

CLASSIFICA ALL TIME – DONNE – VASCA CORTA

La classifica include i risultati conseguiti nel circuito supermaster dalla stagione 2001-02 alla stagione 2022-23 (quindi non sono inseriti i risultati ottenuti dopo settembre 2023).

Inoltre, sono stati inseriti i record italiani o internazionali antecedenti al 2001-2002.

Si fa presente che, in alcuni casi, al primo posto in classifica possono risultare prestazioni ottenute nel periodo ottobre-dicembre da atleti al primo anno di categoria quindi non omologabili come record italiani.

Inoltre, non sono inclusi eventuali risultati conseguiti in prima frazione di staffetta.

GARA	CAT	#	ATLETA	TEMPO	ANNO
50 Stile Libero	M25	1	LONZARDI LINDA	26.51	2018
		2	BOUROVA OLESSIA	26.86	2006
		3	CATANIA VALENTINA	26.92	2023
		4	CECCHINELLO GIULIA	26.93	2015
		5	SANTINI FRANCESCA	27.10	2012
		6	ERRICHI SERENA	27.11	2019
		7	FUCINI GIULIA	27.17	2014
		8	ASNAGHI ALICE	27.20	2022
		9	BIANCHI SERENA	27.21	2017
		10	MAGNELLI SAMUELA	27.25	2009
	M30	1	BOUROVA OLESSIA	26.69	2013
		2	IRACE ALFONSINA	26.80	2009
		3	NEGRINI LUANA	27.17	2020
			NEVIANI CATERINA	27.17	2014
		5	CELADA ELEONORA	27.26	2020
		6	TOSCANI SONIA	27.28	2023
		7	CESETTI GINEVRA	27.33	2023
		8	NERI VERONICA	27.35	2023
		9	SANTINI FRANCESCA	27.36	2020
		10	CONSOLANDI LARA	27.38	2014
	M35		MANERBA FRANCESCA	27.38	2010
		1	BOUROVA OLESSIA	25.91	2015
		2	CRESCENTINI ROBERTA	26.37	2014
		3	ARMENTERO MARIE	26.99	2003
		4	ZIZZO GIUSEPPA	27.15	2017
		5	RACHELA SILVIA	27.32	2014
		6	FORNI MADDALENA	27.33	2009
		7	VERGANI VALERIA	27.35	2007
		8	SORO MONICA	27.38	2006
		9	SANTINI FRANCESCA	27.46	2022
	M40	10	DEMATTI DELIA	27.47	2003
		1	BOUROVA OLESSIA	26.39	2020
		2	TRAVAGLINI FRANCESCA	26.83	2016

GARA	CAT	#	ATLETA	TEMPO	ANNO
		3	BOUROVA OLESSIA VLADISLAVOVNA	26.92	2022
		4	CRESCENTINI ROBERTA	27.10	2017
		5	BOUROVA OLESSIA	27.15	2022
		6	SORO MONICA	27.49	2012
		7	VERGANI VALERIA	27.54	2014
		8	DE PONTI DANIELA	27.55	2009
		9	PAROCCHI SILVIA	27.61	2006
		10	FORNI MADDALENA	27.77	2009
	M45	1	CRESCENTINI ROBERTA	27.33	2020
		2	SORO MONICA	27.38	2015
		3	BOSISIO FRANCA	27.93	2014
		4	DE PONTI DANIELA	27.95	2010
		5	IRACE ALFONSINA	28.48	2023
		6	GORGERINO LAURA	28.52	2003
		7	PAROCCHI SILVIA	28.62	2014
		8	VERGANI VALERIA	28.63	2016
		9	NOERA GIULIA	28.69	2014
		10	AMICI ELISABETTA	28.77	2007
	M50	1	SORO MONICA	27.98	2022
		2	BOSISIO FRANCA	28.19	2018
		3	DE PONTI DANIELA	28.23	2016
		4	DEPONTI DANIELA	28.29	2018
		5	PAROCCHI SILVIA	28.53	2016
		6	VITALONI SABINA	29.03	2019
		7	NOERA GIULIA	29.04	2018
		8	MOLINARI LAURA	29.42	2021
		9	UBERTI MARIA PAOLA	29.52	2015
		10	MALTINTI MANUELA	29.53	2023
	M55	1	BOSISIO FRANCA	28.55	2023
		2	DEPONTI DANIELA	28.73	2019
		3	PAROCCHI SILVIA	29.58	2021
		4	DE GIOANNIS CARLA	30.11	2023
		5	CASTELLI CAROLA	30.13	2020
		6	LIVERINI GIORDANA	30.14	2019
		7	VACCARI MONICA	30.21	2017
		8	HOAG JANE ANN	30.67	2023
		9	CHECCONI ALESSIA	30.68	2022
		10	UBERTI MARIAPAOLA	30.72	2020
	M60	1	CASTELLI CAROLA	30.23	2023
		2	CORNELLI ALESSANDRA	31.07	2016
		3	VACCARI MONICA	31.36	2022
		4	CORO' MONICA	31.65	2021

GARA	CAT	#	ATLETA	TEMPO	ANNO
		5	SCHIAVONI CECILIA	31.87	2023
		6	SORDELLI SUSANNA	32.04	2016
		7	PETRACCHI DANIELA	32.33	2023
		8	SMITH CAROLE	32.62	2016
		9	BLOSI ANNARITA	32.98	2019
		10	SALVIA VALENTINA	33.33	2019
	M65	1	SMITH Carole Wendy	31.57	2018
		2	CORNELLI ALESSANDRA	32.08	2022
		3	BLOSI ANNARITA	34.09	2021
		4	GAVOGLIO GRAZIA	34.96	2017
		5	GUGLIELMI MIRA	35.51	2017
		6	COSTA ANGELA MARIA	35.54	2017
		7	FORESIO ROSSELLA	36.04	2016
		8	PAOLETTI DONATELLA	36.61	2008
		9	LANG BARBARA	36.96	2015
		10	NEGRI ORIETTA	37.10	2019
	M70	1	SMITH Carole Wendy	32.91	2023
		2	GAVOGLIO GRAZIA	36.46	2023
		3	COSTA ANGELA MARIA	36.63	2021
		4	HALLBERG BRITT	39.21	2001
		5	MARENI CRISTINA	39.72	2017
		6	TUCCI GABRIELLA	40.46	2008
		7	MACCHIONI FIORELLA	42.25	2017
		8	GARBELLINI MARINA	42.39	2023
		9	ANDROSONI RITA	42.41	2007
		10	FAUCCI LOSITO LAURA	42.44	2013
	M75	1	FAUCCI LOSITO LAURA	42.78	2017
		2	TUCCI GABRIELLA	43.86	2014
		3	MARENI CRISTINA	44.09	2022
		4	PARODI FRANCA	46.16	2008
		5	MACCHIONI FIORELLA	46.23	2023
		6	BATTISTINI LAURA	46.65	2011
		7	MOLTEDO LAURA	47.57	2023
		8	GRAZIOLI MIRNA	47.76	2022
		9	ANDROSONI RITA	47.90	2014
		10	CERNICH VELLEDA	48.49	2019
	M80	1	LOSITO LAURA	44.67	2022
		2	TUCCI GABRIELLA	49.46	2018
		3	ANDROSONI RITA	50.07	2017
		4	PARODI FRANCA	50.58	2013
		5	CERNICH VELLEDA	50.67	2022
		6	MARTING RENATA	51.77	2016

