

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
25-29	50 STILE LIBERO	22.23	23.09	25.58	26.32
	100 STILE LIBERO	49.00	51.09	55.60	57.80
	200 STILE LIBERO	1:49.84	1:52.57	2:03.00	2:05.33
	400 STILE LIBERO	3:57.25	4:03.64	4:23.22	4:21.65
	800 STILE LIBERO	8:19.41	8:32.35	9:03.87	8:59.46
	1500 STILE LIBERO	15:58.57	16:30.79	17:11.23	17:27.99
	50 DORSO	24.93	26.18	28.92	30.12
	100 DORSO	54.35	56.75	1:02.70	1:05.33
	200 DORSO	2:00.98	2:05.89	2:16.13	2:21.32
	50 RANA	27.55	28.18	31.88	32.64
	100 RANA	1:00.51	1:03.04	1:09.93	1:12.52
	200 RANA	2:15.06	2:18.81	2:32.72	2:38.69
	50 FARFALLA	23.85	24.35	27.24	27.63
	100 FARFALLA	53.07	54.49	1:00.89	1:02.31
	200 FARFALLA	2:00.81	2:06.13	2:17.75	2:19.28
	100 MISTI	55.21	-	1:04.10	-
	200 MISTI	2:02.30	2:07.56	2:19.74	2:22.54
	400 MISTI	4:27.48	4:35.22	4:55.64	5:06.40
30-34	50 STILE LIBERO	22.27	23.01	25.77	26.23
	100 STILE LIBERO	49.39	51.10	56.32	57.73
	200 STILE LIBERO	1:49.30	1:53.65	2:04.95	2:06.78
	400 STILE LIBERO	4:00.64	4:03.19	4:22.11	4:27.54
	800 STILE LIBERO	8:23.38	8:27.12	9:02.35	9:17.12
	1500 STILE LIBERO	16:07.61	16:34.97	17:28.76	17:43.01
	50 DORSO	24.92	26.48	29.21	30.05
	100 DORSO	54.84	57.50	1:03.29	1:05.10
	200 DORSO	2:01.69	2:06.95	2:16.27	2:21.46
	50 RANA	27.79	28.82	32.08	33.22
	100 RANA	1:01.05	1:03.77	1:10.21	1:13.56
	200 RANA	2:14.90	2:21.13	2:34.29	2:40.12
	50 FARFALLA	24.15	24.58	27.69	28.00
	100 FARFALLA	53.71	54.98	1:01.26	1:03.05
	200 FARFALLA	2:01.81	2:06.35	2:20.97	2:21.88
	100 MISTI	55.56	-	1:03.84	-
	200 MISTI	2:01.53	2:06.62	2:19.95	2:23.20
	400 MISTI	4:27.19	4:34.50	4:57.17	5:06.48

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
35-39	50 STILE LIBERO	22.79	23.39	26.11	26.68	
	100 STILE LIBERO	50.83	52.16	57.79	59.00	
	200 STILE LIBERO	1:53.11	1:55.74	2:06.19	2:08.50	
	400 STILE LIBERO	4:01.38	4:09.56	4:27.39	4:32.39	
	800 STILE LIBERO	8:26.58	8:39.83	9:11.60	9:21.82	
	1500 STILE LIBERO	16:11.34	16:44.18	17:32.77	17:58.62	
	50 DORSO	25.97	27.09	29.76	30.98	
	100 DORSO	56.83	59.22	1:03.95	1:06.65	
	200 DORSO	2:04.36	2:09.86	2:19.50	2:23.66	
	50 RANA	28.55	29.06	32.67	33.42	
	100 RANA	1:02.28	1:05.14	1:11.39	1:14.06	
	200 RANA	2:17.24	2:23.18	2:37.16	2:42.70	
	50 FARFALLA	24.40	24.99	28.41	28.43	
	100 FARFALLA	55.03	55.80	1:03.52	1:04.28	
	200 FARFALLA	2:04.79	2:08.05	2:23.15	2:25.89	
	100 MISTI	57.01	-	1:05.80	-	
	200 MISTI	2:06.66	2:11.54	2:23.08	2:26.51	
	400 MISTI	4:34.01	4:42.91	5:06.06	5:16.23	
	40-44	50 STILE LIBERO	23.25	23.86	26.63	26.91
		100 STILE LIBERO	51.25	52.84	58.39	59.84
200 STILE LIBERO		1:54.28	1:57.18	2:07.93	2:11.29	
400 STILE LIBERO		4:03.19	4:13.24	4:27.82	4:34.03	
