, 5 points to the second, 4 points to the third, 3 points to the fourth, 2 points to the fifth and 1 point to the sixth classified swimmer; in case of parity the points will be divided between the athletes;

• to each swimmer will be assigned the sum of the scores achieved in each event swam.

• for each nation, it will be considered the swimmers with the highest points achieved up to a maximum of 5 athletes (male or female).

• the "Mario Saini" Trophy will be assigned to the Nation first classified based on the sum of the scores; in the event of a tie, the Trophy will be assigned to the Nation with the best average of scores for classified athlete.

• if Italy will be the winning nation, the Trophy will be assigned to the Club that will contribute to the final ranking with the highest fraction of score.

Prize Money:the prize money will be distribuited as follows:

Medals for 1st, 2nd and 3rd ranked athletes of each event.

- Top 10 performers on the basis of FINA IPS system, considering the best performance per swimmers:
  1° 7.500€
  2° 5.500€
  3° 4.500€
  4° 3.500€
  5° 3.000€
  6° 2.600€
  7° 2.450€
  8° 2.400€
  9° 2.300€
  10° 2.250€
- 500,00€, 300€ and 200€ respectively to the 1st, 2nd and 3rd placed swimmers in each one of the 34 individual events & 500,00€ each for the meet individual records broken during the A finals.

TRAINING SCHEDULE

FEDERAZIONE ITALIANA NUOTO | SPORT E SALUTE

FYI: No ice per icebath

TRAINING 21st June

09:00-11:00	VMR 28 PAX	FLE 5 PAX	
16:00-18:00	VMR 25 PAX	FLE 5 PAX	BA 8 PAX
18:00-20:00	VMR 32 PAX (9 PAX FROM 19:00)		

TRAINING 22nd June

08:30-12:30
15:30-20:00

TRAINING 23rd June

WARM UP	HEATS	FINALS	WATERPOLO TEST MATCH
08:00	10:00-12:00	18:00-20:00	21:30
16:00			

TRAINING 23rd June

WARM UP	HEATS	FINALS
08:00	10:00-12:00	18:00-20:00
16:00		

HOTELS

1.HOTEL VILLA MARIA REGINA

★★★★★

ADDRESS
Via della Camilluccia, 687 Rome 00135

CONTACT
MAIL: info@villamariaregina.com
TEL: +39 063629071

Name: Nicolò Venditti
TEL: +39 3290217882
Name: Lorenzo Viola
TEL: +39 3892481653
Name: Claudia Moriello (transport manager)
TEL: +39 3208221400

2. GRAND HOTEL FLEMING

★★★★

ADDRESS
Piazza Monteleone di Spoleto, 20, 00191 Rome

CONTACT
MAIL: info.ghf@omniahotels.com
TEL: +39 06 3337264

Name: Giorgia Santillo
TEL: +39 3287334099
Name: Mariana Carrati
TEL: +39 3518942997

3.HOTEL BUENOS AIRES

★★★★

ADDRESS
Via Clitunno, 9 00198 Rome

CONTACT
Name: Emanuel Cinque
TEL: +39 3391608523

Records men

EVENT	ATHLETE	NATION	TIME	DATA
50 FREESTYLE	Benjamin Proud	GBR	21.16	2018
100 FREESTYLE	Thomas Ceccon	ITA	48.14	2021
200 FREESTYLE	Kristof Milak	HUN	1:46.39	2021
400 FREESTYLE	Gabriele Detti	ITA	3.43:73	2020
800 FREESTYLE	Gregorio Paltrinieri	ITA	7.40:22	2020
1500 FREESTYLE	Gregorio Paltrinieri	ITA	14.33:10	2020
50 BACKSTROKE	Michael Andrew	USA	24.39	2019
100 BACKSTROKE	Mewen Tomac	FRA	53.29	2020
200 BACKSTROKE	Ryosuke IRIE	JPN	1:55.05	2012
50 BREASTSTROKE	Adam Peaty	GBR	26.41	2018
100 BREASTSTROKE	Nicolò Martinenghi	ITA	58.29	2021
200 BREASTSTROKE	Arno Kamminga	NED	2:07.63	2021
50 BUTTERFLY	Andriy Govorov	UKR	22.27	2018
100 BUTTERFLY	Kristof Milak	HUN	50.89	2021
200 BUTTERFLY	Kristof Milak	HUN	1:53.18	2021
200 MEDLEY	Daiya Seto	JPN	1:57.11	2019
400 MEDLEY	Dávid Verrazsto	HUN	4:07.47	2017

Records women

EVENT	ATHLETE	NATION	TIME	DATA
50 FREESTYLE	Pernille Blume	NED	23.92	2018
100 FREESTYLE	Pernille Blume	NED	52.72	2018
200 FREESTYLE	Federica Pellegrini	ITA	1:54.55	2016
400 FREESTYLE	Camille Muffat	FRA	4:02.64	2013
800 FREESTYLE	Alessia Filippi	ITA	8:20.70	2008
1500 FREESTYLE	Simona Quadarella	ITA	15:48.81	2021
50 BACKSTROKE	Holly Barratt	AUS	27.57	2017
100 BACKSTROKE	Kira Toussaint	NED	59.23	2021
200 BACKSTROKE	Margherita Panziera	ITA	2:06.87	2019
50 BREASTSTROKE	Benedetta Pilato	ITA	29.69	2021
100 BREASTSTROKE	Yuliya Efimova	RUS	1:04.98	2018
200 BREASTSTROKE	Yuliya Efimova	RUS	2:20.72	2018
50 BUTTERFLY	Sarah Sjostrom	SWE	25.19	2018
100 BUTTERFLY	Sarah Sjostrom	SWE	56.04	2015
200 BUTTERFLY	Sara Isakovic	SLO	2:07.05	2021
200 MEDLEY	Katinka Hosszu	HUN	2:08.28	2019
400 MEDLEY	Ilaria Cusinato	ITA	4:34.65	2018

MENU

Every day there will be an international breakfast with coffee, milk, tea, fruit juice, bread, croissants, fresh fruit, yogurt, ham, bacon, cheese and eggs.