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	LIELLO ELEONORA	53.72	2012
		8	BATTISTINI LAURA	53.90	2017
		9	CRAVERI SILVIA	54.84	2005
		10	MICHELI MARCELLA	56.32	2023
	M85	1	LIELLO ELEONORA	55.18	2016
		2	CRAVERI SILVIA	1:02.47	2008
		3	BATTISTINI LAURA	1:03.02	2023
		4	GAMENARA NELLA	1:04.34	2003
		5	MILAZZO MARIA	1:08.21	2010
		6	KASPAR GWENDOLEN	1:10.11	2013
		7	D'AMATO COSTANTINA	1:18.50	2004
		8	CAFFARENA ALBA	1:22.40	2010
		9	MARRAZZO MARIA	1:23.22	2018
		10	BUTI ALBA	1:26.93	2007
	M90	1	LIELLO ELEONORA	1:06.60	2022
		2	KASPAR GWENDOLEN	1:19.01	2019
		3	MEAZZINI RINA	1:21.30	2002
		4	D'AMATO COSTANTINA	1:31.31	2010
		5	CAFFARENA ALBA	1:42.63	2016
		6	FAIOLA ANTONIA	1:52.97	2019
	M95	1	D'AMATO COSTANTINA	2:10.28	2014
100 Stile Libero	M25	1	LONZARDI LINDA	58.16	2018
		2	ERRICHI SERENA	58.56	2018
		3	CATANIA VALENTINA	58.63	2023
		4	MAGNELLI SAMUELA	58.67	2009
		5	BORGHETTI LAURA	58.77	2014
		6	BENEVENIA LAURA	58.80	2009
		7	BOUROVA OLESSIA	59.02	2006
		8	VISCARDI VIVIANA	59.09	2019
		9	ROTONDI SARA	59.10	2017
		10	CECCHINELLO GIULIA	59.11	2016
	M30	1	CALECA RENATA	59.22	2018
		2	SORO MONICA	59.28	2004
		3	IRACE ALFONSINA	59.35	2009
		4	VERGANI VALERIA	59.41	2005
		5	CAPPA DESIREE	59.57	2017
		6	ROTONDI SARA	59.60	2022
		7	MANENTI FEDERICA	59.72	2020
		8	SANTINI FRANCESCA	59.81	2017
		9	CESETTI GINEVRA	59.89	2023
		10	CONSOLANDI LARA	59.97	2011
	M35	1	CRESCENTINI ROBERTA	57.94	2014

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	BOUROVA OLESSIA	58.33	2017
		3	VERGANI VALERIA	59.35	2007
		4	SORO MONICA	59.45	2006
		5	PAROCCHI SILVIA	59.80	2003
		6	MANENTI FEDERICA	59.81	2021
		7	ZIZZO GIUSEPPA	1:00.07	2018
		8	MARGIANI RENATA	1:00.10	2003
		9	SANTINI FRANCESCA	1:00.55	2021
		10	DE PONTI DANIELA	1:00.64	2002
	M40	1	TRAVAGLINI FRANCESCA	58.61	2016
		2	CRESCENTINI ROBERTA	59.21	2018
		3	BOUROVA OLESSIA	59.66	2019
		4	VERGANI VALERIA	59.79	2014
		5	SORO MONICA	59.80	2012
		6	PAROCCHI SILVIA	59.88	2007
		7	DE PONTI DANIELA	1:00.10	2006
		8	FRANCONE CRISTINA	1:00.37	2018
		9	BIANCONI LARA	1:01.48	2013
		10	ALFONSI SARA	1:01.51	2020
	M45	1	CRESCENTINI ROBERTA	59.68	2020
		2	SORO MONICA	1:00.15	2018
		3	BOSISIO FRANCA	1:00.82	2014
		4	DE PONTI DANIELA	1:00.86	2009
		5	VERGANI VALERIA	1:02.26	2016
		6	PAROCCHI SILVIA	1:02.48	2012
		7	GRILLO ANGELA	1:02.73	2023
		8	VAN DEN BERG GILLIAN	1:02.81	2017
		9	BORIO PATRIZIA	1:03.27	2021
		10	PINNA TIZIANA	1:03.46	2016
	M50	1	SORO MONICA	1:01.23	2020
		2	DE PONTI DANIELA	1:01.52	2016
		3	PAPANDREA TIZIANA	1:02.85	2023
		4	MALTINTI MANUELA	1:03.88	2023
		5	PAROCCHI SILVIA	1:03.97	2016
		6	MOLINARI LAURA	1:04.25	2018
		7	NOERA GIULIA	1:04.29	2019
		8	FERRI FRANCESCA	1:04.50	2017
		9	PINNA TIZIANA	1:04.59	2022
		10	HOAG JANE ANN	1:04.62	2016
	M55	1	DEPONTI DANIELA	1:03.07	2020
		2	MOLINARI LAURA	1:04.78	2023
		3	DE GIOANNIS CARLA	1:05.39	2022