800 STILE LIBERO		8:27.52	8:46.02	9:18.09	9:24.47	
1500 STILE LIBERO		16:21.44	16:48.68	17:43.54	18:10.94	
50 DORSO		26.55	27.63	30.35	31.53	
100 DORSO		57.45	1:00.20	1:05.59	1:08.00	
200 DORSO		2:06.63	2:13.30	2:23.40	2:28.14	
50 RANA		28.90	29.39	33.38	33.81	
100 RANA		1:03.12	1:05.78	1:11.82	1:14.22	
200 RANA		2:19.67	2:25.80	2:38.99	2:43.54	
50 FARFALLA		25.12	25.52	28.75	29.05	
100 FARFALLA		56.14	57.32	1:04.74	1:05.85	
200 FARFALLA		2:05.88	2:10.88	2:25.32	2:28.11	
100 MISTI		58.34	-	1:06.30	-	
200 MISTI		2:07.80	2:13.62	2:23.93	2:29.04	
400 MISTI		4:35.14	4:48.39	5:07.91	5:22.30	

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
45-49	50 STILE LIBERO	23.73	24.46	26.94	27.40
	100 STILE LIBERO	52.76	54.09	59.32	1:00.47
	200 STILE LIBERO	1:56.36	1:59.53	2:11.33	2:13.69
	400 STILE LIBERO	4:09.47	4:15.83	4:37.51	4:42.30
	800 STILE LIBERO	8:41.79	8:54.64	9:32.71	9:40.18
	1500 STILE LIBERO	16:46.04	17:12.53	18:20.97	18:43.34
	50 DORSO	27.12	28.40	30.98	31.86
	100 DORSO	58.77	1:01.60	1:06.78	1:08.89
	200 DORSO	2:10.71	2:15.93	2:25.65	2:30.92
	50 RANA	29.30	29.84	34.09	34.49
	100 RANA	1:04.54	1:06.86	1:13.77	1:16.22
	200 RANA	2:23.18	2:29.31	2:44.50	2:48.73
	50 FARFALLA	25.70	26.02	29.16	29.33
	100 FARFALLA	57.41	58.45	1:05.77	1:06.84
	200 FARFALLA	2:09.29	2:13.04	2:28.18	2:32.53
	100 MISTI	1:00.16	-	1:07.55	-
	200 MISTI	2:12.03	2:16.07	2:28.63	2:32.19
	400 MISTI	4:43.98	4:53.03	5:20.98	5:29.97
	50-54	50 STILE LIBERO	24.39	24.78	27.65
100 STILE LIBERO		54.10	55.04	1:01.40	1:02.30
200 STILE LIBERO		1:59.25	2:02.55	2:13.11	2:16.30
400 STILE LIBERO		4:15.82	4:21.11	4:42.18	4:46.57
800 STILE LIBERO		8:55.13	9:07.79	9:41.81	9:53.57
1500 STILE LIBERO		17:04.42	17:44.34	18:38.10	19:02.56
50 DORSO		28.16	29.04	32.22	32.99
100 DORSO		1:00.80	1:03.27	1:09.37	1:12.23
200 DORSO		2:14.19	2:19.49	2:29.68	2:36.64
50 RANA		30.20	30.85	35.60	36.42
100 RANA		1:07.18	1:09.16	1:18.19	1:21.02
200 RANA		2:29.75	2:35.16	2:51.50	2:57.31
50 FARFALLA		26.27	26.66	30.19	30.32
100 FARFALLA		58.93	1:00.21	1:08.51	1:09.47
200 FARFALLA		2:13.34	2:17.25	2:34.51	2:39.49
100 MISTI		1:01.19	-	1:09.85	-
200 MISTI		2:14.87	2:20.21	2:32.57	2:36.67
400 MISTI		4:51.04	5:01.59	5:29.83	5:36.44

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
55-59	50 STILE LIBERO	25.06	25.50	28.63	29.25
	100 STILE LIBERO	56.00	56.93	1:03.46	1:04.67
	200 STILE LIBERO	2:04.65	2:06.34	2:18.49	2:20.66
	400 STILE LIBERO	4:29.70	4:33.15	4:53.28	4:56.03
	800 STILE LIBERO	9:19.19	9:28.23	10:10.19	10:14.06
	1500 STILE LIBERO	18:02.00	18:18.36	19:25.64	19:38.89
	50 DORSO	29.08	30.05	33.77	34.62
