



INTERNAZIONALI
DI NUOTO
— 53° —
SETTECOLLI

MAI GRADITO

CLEAR

VENITE A VEDERE
IL GRANDE SPETTACOLO
DEL NUOTO.



ROMA

24-26 GIUGNO

STADIODELNUOTO.

WWW.FEDERNUOTO.IT

FIN
FEDERAZIONE ITALIANA
NATAZIONE



 ROMA CAPITALE
CIVILTÀ E CULTURA

arena 

Kinder 

UnipolSai
ASSICURAZIONI

HERBALIFE
NUTRITION



Programme

Competitions over three days, from 24th to 26th of June 2016

Events

Freestyle:	50 M/W -100 M/W -200 M/W - 400 M/W - 800 M/W -1500 M/W
Backstroke:	50-100-200 M/W
Breaststroke:	50-100-200 M/W
Butterfly:	50-100-200 M/W
Medley:	200-400 M/W

Formula

Heats and Finals for all the events but 800 freestyle M and 1500 freestyle W which will be conducted by timed heats. "B" Finals for all events but 800 freestyle M/W and 1500 freestyle M/W.

Prizes

Medals for 1st, 2nd and 3rd ranked athletes of each event

Prize money

The prize money will be distributed as follows:

- Top ten performers on the basis of FINA IPS system, considering the best performance per swimmer.

1°	7.500,00 Euro
2°	5.500,00 Euro
3°	4.500,00 Euro
4°	3.500,00 Euro
5°	3.000,00 Euro
6°	2.600,00 Euro
7°	2.450,00 Euro
8°	2.400,00 Euro
9°	2.300,00 Euro
10°	2.250,00 Euro
- 500,00 Euro, 300,00 Euro and 200,00 Euro respectively to the 1st, 2nd and 3rd placed swimmers in each one of the 34 individual events
- 500,00 Euro each for the meet individual records broken during the A finals

Any increase in the total prize money will be promptly notified.

In addition, **benefits related to travel and accommodation** for competitors and coaches will be granted on the basis of the results achieved at the Olympic Games, World Championships and European Championships.



Please do not hesitate to contact us for further information.

Category	Achievement	Benefits
A	Individual Olympic Champion 2012 Individual World Champion 2015 L.C.	Flight tickets (up to 500 Euro) and accommodation
B	Individual Medallists Olympic Games 2012 Individual World Champion 2013 L.C. Individual Medallist World Championships 2015 L.C. Individual World record holder long course	Flight tickets (up to 300 Euro) and accommodation
C	Individual European Champion 2016 L.C.	Flight tickets (up to 200 Euro) and accommodation
D	Relays Medallist World Championships 2015 L.C. Individual European Medallist 2016 L.C.	Accommodation
E	1 coach for 1 to 4 "A,B,C" swimmers 2 coaches for 5 and more "A,B,C" swimmers	Flight tickets (up to 500 Euro) and accommodation
F	1 coach for 1 to 4 "D" swimmers 2 coaches for 5 and more "D" swimmers	Accommodation

Contact Persons

Gianfranco Saini (Sport Manager Italian Swimming Federation)

Simona Spurio Schiavoni & Flaminia Guidi (International Relations)

Tel. +39.06.36200.457 or 406

e-mail: international@federnuoto.it



The Organising Committee of the 53st International Open Swimming Trophy "Sette Colli" has the pleasure to inform the interested Nations, Clubs and Athletes that the event will take place in Rome at the "Stadio del Nuoto" from 24 to 26 June 2016.

The O.C. will take care of the local transportation and shuttle service from the airports and train stations upon arrival, during the event and for your departure as well.

The O.C. will book the hotels according to your needs. Hostess service will be included in the accommodation package.

ACCOMMODATION

OFFICIAL HOTELS 3***/4****

	Single room	Double/Twin room	D.S.O.
Grand Hotel Fleming ****	€ 180,00	€ 155,00	€ 210,00
Hotel Donna Laura ****	€ 180,00	€ 155,00	€ 210,00
Hotel degli Aranci ****	€ 180,00	€ 155,00	€ 210,00
Hotel Villa Maria Regina ****	€ 180,00	€ 155,00	€ 210,00
Hotel Buenos Aires ***	€ 170,00	€ 145,00	€ 200,00
Hotel delle Muse ***	€ 170,00	€ 145,00	€ 200,00

Notes:

- Prices are intended per person per day in full board.
- City Tourist tax to be paid directly at the hotel check out:
 - 4**** hotels 6 euros per day per person
 - 3*** hotels 4 euros per day per person
- D.S.O.: double single occupancy



TRANSPORTS

- **Transfers:** a personal welcome and transfer to **official hotels** will be organized on arrival (Fiumicino and Ciampino airport, or Railway stations) and departure.
- **The OC will provide free transportation for a maximum of 2 groups for each Delegation. In case of additional transfer please contact us for quotation.**
- **Shuttles:** Shuttles will be organized from **official hotels** toward the pool during the training and during the competition.
- **Hostess:** Hostess service will be included in the accommodation package.