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	BOSISIO FRANCA	1:05.49	2022
		5	NOERA GIULIA	1:05.58	2023
		6	SABATINI DANIELA	1:06.12	2023
		7	HOAG JANE ANN	1:06.26	2022
		8	TIROCCHI SILVIA	1:06.90	2023
		9	VACCARI MONICA	1:07.14	2017
		10	CHECCONI ALESSIA	1:07.77	2022
	M60	1	CASTELLI CAROLA	1:08.45	2023
		2	SORDELLI SUSANNA	1:09.74	2017
		3	CORNELLI ALESSANDRA	1:10.73	2016
		4	PETRACCHI DANIELA	1:11.12	2023
		5	VACCARI MONICA	1:11.61	2023
		6	SALVIA VALENTINA	1:12.51	2020
		7	STERNI LAURA	1:13.40	2019
		8	SCHIAVONI CECILIA	1:14.41	2023
		9	BLOSI ANNARITA	1:14.49	2016
		10	PILLA ANNA	1:14.53	2023
	M65	1	SMITH Carole Wendy	1:11.05	2018
		2	SORDELLI SUSANNA	1:16.38	2022
		3	BLOSI ANNARITA	1:17.20	2021
		4	GAVOGLIO GRAZIA	1:17.57	2017
		5	COSTA ANGELA MARIA	1:18.35	2019
		6	GIOIA DANIELA	1:22.68	2023
		7	LANG BARBARA	1:23.44	2016
		8	NEGRI ORIETTA	1:23.89	2019
		9	ANDROSONI RITA	1:24.04	2003
		10	CATANZARO MANUELA	1:24.67	2023
	M70	1	COSTA ANGELA MARIA	1:21.78	2022
		2	GAVOGLIO GRAZIA	1:21.99	2023
		3	MARENI CRISTINA	1:30.82	2017
		4	HALLBERG BRITT	1:30.99	2001
		5	FAUCCI LOSITO LAURA	1:32.22	2013
		6	JOLLY CHRISTINE	1:33.92	2019
		7	BREETSCH MONIKA	1:36.51	2016
		8	CAPRIOLI CRISTINA	1:37.77	2022
		9	BATTISTINI LAURA	1:38.12	2006
		10	GARBELLINI MARINA	1:38.18	2023
	M75	1	FAUCCI LOSITO LAURA	1:38.45	2017
		2	MARENI CRISTINA	1:39.80	2022
		3	TUCCI GABRIELLA	1:41.69	2014
		4	PARODI FRANCA	1:42.01	2008
		5	GRAZIOLI MIRNA	1:43.79	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		6	BATTISTINI LAURA	1:43.87	2011
		7	ANDROSONI RITA	1:45.17	2014
		8	MACCHIONI FIORELLA	1:45.88	2023
		9	MICHELI MARCELLA	1:52.22	2019
		10	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	1:52.88	2022
	M80	1	LOSITO LAURA	1:42.69	2022
		2	TUCCI GABRIELLA	1:49.79	2018
		3	PARODI FRANCA	1:53.87	2012
		4	BATTISTINI LAURA	1:55.19	2017
		5	MARTING RENATA	1:55.70	2017
		6	CRAVERI SILVIA	1:58.91	2004
		7	MICHELI MARCELLA	2:09.62	2023
		8	LIELLO ELEONORA	2:12.77	2014
		9	TORTORELLI PAOLA	2:13.50	2015
		10	RICCIARDI CLOTILDE	2:18.45	2014
	M85	1	BATTISTINI LAURA	2:11.46	2023
		2	LIELLO ELEONORA	2:15.98	2016
		3	D'AMATO COSTANTINA	2:55.61	2004
		4	CAFFARENA ALBA	2:55.80	2010
		5	BUTI ALBA	3:13.82	2009
		6	FAIOLA ANTONIA	3:17.66	2015
		7	ANCONETANI ROSA	4:15.07	2014
		8	MILAZZO MARIA	4:31.17	2013
	M90	1	LIELLO ELEONORA	2:54.91	2023
		2	MEAZZINI RINA	3:00.08	2003
		3	CAFFARENA ALBA	3:26.32	2015
		4	BUTI ALBA	3:29.02	2011
200 Stile Libero	M25	1	MAGNELLI SAMUELA	2:05.72	2009
		2	CATANIA VALENTINA	2:06.31	2023
		3	SCIOCCHETTI CINZIA	2:06.69	2017
		4	SIMIONATO ELISA	2:07.31	2023
		5	BORGHETTI LAURA	2:07.71	2015
		6	CALECA RENATA	2:08.92	2012
		7	ROTONDI SARA	2:09.22	2018
		8	GUARESCHI MARTINA	2:09.23	2017
		9	MANENTI FEDERICA	2:09.69	2015
		10	LUCCONI VALENTINA	2:10.02	2017
	M30	1	VERGANI VALERIA	2:08.64	2005
		2	IOPPI ROBERTA	2:09.43	2017
		3	CALECA RENATA	2:09.83	2018
		4	ROTONDI SARA	2:09.87	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		5	GUARESCHI MARTINA	2:11.09	2021
		6	CAPPA DESIREE	2:11.44	2017
		7	MAMMI ELISA	2:11.52	2022
		8	ACCARDI MARTINA	2:11.68	2019
		9	MANENTI FEDERICA	2:12.23	2020
		10	SPICOLA TANIA	2:12.29	2019
	M35	1	VERGANI VALERIA	2:06.99	2006
		2	CRESCENTINI ROBERTA	2:10.44	2011
		3	SORO MONICA	2:10.57	2006
		4	SPICOLA TANIA	2:11.31	2023
		5	MARINETTI SAMUELA	2:11.43	2014
		6	ZIZZO GIUSEPPA	2:11.85	2019
		7	PAROCCHI SILVIA	2:11.87	2002
		8	CALECA RENATA	2:12.71	2022
		9	PIERANI MICHELA	2:13.32	2005
		10	IRACE ALFONSINA	2:14.42	2013
	M40	1	VERGANI VALERIA	2:08.30	2013
		2	PAROCCHI SILVIA	2:11.16	2006
		3	TRAVAGLINI FRANCESCA	2:11.45	2016
		4	BIANCONI LARA	2:12.71	2014
		5	ALFONSI SARA	2:12.76	2020
		6	SORO MONICA	2:12.93	2012
		7	BORIO PATRIZIA	2:13.13	2019
		8	DE PONTI DANIELA	2:13.20	2007
		9	GRILLO BARBARA	2:14.10	2011
		10	FRANCONE CRISTINA	2:14.60	2018
	M45	1	VERGANI VALERIA	2:12.16	2016
		2	SORO MONICA	2:12.17	2018
		3	PAPANDREA TIZIANA	2:13.93	2020
		4	DE PONTI DANIELA	2:14.22	2009
		5	BOSISIO FRANCA	2:14.30	2014
		6	IRACE ALFONSINA	2:15.63	2023
		7	BORIO PATRIZIA	2:15.68	2021
		8	GRILLO ANGELA	2:15.78	2023
		9	NOERA GIULIA	2:16.08	2012
		10	SABATINI DANIELA	2:16.71	2013
	M50	1	PAPANDREA TIZIANA	2:14.08	2023
		2	DE PONTI DANIELA	2:14.50	2016
		3	SORO MONICA	2:15.39	2022
		4	DEPONTI DANIELA	2:16.65	2018
		5	HOAG JANE ANN	2:17.00	2019
		6	PAROCCHI SILVIA	2:17.27	2016