	100 DORSO	1:03.62	1:06.95	1:12.86	1:16.17
	200 DORSO	2:20.72	2:26.96	2:39.47	2:45.49
	50 RANA	31.70	32.07	36.99	37.74
	100 RANA	1:10.33	1:12.47	1:21.69	1:24.07
	200 RANA	2:36.58	2:41.99	3:00.67	3:04.79
	50 FARFALLA	27.11	27.36	31.41	31.76
	100 FARFALLA	1:01.25	1:01.90	1:11.06	1:12.27
	200 FARFALLA	2:21.63	2:23.50	2:41.04	2:47.65
	100 MISTI	1:03.79	-	1:13.36	-
	200 MISTI	2:20.30	2:25.06	2:39.79	2:43.36
	400 MISTI	5:07.95	5:17.74	5:42.84	5:55.06
60-64	50 STILE LIBERO	25.86	26.21	30.09	30.35
	100 STILE LIBERO	57.79	58.93	1:07.30	1:07.48
	200 STILE LIBERO	2:08.97	2:12.43	2:28.67	2:30.44
	400 STILE LIBERO	4:37.75	4:45.31	5:13.23	5:20.35
	800 STILE LIBERO	9:39.04	9:53.83	10:45.71	11:01.79
	1500 STILE LIBERO	18:45.24	19:13.05	20:25.83	21:15.72
	50 DORSO	30.57	31.80	35.61	35.94
	100 DORSO	1:06.93	1:09.98	1:17.74	1:19.01
	200 DORSO	2:28.12	2:33.78	2:48.60	2:52.81
	50 RANA	33.03	33.63	39.26	39.53
	100 RANA	1:13.42	1:15.89	1:26.77	1:28.44
	200 RANA	2:44.84	2:49.35	3:09.09	3:15.01
	50 FARFALLA	28.28	28.31	33.13	33.11
	100 FARFALLA	1:04.67	1:05.52	1:16.74	1:17.73
	200 FARFALLA	2:31.96	2:35.46	3:01.20	3:05.51
	100 MISTI	1:07.24	-	1:18.21	-
	200 MISTI	2:28.96	2:32.73	2:51.05	2:56.13
	400 MISTI	5:24.71	5:32.40	6:05.56	6:19.01

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CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
65-69	50 STILE LIBERO	26.74	27.44	31.77	31.73	
	100 STILE LIBERO	1:00.27	1:02.18	1:10.32	1:11.31	
	200 STILE LIBERO	2:15.94	2:20.81	2:36.95	2:38.92	
	400 STILE LIBERO	4:53.94	5:01.19	5:37.80	5:39.72	
	800 STILE LIBERO	10:14.48	10:29.95	11:32.83	11:46.41	
	1500 STILE LIBERO	19:37.19	20:11.50	22:04.24	22:57.63	
	50 DORSO	32.39	33.39	36.88	37.55	
	100 DORSO	1:12.34	1:14.54	1:22.08	1:23.82	
	200 DORSO	2:37.69	2:44.77	2:59.32	3:05.37	
	50 RANA	34.33	34.77	41.90	42.12	
	100 RANA	1:17.11	1:18.86	1:32.27	1:34.36	
	200 RANA	2:54.02	2:59.02	3:21.37	3:26.49	
	50 FARFALLA	29.55	29.65	35.55	35.39	
	100 FARFALLA	1:08.09	1:09.18	1:23.99	1:26.50	
	200 FARFALLA	2:42.02	2:47.81	3:20.14	3:28.20	
	100 MISTI	1:10.83	-	1:22.19	-	
	200 MISTI	2:36.67	2:42.25	3:01.49	3:04.54	
	400 MISTI	5:42.52	5:52.57	6:33.47	6:52.05	
	70-74	50 STILE LIBERO	28.37	28.49	33.74	34.26
		100 STILE LIBERO	1:04.42	1:05.33	1:16.69	1:17.43
200 STILE LIBERO		2:26.78	2:28.50	2:52.62	2:53.54	
400 STILE LIBERO		5:18.60	5:22.42	6:10.35	6:13.09	
800 STILE LIBERO		11:17.34	11:12.18	12:55.90	12:49.54	
1500 STILE LIBERO		21:36.76	21:40.99	25:01.73	25:10.04	
50 DORSO		34.34	35.26	39.71	40.62	
100 DORSO		1:15.54	1:17.32	1:27.40	1:29.59	
200 DORSO		2:49.30	2:54.84	3:12.78	3:16.36	
50 RANA		36.74	37.53	43.99	44.63	