At every meal there will be a buffet with vegetables, tuna, bread and condiments both for vegetables and for pasta (ragù, mushrooms, vegetables, tomato, oil, butter); at the end of every meals fresh fruit will be available, while for dinners there will be also a dessert.

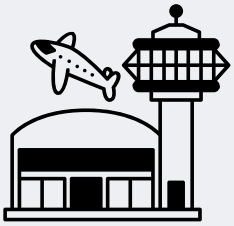
MEAL TIMES

- **BREAKFAST**: 07:00-10:00 (20-21-22 June)
- **BREAKFAST**: 06:30 - 10:00 (23-24-25 June)
- **LUNCH**: 12.30-14.30
- **DINNER**: 19.30-21.30

USEFUL NUMBERS

+39 063570
+39 064157

199 892021



+39 0665951

118

112

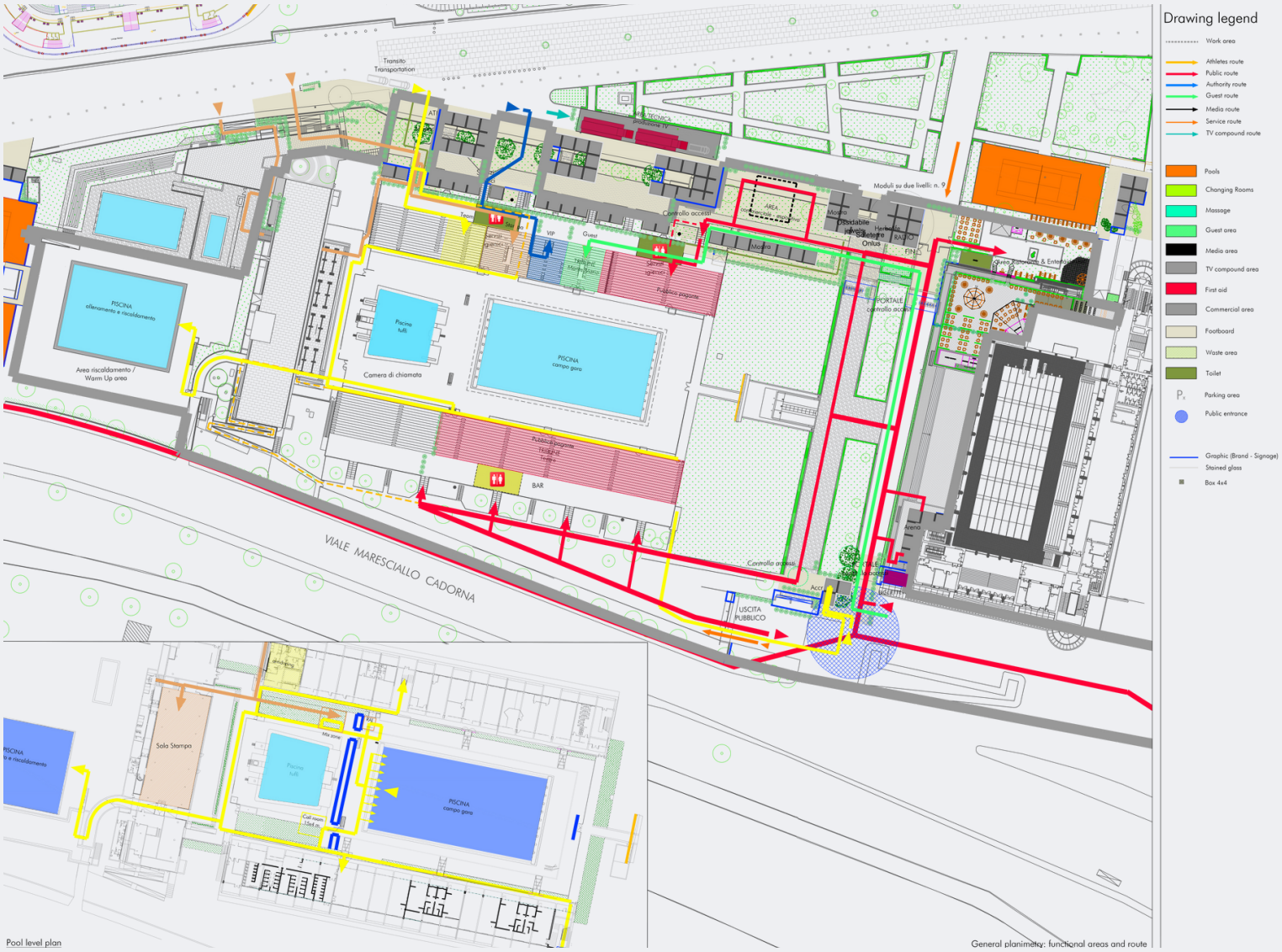
115

113

INTERNAZIONALI DI NUOTO 59° SETTECOLLI

FEDERAZIONE ITALIANA NUOTO

VENUE MAP & TRAINING POOL



Training Pool

FIN

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