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	SABATINI DANIELA	2:17.36	2019
		8	MOLINARI LAURA	2:19.53	2017
		9	MALTINTI MANUELA	2:20.46	2022
		10	EDER MARIA ALWINE	2:20.47	2012
	M55	1	BOSISIO FRANCA	2:17.75	2023
		2	SABATINI DANIELA	2:17.76	2023
		3	DEPONTI DANIELA	2:18.02	2019
		4	MOLINARI LAURA	2:19.27	2023
		5	HOAG JANE ANN	2:19.64	2022
		6	NOERA GIULIA	2:23.18	2023
		7	SORDELLI SUSANNA	2:25.43	2013
		8	VACCARI MONICA	2:26.22	2017
		9	DE GIOANNIS CARLA	2:27.04	2021
			TAGLIAVIA MARINA	2:27.04	2020
	M60	1	EDER MARIA ALWINE	2:30.07	2023
		2	SORDELLI SUSANNA	2:31.09	2016
		3	TARANTINO CRISTINA	2:32.72	2016
		4	CASTELLI CAROLA	2:34.64	2023
		5	PETRACCHI DANIELA	2:38.80	2022
		6	SALVIA VALENTINA	2:39.07	2020
		7	STERNI LAURA	2:40.99	2019
		8	GARBARINO CARLA	2:41.19	2023
		9	GUGLIELMI MIRA	2:41.81	2012
		10	EISCH KARIN URSULA	2:43.97	2023
	M65	1	TARANTINO CRISTINA	2:36.31	2020
		2	SORDELLI SUSANNA	2:39.84	2022
		3	SMITH Carole Wendy	2:41.07	2018
		4	GUGLIELMI MIRA	2:49.94	2017
		5	GAVOGLIO GRAZIA	2:53.40	2019
		6	COSTA ANGELA MARIA	2:54.49	2018
		7	GIOIA DANIELA	2:57.56	2022
		8	NEGRI ORIETTA	2:58.81	2022
		9	CATANZARO MANUELA	3:07.89	2022
		10	LANG BARBARA	3:08.24	2016
	M70	1	COSTA ANGELA MARIA	2:59.54	2022
		2	GAVOGLIO GRAZIA	3:00.30	2023
		3	JOLLY CHRISTINE	3:21.92	2020
		4	BREETSCH MONIKA	3:24.00	2017
		5	FAUCCI LOSITO LAURA	3:25.83	2013
		6	ANDROSONI RITA	3:26.98	2009
		7	MARTING RENATA	3:27.51	2006
		8	BATTISTINI LAURA	3:28.70	2006

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	MARENI CRISTINA	3:31.00	2017
		10	CAPRIOLI CRISTINA	3:34.24	2023
	M75	1	FAUCCI LOSITO LAURA	3:28.39	2017
		2	PARODI FRANCA	3:38.20	2008
		3	BATTISTINI LAURA	3:43.40	2011
		4	MARENI CRISTINA	3:50.85	2023
		5	MARTING RENATA	3:52.86	2012
		6	GRAZIOLI MIRNA	3:54.45	2022
		7	CASTIGLIONI ISABELLA	3:59.95	2021
		8	ANCONETANI ROSA	4:07.90	2004
		9	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	4:08.68	2023
		10	DE ANGELIS MARILENA	4:12.55	2019
	M80	1	LOSITO LAURA	3:41.48	2022
		2	PARODI FRANCA	3:46.84	2013
		3	ANDROSONI RITA	4:00.13	2017
		4	BATTISTINI LAURA	4:16.77	2019
		5	MARTING RENATA	4:20.87	2016
		6	CRAVERI SILVIA	4:23.74	2004
		7	RICCIARDI CLOTILDE	4:52.57	2016
		8	PANASIA ANNA MARIA	4:52.72	2022
		9	CAFFARENA ALBA	4:57.23	2005
		10	MANFRIN FERNANDA	4:57.95	2018
	M85	1	CRAVERI SILVIA	4:50.62	2009
		2	CAFFARENA ALBA	6:13.62	2010
		3	BUTI ALBA	7:04.20	2010
		4	FAIOLA ANTONIA	8:28.15	2019
	M90	1	CAFFARENA ALBA	6:59.86	2015
400 Stile Libero	M25	1	MAGNELLI SAMUELA	4:29.69	2009
		2	SCIOCCHETTI CINZIA	4:30.60	2017
		3	LONGOBARDI MARIA PIA	4:31.31	2015
		4	ANDREETTA VANESSA	4:32.69	2022
		5	GARGIONI ARIANNA	4:32.92	2015
		6	GUARESCHI MARTINA	4:33.59	2017
		7	NIEDDU ANNA	4:35.24	2016
		8	CALECA RENATA	4:35.38	2014
		9	CHITI ELEONORA	4:35.69	2023
		10	MAMMI ELISA	4:37.71	2014
	M30	1	VERGANI VALERIA	4:29.49	2005
		2	MAMMI ELISA	4:34.72	2019
		3	GUARESCHI MARTINA	4:35.53	2022
		4	IOPPI ROBERTA	4:36.29	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		5	BENETTON MARTINA	4:36.84	2017
		6	ANTONINI FRANCESCA	4:37.37	2019
		7	BIANZANI LAURA	4:38.38	2004
		8	GRILLO BARBARA	4:38.74	2003
		9	GIULIANI VALENTINA	4:39.27	2020
		10	VOLPI LAURA	4:39.47	2005
	M35	1	VERGANI VALERIA	4:27.62	2006
		2	MAGGIONI ROBERTA	4:36.39	2014
		3	SPICOLA TANIA	4:37.88	2020
		4	PERACCA GAIA	4:38.89	2019
		5	OLMI MONICA	4:39.51	2005
		6	ZIZZO GIUSEPPA	4:41.15	2019
			VECCHIO CONSUELO	4:41.15	2010
		8	GRILLO BARBARA	4:41.85	2007
		9	CORBINO VALERIA	4:42.52	2017
		10	PIERANI MICHELA	4:42.77	2005
	M40	1	VERGANI VALERIA	4:28.58	2013
		2	GALLONI ANTONELLA	4:40.21	2009
		3	ALFONSI SARA	4:41.92	2023
		4	PAROCCHI SILVIA	4:44.06	2007
		5	BUSSOTTI LUCIA	4:46.34	2022
		6	GRILLO BARBARA	4:46.35	2013
		7	BORIO PATRIZIA	4:47.00	2019
		8	BATTISTONI ELISA	4:47.49	2022
		9	NALDINI GAIA	4:48.28	2016
		10	KULIS MARZENA	4:48.38	2007
	M45	1	VERGANI VALERIA	4:35.44	2016
		2	PAPANDREA TIZIANA	4:39.42	2020
		3	SABATINI DANIELA	4:45.02	2013
		4	SORO MONICA	4:46.10	2019
		5	BOSISIO FRANCA	4:46.99	2014
		6	GRILLO ANGELA	4:50.77	2023
		7	TEDESCHINI TIZIANA	4:50.94	2015
		8	MANKINEN ANNE KATRIINA	4:51.38	2019
		9	D'AGOSTINO SILVIA	4:51.56	2019
		10	DE PONTI DANIELA	4:52.63	2010
	M50	1	PAPANDREA TIZIANA	4:36.24	2023
		2	HOAG JANE ANN	4:42.32	2017
		3	SABATINI DANIELA	4:44.49	2019
		4	MANKINEN ANNE KATRIINA	4:52.21	2022
		5	DE PONTI DANIELA	4:54.25	2016
		6	KULIS MARZENA	4:56.25	2018