100 RANA		1:22.96	1:25.12	1:36.65	1:39.70	
200 RANA		3:04.17	3:09.54	3:31.60	3:37.66	
50 FARFALLA		31.59	31.30	38.53	38.86	
100 FARFALLA		1:14.29	1:15.42	1:33.60	1:37.25	
200 FARFALLA		2:58.57	3:06.33	3:35.22	3:46.12	
100 MISTI		1:15.47	-	1:27.52	-	
200 MISTI		2:50.06	2:55.46	3:16.55	3:21.15	
400 MISTI		6:14.46	6:26.12	7:15.46	7:22.11	

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CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
75-79	50 STILE LIBERO	30.69	30.62	37.19	37.10	
	100 STILE LIBERO	1:09.54	1:11.01	1:25.21	1:26.09	
	200 STILE LIBERO	2:39.49	2:41.07	3:08.36	3:10.30	
	400 STILE LIBERO	5:42.93	5:42.89	6:44.31	6:42.37	
	800 STILE LIBERO	11:56.38	12:03.64	13:53.73	14:03.78	
	1500 STILE LIBERO	23:10.07	23:25.56	26:53.37	27:22.33	
	50 DORSO	37.14	37.75	43.48	43.92	
	100 DORSO	1:22.77	1:25.24	1:36.94	1:39.60	
	200 DORSO	3:05.13	3:09.61	3:36.48	3:38.59	
	50 RANA	39.62	40.10	47.34	47.75	
	100 RANA	1:28.10	1:30.71	1:44.10	1:46.34	
	200 RANA	3:19.61	3:26.05	3:46.77	3:51.58	
	50 FARFALLA	34.00	34.01	44.00	44.13	
	100 FARFALLA	1:24.65	1:27.52	1:48.79	1:53.17	
	200 FARFALLA	3:27.27	3:30.92	4:11.86	4:20.13	
	100 MISTI	1:21.93	-	1:38.36	-	
	200 MISTI	3:06.48	3:11.70	3:39.80	3:47.74	
	400 MISTI	6:54.14	7:05.31	8:04.23	8:21.25	
	80-84	50 STILE LIBERO	32.75	32.80	40.39	39.89
		100 STILE LIBERO	1:15.25	1:16.23	1:33.52	1:34.33
200 STILE LIBERO		2:51.39	2:52.93	3:27.74	3:32.37	
400 STILE LIBERO		6:09.77	6:17.60	7:25.82	7:30.08	
800 STILE LIBERO		13:07.56	13:12.96	15:24.59	15:28.37	
1500 STILE LIBERO		25:22.30	25:44.02	29:36.67	29:52.57	
50 DORSO		39.74	40.73	48.47	48.23	
100 DORSO		1:29.41	1:32.54	1:48.65	1:48.00	
200 DORSO		3:18.68	3:26.62	4:03.59	3:58.75	
50 RANA		42.91	43.10	50.99	51.23	
100 RANA		1:36.68	1:39.61	1:55.21	1:56.26	
200 RANA		3:39.94	3:44.32	4:10.07	4:20.89	
50 FARFALLA		39.44	39.48	53.24	54.50	
100 FARFALLA		1:38.04	1:41.11	2:07.71	2:10.69	
200 FARFALLA		4:01.94	3:58.78	5:18.62	5:07.49	
100 MISTI		1:29.73	-	1:50.22	-	
200 MISTI		3:24.98	3:29.30	4:08.34	4:09.36	
400 MISTI		7:32.03	7:42.08	9:12.22	9:32.67	

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CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
85-89	50 STILE LIBERO	36.47	36.11	46.62	46.28	
	100 STILE LIBERO	1:25.30	1:25.66	1:46.90	1:47.07	
	200 STILE LIBERO	3:16.20	3:16.75	3:59.42	3:57.38	
	400 STILE LIBERO	7:08.88	7:09.59	8:22.31	8:22.41	
	800 STILE LIBERO	15:13.24	15:05.40	17:23.09	17:28.40	
	1500 STILE LIBERO	30:02.69	29:31.55	33:55.25	34:27.99	
	50 DORSO	45.50	44.75	56.81	56.49	
	100 DORSO	1:42.55	1:45.17	2:05.30	2:07.82	
	200 DORSO	3:59.76	3:55.21	4:30.69	4:37.56	