BOOKING CONDITIONS

You are kindly requested to book your hotel directly with the Organizing Committee as follows:

- To confirm your reservation, please return the booking form within the **30th March 2016**.
- The reservation will be confirmed officially only after the reception of the duly signed and stamped form and payment receipt of the 50% deposit of the total amount.
- The deadline to finalize the booking, to pay the balance and forward your final accommodation booking form will be on **May 16th 2016**.
- Due to the limited number of single rooms, allocation of single will be decided and evaluated case by case according to the availability and to the size of your team.

CANCELLATION FEE

Any cancellations prior to **18th April 2016** will not be penalized.

Between **19th April 2016** and **15th May 2016**, cancellations will be penalized with a 50% charge of the total cost of the cancelled reservation.

Cancellations from **16th May 2016**, will be penalized with a 100% charge of the total cost of the cancelled reservation.

PAYMENT

The payment must be done by bank transfer at the following account references:

Beneficiary:	FEDERAZIONE ITALIANA NUOTO
Address:	STADIO OLIMPICO CURVA NORD - 00135 ROMA
Bank:	BANCA NAZIONALE DEL LAVORO
Number of account:	10118
IBAN:	IT23Z0100503309000000010118
BIC	BNLIITRR
Transfer Reason of transfer:	53° International Open Swimming Trophy Sette Colli

PS: Please take note that all services included in the above mentioned package will be reserved only to those who will book through the Organising Committee of the 53st International Open Swimming Trophy Sette Colli.

In case you are interested in training camp in Rome before or after the event please let us know in due time.

DATES TO NOTE

Preliminary Entry Form	30 th March 2016
Hotel Booking Form and 50 % Deposit payment	30 th March 2016
Rooming List and Balance payment	16 th May 2016
Travel Form	1 st June 2016
Athletes Profile Form	1 st June 2016
Final Entry Form	14 th June 2016



Programme

HEATS											
June 24 th				June 25 th				June 26 th			
1.	50	back	W	12.	100	fly	W	24.	200	back	M
2.	50	back	M	13.	200	fly	M	25.	200	back	W
3.	400	free	W	14.	100	back	W	26.	50	fly	M
4.	400	free	M	15.	100	back	M	27.	50	fly	W
5.	100	breast	W	16.	400	I.M.	W	28.	200	breast	M
6.	100	breast	M	17.	400	I.M.	M	29.	200	breast	W
7.	200	fly	W	18.	100	free	W	30.	100	free	M
8.	100	fly	M	19.	200	free	M	31.	200	free	W
9.	50	free	W	20.	50	breast	W	32.	200	I.M.	M
10.	50	free	M	21.	50	breast	M	33.	200	I.M.	W
11.	1500	free slow heats	W	22.	800	free slow heats	W	34.	800	free slow heats	M
				23.	1500	free slow heats	M				
FINALS											
June 24 th				June 25 th				June 26 th			
1.	50	back	W	12.	100	fly	W	24.	200	back	M
2.	50	back	M	13.	200	fly	M	25.	200	back	W
3.	400	free	W	14.	100	back	W	26.	50	fly	M
4.	400	free	M	15.	100	back	M	27.	50	fly	W
5.	100	breast	W	16.	400	I.M.	W	28.	200	breast	M
6.	100	breast	M	17.	400	I.M.	M	29.	200	breast	W
7.	200	fly	W	18.	100	free	W	30.	100	free	M
8.	100	fly	M	19.	200	free	M	31.	200	free	W
9.	50	free	W	20.	50	breast	W	32.	200	I.M.	M
10.	50	free	M	21.	50	breast	M	33.	200	I.M.	W
11.	1500	free first heat	W	22.	800	free first heat	W	34.	800	free first heat	M
				23.	1500	free first heat	M				



Preliminary Entry Form

Federation			
Athletes men		Officials men	
Athletes women		Official women	
Total		Total	

Date _____

Signature: _____

Title: _____

Please send back this form to the Italian Swimming Federation by
30th March 2016

E-mail: international@federnuoto.it



Hotel Booking Form

FEDERATION DATA

NAME
ADDRESS
E-MAIL
CONTACT

HOTEL BOOKING

HOTEL 1 ST CHOICE:
HOTEL 2 ND CHOICE:
HOTEL ROOMS: Single..... Twin d.s.o.
CHECK IN: CHECK OUT:

Please send back this form to the Italian Swimming Federation by
30th March 2016
e-mail: agnese.franceschetti@federnuoto.it ; international@federnuoto.it



Travel Form

Federation

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FIRST GROUP - N. of person

Arrival Date		Arrival Time	
Flight Number		Airport	

Departure Date		Departure Time	
Flight Number		Airport	

SECOND GROUP - N. of person

Arrival Date		Arrival Time	
Flight Number		Airport	

Departure Date		Departure Time	
Flight Number		Airport	

Please return this sheet to the Italian Swimming Federation e-mail:
international@federnuoto.it ; agnese.franceschetti@federnuoto.it;

DEADLINE 1st JUNE 2016



Athletes Profile Form

Federation	
Surname	
First name	
Date of Birth	
Club	
Career Highlights	
Records held	

Please return this sheet to the Italian Swimming Federation

E-mail: international@federnuoto.it

DEADLINE 1st JUNE 2016



Final Entry Form - 1

Federation					
		CODE			
Surname	First name	M/F	Year birth	Event n.	Entry time

Please return this sheet to the Italian Swimming Federation
E-mail: international@federnuoto.it ; simona.fagioli@federnuoto.it

DEADLINE 14th JUNE 2016