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	DEPONTI DANIELA	4:56.59	2017
		8	RADICE CLAUDIA	4:58.36	2017
		9	MALTINTI MANUELA	4:58.37	2022
		10	TARANTINO CRISTINA	5:00.24	2006
	M55	1	SABATINI DANIELA	4:46.77	2023
		2	HOAG JANE ANN	4:51.15	2021
		3	DEPONTI DANIELA	4:55.36	2020
		4	SORDELLI SUSANNA	5:03.63	2013
		5	TARANTINO CRISTINA	5:05.80	2010
		6	TAGLIAVIA MARINA	5:09.09	2020
		7	EDER MARIA ALWINE	5:10.03	2020
		8	GARBARINO CARLA	5:18.71	2017
		9	CAVALLERO SIMONETTA	5:20.26	2017
		10	OUSPENKINA LARISSA	5:24.92	2022
	M60	1	SORDELLI SUSANNA	5:14.09	2016
		2	TARANTINO CRISTINA	5:16.83	2016
		3	GUGLIELMI MIRA	5:37.66	2012
		4	BONOMONTE CRISTINA	5:47.33	2023
		5	VIGNETTI MONICA	5:52.57	2022
		6	STERNI LAURA	5:52.91	2019
		7	GAVOGLIO GRAZIA	5:54.82	2016
		8	GIOIA DANIELA	5:56.96	2020
		9	VECCHI MARIAROSE	5:57.84	2013
		10	POLLICARDO NICOLETTA	5:58.57	2022
	M65	1	TARANTINO CRISTINA	5:19.64	2020
		2	SORDELLI SUSANNA	5:36.59	2022
		3	GAVOGLIO GRAZIA	6:05.05	2018
		4	COSTA ANGELA MARIA	6:11.98	2018
		5	BREETSCH MONIKA	6:25.02	2011
		6	CATANZARO MANUELA	6:27.72	2021
		7	JOLLY CHRISTINE	6:32.11	2015
		8	NEGRI ORIETTA	6:34.43	2023
		9	LANG BARBARA	6:49.95	2015
		10	MCLAY ROSLYN	6:54.75	2008
	M70	1	GUGLIELMI MIRA	6:11.14	2022
		2	COSTA ANGELA MARIA	6:24.44	2023
		3	JOLLY CHRISTINE	6:54.92	2023
		4	BREETSCH MONIKA	7:02.73	2016
		5	FAUCCI LOSITO LAURA	7:10.04	2013
		6	ANDROSONI RITA	7:11.34	2008
		7	MARTING RENATA	7:18.32	2006
		8	CALLEA ELISABETTA	7:23.16	2022

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	MARCHIODI VITTORIA	7:28.13	2010
		10	MELIS MARIA IMMACOLATA	7:35.02	2017
	M75	1	FAUCCI LOSITO LAURA	7:23.67	2017
		2	ANDROSONI RITA	7:26.36	2012
		3	PARODI FRANCA	7:42.40	2008
		4	BATTISTINI LAURA	7:50.34	2011
		5	MARTING RENATA	8:04.60	2011
		6	GRAZIOLI MIRNA	8:10.40	2022
		7	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	8:18.99	2022
		8	CASTIGLIONI ISABELLA	8:23.70	2021
		9	CAROSSO ANNAMARIA	8:53.70	2013
		10	IANESI ANNA	9:00.60	2014
	M80	1	LOSITO LAURA	7:56.68	2022
		2	PARODI FRANCA	8:06.48	2013
		3	ANDROSONI RITA	8:16.46	2017
		4	RICCIARDI CLOTILDE	9:44.28	2014
		5	MANFRIN FERNANDA	10:14.39	2017
		6	PANASIA ANNA MARIA	10:20.76	2022
		7	CAFFARENA ALBA	10:26.46	2006
		8	FAIOLA ANTONIA	14:37.17	2011
	M85	1	GAMENARA NELLA	10:32.80	1999
		2	CAFFARENA ALBA	12:29.84	2010
	M90	1	CAFFARENA ALBA	14:34.26	2017
		2	FAIOLA ANTONIA	17:57.14	2019
800 Stile Libero	M25	1	LONGOBARDI MARIA PIA	9:20.28	2015
		2	GUARESCHI MARTINA	9:21.80	2017
		3	BRENDA GIULIA	9:27.64	2021
		4	BENETTON MARTINA	9:28.39	2014
		5	TRENTO FEDERICA	9:31.89	2017
		6	MAMMI ELISA	9:32.30	2014
		7	CHITI ELEONORA	9:33.83	2022
		8	BORASI ELISA	9:40.40	2021
		9	MAGNELLI SAMUELA	9:40.64	2008
		10	GIGANTIELLO DANIELA	9:40.70	2014
	M30	1	IOPPI ROBERTA	9:17.69	2017
		2	GUARESCHI MARTINA	9:19.12	2022
		3	ZIZZO GIUSEPPA	9:31.22	2013
		4	BENETTON MARTINA	9:32.83	2016
		5	GRILLO BARBARA	9:33.00	2002
		6	ANTONINI FRANCESCA	9:40.80	2018
		7	VOLPI LAURA	9:41.70	2005