	50 RANA	48.00	49.31	1:01.07	1:01.57	
	100 RANA	1:51.72	1:54.27	2:19.40	2:21.84	
	200 RANA	4:18.78	4:17.84	5:17.73	5:16.85	
	50 FARFALLA	46.19	47.70	1:06.86	1:09.18	
	100 FARFALLA	2:08.76	2:10.29	2:47.02	2:51.10	
	200 FARFALLA	5:34.72	5:12.92	6:09.82	6:24.32	
	100 MISTI	1:45.61	-	2:12.14	-	
	200 MISTI	4:06.28	4:08.75	5:02.30	5:14.62	
	400 MISTI	9:41.29	10:05.94	11:15.62	11:34.95	
	90-94	50 STILE LIBERO	43.06	42.88	56.67	55.25
		100 STILE LIBERO	1:44.72	1:45.44	2:10.07	2:08.32
200 STILE LIBERO		4:00.92	4:10.83	4:47.29	4:45.51	
400 STILE LIBERO		8:56.80	9:08.04	10:22.38	10:37.37	
800 STILE LIBERO		19:33.87	19:01.10	22:23.72	22:26.06	
1500 STILE LIBERO		38:58.46	37:58.47	47:25.67	46:36.24	
50 DORSO		54.62	53.60	1:08.38	1:06.78	
100 DORSO		2:02.60	2:04.64	2:32.16	2:32.58	
200 DORSO		4:35.91	4:33.28	5:32.11	5:34.88	
50 RANA		56.63	1:00.45	1:18.04	1:20.91	
100 RANA		2:30.91	2:27.46	3:05.15	3:05.55	
200 RANA		5:32.88	5:34.44	7:15.47	6:58.62	
50 FARFALLA		1:03.75	1:09.16	1:46.91	2:31.56	
100 FARFALLA		3:24.13	3:04.47	4:18.08	4:44.20	
200 FARFALLA		7:44.47	7:31.08	9:17.02	10:39.85	
100 MISTI		2:15.22	-	3:01.76	-	
200 MISTI		6:22.63	5:34.69	8:00.20	8:33.62	
400 MISTI		15:05.38	14:22.07	14:55.37	16:29.91	

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
95-99	50 STILE LIBERO	59.70	59.61	1:21.61	1:18.01	
	100 STILE LIBERO	2:22.42	2:32.47	3:57.82	3:11.37	
	200 STILE LIBERO	6:06.38	6:18.81	8:02.79	8:00.26	
	400 STILE LIBERO	12:59.11	15:34.49	17:47.69	16:24.86	
	800 STILE LIBERO	27:26.24	29:20.78	27:58.70	29:12.95	
	1500 STILE LIBERO	41:29.87	64:57.87	55:14.66	69:45.88	
	50 DORSO	1:09.38	1:07.42	1:37.83	1:34.29	
	100 DORSO	2:38.47	2:49.29	3:40.64	3:43.47	
	200 DORSO	7:15.12	6:38.17	8:58.94	8:01.99	
	50 RANA	1:22.27	1:24.24	2:56.06	3:15.33	
	100 RANA	3:22.03	3:42.77	-	8:00.98	
	200 RANA	7:15.46	8:25.45	-	9:18.96	
	50 FARFALLA	3:02.06	2:20.95	2:12.78	-	
	100 FARFALLA	6:04.41	4:09.52	-	-	
	200 FARFALLA	-	14:05.25	-	-	
	100 MISTI	4:39.96	-	3:54.89	-	
	200 MISTI	9:50.55	8:55.97	-	-	
	400 MISTI	21:03.17	17:29.20	-	-	
	100-104	50 STILE LIBERO	1:48.54	2:16.61	1:34.12	3:57.32
		100 STILE LIBERO	4:00.04	4:05.98	3:30.49	6:00.28
200 STILE LIBERO		-	-	7:27.89	12:06.09	
400 STILE LIBERO		-	-	16:40.10	16:36.80	
800 STILE LIBERO		-	-	36:51.23	38:04.30	
1500 STILE LIBERO		-	-	75:54.39	74:08.73	
50 DORSO		2:33.87	1:56.05	3:53.60	2:52.85	
100 DORSO		4:10.96	6:01.50	3:42.81	6:36.82	
200 DORSO		-	9:04.31	7:40.01	8:05.64	
50 RANA		-	-	-	-	
100 RANA		-	-	-	-	
200 RANA		-	-	-	-	
50 FARFALLA		-	-	-	-	
100 FARFALLA		-	-	-	-	
200 FARFALLA		-	-	-	-	
100 MISTI		-	-	-	-	
200 MISTI		-	-	-	-	
400 MISTI		-	-	-	-	