GARA	CAT	#	ATLETA	TEMPO	ANNO
		8	GIGANTIELLO DANIELA	9:42.80	2020
		9	CORBINO VALERIA	9:43.34	2010
		10	SPICOLA TANIA	9:47.59	2019
	M35	1	VERGANI VALERIA	9:21.70	2009
		2	OLMI MONICA	9:34.59	2005
		3	SPICOLA TANIA	9:37.32	2020
		4	MAGGIONI ROBERTA	9:39.19	2017
		5	PERACCA GAIA	9:42.00	2017
		6	GRILLO BARBARA	9:43.89	2007
		7	TURINI LINDA	9:44.40	2012
		8	MARINETTI SAMUELA	9:47.78	2013
		9	BUSSOTTI LUCIA	9:50.16	2018
		10	BENVENUTI CHIARA	9:53.11	2013
	M40	1	VERGANI VALERIA	9:19.15	2011
		2	NALDINI GAIA	9:38.34	2017
		3	GRILLO BARBARA	9:48.10	2011
			GALLONI ANTONELLA	9:48.10	2009
		5	BUSSOTTI LUCIA	9:52.35	2019
		6	NUNIA ANNA MARIA	9:57.32	2004
		7	D'AGOSTINO SILVIA	9:58.64	2017
		8	BONFIGLI LORIANA	9:59.60	2023
		9	OLMI MONICA	9:59.90	2014
		10	BENVENUTI CHIARA	10:01.14	2017
	M45	1	PAPANDREA TIZIANA	9:40.76	2022
		2	TEDESCHINI TIZIANA	9:48.26	2015
		3	NALDINI GAIA	9:49.60	2020
		4	SORO MONICA	9:50.17	2019
		5	SABATINI DANIELA	9:55.50	2017
		6	TARANTINO CRISTINA	10:00.03	2003
		7	D'AGOSTINO SILVIA	10:01.24	2019
		8	FERRANDO ELEONORA	10:05.04	2017
		9	FALCO RAFFAELA	10:07.24	2017
		10	MANKINEN ANNE KATRIINA	10:07.60	2020
	M50	1	PAPANDREA TIZIANA	9:25.85	2023
		2	HOAG JANE ANN	9:42.20	2017
		3	SABATINI DANIELA	9:52.58	2019
		4	MANKINEN ANNE KATRIINA	9:58.51	2021
		5	TEDESCHINI TIZIANA	10:02.46	2020
		6	TARANTINO CRISTINA	10:05.20	2005
		7	RADICE CLAUDIA	10:12.85	2017
		8	FERRANDO ELEONORA	10:16.51	2019
		9	GRILLO BARBARA	10:17.04	2022

GARA	CAT	#	ATLETA	TEMPO	ANNO
		10	PETRONI STEFANIA	10:22.90	2017
	M55	1	SABATINI DANIELA	9:56.00	2023
		2	HOAG JANE ANN	9:57.01	2022
		3	TARANTINO CRISTINA	10:28.00	2011
		4	TAGLIAVIA MARINA	10:54.30	2019
		5	GARBARINO CARLA	10:55.92	2016
		6	FLAMINI FABIANA	11:01.40	2023
		7	SORDELLI SUSANNA	11:06.00	2015
		8	ASTONE PIA	11:20.79	2017
		9	BONOMONTE CRISTINA	11:25.52	2020
		10	FILANGIERI LOREDANA CARMELA	11:29.74	2022
	M60	1	TARANTINO CRISTINA	10:42.74	2016
		2	GARBARINO CARLA	11:21.83	2022
		3	BONOMONTE CRISTINA	11:34.07	2023
		4	GUGLIELMI MIRA	11:49.03	2013
		5	GIOIA DANIELA	11:55.63	2018
		6	VECCHI MARIAROSE	12:03.29	2012
		7	ASTONE PIA	12:05.36	2020
		8	BITTANTE EMANUELA	12:18.59	2023
		9	CRISAFULLI PAOLA BEATRICE	12:22.90	2023
		10	GAVOGLIO GRAZIA	12:24.76	2016
	M65	1	TARANTINO CRISTINA	10:57.88	2020
		2	GUGLIELMI MIRA	12:14.13	2018
		3	GIOIA DANIELA	12:18.25	2023
		4	GAVOGLIO GRAZIA	12:35.24	2019
		5	COSTA ANGELA MARIA	13:09.10	2018
		6	BREETSCH MONIKA	13:19.80	2011
		7	JOLLY CHRISTINE	13:23.56	2015
		8	MCLAY ROSLYN	14:30.00	2008
		9	MARCHIODI VITTORIA	14:43.70	2006
		10	MELIS MARIA IMMACOLATA	15:07.40	2014
	M70	1	GUGLIELMI MIRA	12:47.03	2022
		2	BREETSCH Monica	13:56.65	2016
		3	JOLLY CHRISTINE	14:01.53	2019
		4	ANDROSONI RITA	14:52.02	2008
		5	FAUCCI LOSITO LAURA	14:55.30	2014
		6	MARTING RENATA	15:28.24	2006
		7	BATTISTINI LAURA	15:39.20	2005
		8	CALLEA ELISABETTA	15:44.30	2023
		9	CASTIGLIONI ISABELLA	15:57.12	2017
		10	MELIS MARIA IMMACOLATA	15:58.35	2017
	M75	1	FAUCCI LOSITO LAURA	15:03.53	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	PARODI FRANCA	16:15.60	2007
		3	CASTIGLIONI ISABELLA	16:48.03	2021
		4	GRAZIOLI MIRNA	16:49.13	2023
		5	LORENZI GRAZIELLA	18:57.90	2019
		6	CAFFARENA ALBA	19:21.40	2002
		7	CECCHETTO LUISA	19:43.30	2023
		8	PANASIA ANNA MARIA	19:50.62	2019
		9	BOIS GABRIELLA	20:06.08	2020
		10	CERNALBI FRANCESCA	20:15.60	2016
	M80	1	LOSITO LAURA	16:09.75	2023
		2	PARODI FRANCA	16:17.56	2013
		3	CAFFARENA ALBA	20:49.92	2006
		4	RICCIARDI CLOTILDE	21:17.68	2017
		5	MURGIA MARIA LUISA	21:50.40	2023
	M85	1	CAFFARENA ALBA	29:22.80	2011
	M25	1	LONGOBARDI MARIA PIA	17:57.71	2015
1500 Stile Libero		2	ZIZZO GIUSEPPA	18:24.59	2007
		3	ANTONELLI FLAVIA	18:26.06	2020
		4	CHITI ELEONORA	18:31.68	2022
		5	BRENDA GIULIA	18:33.09	2021
		6	BARACANI SERENA	18:37.20	2009
		7	BENTIVOGLIO VALERIA	18:38.60	2023
		8	BUSSOTTI LUCIA	18:43.60	2007
		9	MORETTI JENNIPHER	18:45.86	2017
		10	INDOMENICO MARIANNA	18:52.68	2016
	M30	1	ZIZZO GIUSEPPA	18:11.83	2011
		2	VOLPI LAURA	18:20.15	2005
		3	GRILLO BARBARA	18:30.30	2002
		4	ANTONINI FRANCESCA	18:48.74	2018
		5	GRILLO ANGELA	18:49.30	2011
		6	GIULIANI VALENTINA	18:52.93	2023
		7	CORBINO VALERIA	18:56.21	2010
		8	DI GIOVANNI MARZIA	19:06.34	2019
		9	FAGGI ELISA	19:12.70	2007
		10	TURINI LINDA	19:13.60	2007
	M35	1	VERGANI VALERIA	17:46.79	2008
		2	PERACCA GAIA	18:21.87	2019
		3	SCARDOVA JULIA	18:34.40	2014
		4	SPICOLA TANIA	18:38.61	2020
		5	BISCOTTI ALESSANDRA	18:38.70	2023
		6	SORO MONICA	18:45.40	2005

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	BENVENUTI CHIARA	18:52.43	2016
		8	BUSSOTTI LUCIA	18:58.90	2017
		9	SCENDRATE VALENTINA	19:31.56	2020
		10	GIULIANI EVA	19:33.33	2023
	M40	1	VERGANI VALERIA	17:36.73	2013
		2	NALDINI GAIA	18:07.20	2016
		3	NUNIA ANNA MARIA	18:38.10	2003
		4	BONFIGLI LORIANA	18:58.20	2023
		5	GRILLO BARBARA	19:11.55	2013
		6	LUGANO VALENTINA	19:23.25	2022
		7	SOMMAZZI DEBORA	19:30.02	2016
		8	CIOCILTEU FLORENTINA	19:31.00	2016
		9	CASELLA BARBARA	19:32.57	2017
		10	TEDESCHINI TIZIANA	19:36.72	2013
	M45	1	VERGANI VALERIA	17:57.50	2016
		2	PAPANDREA TIZIANA	18:40.99	2020
		3	TARANTINO CRISTINA	18:58.40	2002
		4	SABATINI DANIELA	19:05.44	2016
		5	TEDESCHINI TIZIANA	19:16.40	2016
		6	GRILLO BARBARA	19:20.94	2020
		7	D'AMICO MICHELA	19:24.20	2019
		8	MANKINEN ANNE KATRIINA	19:29.60	2019
		9	FALCO RAFFAELA	19:43.34	2019
		10	FERRANDO ELEONORA	19:46.02	2017
	M50	1	PAPANDREA TIZIANA	18:14.75	2023
		2	HOAG JANE ANN	18:27.42	2017
		3	SABATINI DANIELA	19:00.28	2022
		4	TEDESCHINI TIZIANA	19:01.72	2020
		5	MANKINEN ANNE KATRIINA	19:05.32	2021
		6	TARANTINO CRISTINA	19:16.80	2005
		7	MALTINTI MANUELA	19:33.83	2022
		8	GRILLO BARBARA	19:35.70	2021
		9	STERNI LAURA	20:21.20	2010
		10	PERROTTA RAFFAELLA	20:39.53	2019
	M55	1	HOAG JANE ANN	18:53.00	2023
		2	SABATINI DANIELA	19:30.50	2023
		3	RADICE CLAUDIA	19:45.95	2021
		4	TARANTINO CRISTINA	19:55.78	2010
		5	FLAMINI FABIANA	20:44.90	2023
		6	GARBARINO CARLA	20:53.80	2019
		7	SORDELLI SUSANNA	21:08.50	2011
		8	GUGLIELMI MIRA	21:42.72	2007

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	ASTONE PIA	21:51.99	2015
		10	EISCH KARIN URSULA	21:57.79	2021
	M60	1	TARANTINO CRISTINA	20:21.72	2016
		2	EISCH KARIN URSULA	22:31.36	2022
		3	GUGLIELMI MIRA	22:42.00	2013
		4	PERGOLA STELLA MARIA	23:31.90	2023
		5	ASTONE PIA	23:33.26	2020
		6	VECCHI MARIAROSE	23:41.40	2012
		7	SCHIAVONI CECILIA	24:05.20	2023
		8	DI ROSA SILVIA	24:25.50	2023
		9	GAVOGLIO GRAZIA	24:41.72	2013
		10	ROVIDA MARIA CRISTINA	24:59.00	2020
	M65	1	TARANTINO CRISTINA	20:51.88	2020
		2	GAVOGLIO GRAZIA	23:53.50	2019
		3	JOLLY CHRISTINE	25:20.03	2015
		4	BREETSCH MONIKA	25:31.14	2013
		5	ANDROSONI RITA	26:33.50	2002
		6	MCLAY ROSLYN	27:35.20	2008
		7	MELIS MARIA IMMACOLATA	29:01.70	2014
		8	CAPRIOLI CRISTINA	29:03.24	2020
		9	CASTIGLIONI ISABELLA	29:03.30	2012
		10	CALAMAI MONICA	29:10.10	2020
	M70	1	GUGLIELMI MIRA	25:04.79	2023
		2	JOLLY CHRISTINE	26:27.40	2019
		3	ANDROSONI RITA	29:10.25	2011
		4	CASTIGLIONI ISABELLA	29:18.20	2017
		5	MELIS MARIA IMMACOLATA	30:26.09	2017
		6	PARODI FRANCA	30:50.20	2007
		7	RICCA ISABELLA ELENA	33:40.20	2023
		8	LORENZI GRAZIELLA	34:30.80	2014
		9	REBOLINI ANTONIETTA	35:14.23	2022
		10	MURGIA MARIA LUISA	35:32.50	2017
	M75	1	FAUCCI LOSITO LAURA	28:40.20	2017
		2	MARTING RENATA	31:53.89	2011
		3	PARODI FRANCA	32:04.00	2012
		4	LORENZI GRAZIELLA	36:09.60	2019
		5	CECCHETTO LUISA	36:14.00	2023
		6	CAFFARENA ALBA	38:01.84	2003
		7	MURGIA MARIA LUISA	39:59.90	2018
	M80	1	PARODI FRANCA	30:25.73	2013
		2	LOSITO LAURA	30:43.60	2023
		3	CAFFARENA ALBA	40:04.67	2005

GARA	CAT	#	ATLETA	TEMPO	ANNO
50 Dorso	M25	4	MURGIA MARIA LUISA	41:43.80	2023
		1	CATANIA VALENTINA	28.97	2022
		2	LONZARDI LINDA	30.14	2018
		3	AURIEMMA FRANCESCA	30.24	2023
		4	BUCA LAURA	30.57	2016
		5	GENTILI ALESSIA	30.76	2018
		6	ASNAGHI ALICE	30.80	2023
		7	LUCCONI VALENTINA	30.84	2018
		8	GRASSI VALENTINA	31.00	2018
		9	DE SCISCIOLO DARIA	31.01	2019
	M30	10	POMPEI SARA	31.04	2004
		1	CARTAPANI STEFANIA	29.30	2023
		2	CAPPA DESIREE	29.96	2017
		3	NERI VERONICA	30.14	2022
		4	DE NARDI VALENTINA	30.53	2017
		5	LONZARDI LINDA	30.75	2023
		6	DE SCISCIOLO DARIA	30.84	2020
		7	NEVIANI CATERINA	31.28	2015
		8	CORTI ELENA	31.33	2023
		9	BUCA LAURA	31.37	2023
	M35	10	LUGANO DILETTA	31.38	2015
		1	CAPPA DESIREE	30.37	2020
		2	BOUROVA OLESSIA	31.00	2016
		3	RAMILLI CARLOTTA	31.32	2015
		4	SORO MONICA	31.47	2005
		5	GIACHINI TANIA	31.54	2018
		6	MICHELINI SANDRA	31.65	2006
		7	PAROCCHI SILVIA	31.80	2005
		8	RACHELA SILVIA	31.94	2016
		9	BOSISIO FRANCA	32.05	2006
	M40	10	BIANCONI LARA	32.17	2013
		1	BOUROVA OLESSIA VLADISLAVOVNA	31.44	2023
		2	SORO MONICA	31.53	2013
		3	PAROCCHI SILVIA	31.61	2005
		4	GIACHINI TANIA	31.74	2020
		5	MICHELINI SANDRA	31.87	2007
		6	FRANCONE CRISTINA	32.04	2019
		7	BOUROVA OLESSIA	32.12	2019
		8	BIANCONI LARA	32.28	2014
		9	LASAGNA LISA	32.49	2022
	M45	10	DEGRASSI ROMINA	32.52	2016
		1	BOSISIO FRANCA	31.24	2014

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	SORO MONICA	31.25	2015
		3	PAROCCHI SILVIA	32.21	2011
		4	RUBINI MONICA	32.41	2016
		5	PAPANDREA TIZIANA	32.94	2021
		6	CORVO STEFANIA	33.00	2015
		7	VANZETTI VALERIA	33.26	2020
		8	MEZZOPERA LUCIA	33.49	2009
		9	DE PONTI DANIELA	33.63	2009
		10	FORALOSSO LAURA	33.65	2009
	M50	1	BOSISIO FRANCA	32.02	2018
		2	SORO MONICA	32.39	2023
		3	PAROCCHI SILVIA	32.44	2016
		4	RUBINI MONICA GIOVANNA	33.43	2018
		5	CORVO STEFANIA	33.47	2023
		6	HOAG JANE ANN	34.09	2019
		7	MEZZOPERA LUCIA	34.25	2014
		8	MALTINTI MANUELA	34.28	2022
		9	LIVERINI GIORDANA	34.33	2016
		10	TOCCHINI ILARIA	34.37	2018
	M55	1	BOSISIO FRANCA	32.02	2023
		2	PAROCCHI SILVIA	33.55	2021
		3	LIVERINI GIORDANA	34.55	2021
		4	HOAG JANE ANN	35.17	2023
		5	MEZZOPERA LUCIA	35.34	2018
		6	DE GIOANNIS CARLA	35.43	2023
		7	EDER MARIA ALWINE	35.77	2017
		8	STERPETTI ROBERTA	36.35	2019
		9	TARANTINO CRISTINA	36.63	2010
		10	SALVIA VALENTINA	37.13	2014
	M60	1	EDER MARIA ALWINE	36.86	2021
		2	SORDELLI SUSANNA	37.34	2017
		3	TARANTINO CRISTINA	37.86	2015
		4	PANTERA MARA	38.01	2022
		5	PEDACCHIOLA DANIELA MARIA	38.21	2023
		6	GIVANNI TULLIA	38.34	2022
		7	SALVIA VALENTINA	38.73	2023
		8	SCHIAVONI CECILIA	39.02	2023
		9	LANG BARBARA	39.63	2010
		10	TRIPPI MONICA	40.56	2019
	M65	1	SMITH Carole Wendy	39.32	2019
		2	TARANTINO CRISTINA	39.81	2020
		3	SORDELLI SUSANNA	40.37	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	NEGRI ORIETTA	41.48	2023
		5	LANG BARBARA	41.98	2016
		6	MARESCA LUISA	43.09	2022
		7	GARIGLIO DANIELA	43.57	2019
		8	MOLTEDO LAURA	43.84	2011
		9	GUGLIELMI MIRA	44.12	2017
		10	TREMANTE MANUELA	44.15	2023
	M70	1	SMITH Carole Wendy	42.05	2023
		2	LICKFETT CATHRINE	46.67	2017
		3	MOLTEDO LAURA	46.84	2017
		4	ANDROSONI RITA	48.05	2008
		5	LICKFETT NATA BJERRE CATHRINE	51.44	2020
		6	BATTISTINI LAURA	51.69	2005
		7	GARBELLINI MARINA	52.25	2023
		8	CALLEA ELISABETTA	52.88	2023
		9	MACIOCE FIORELLA	54.24	2017
		10	MARTING RENATA	54.31	2008
	M75	1	MOLTEDO LAURA	49.32	2023
		2	CRAVERI SILVIA	50.32	1998
		3	MICHELI MARCELLA	56.26	2019
		4	SANNA FRANCESCA PAOLA	56.62	2017
		5	ANDROSONI RITA	57.10	2016
		6	MARTING RENATA	57.27	2012
		7	BATTISTINI LAURA	57.82	2014
		8	FAUCCI LOSITO LAURA	1:00.16	2017
		9	CERNICH VELLEDA	1:00.19	2018
		10	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	1:00.32	2023
	M80	1	CRAVERI SILVIA	54.33	2004
		2	ANDROSONI RITA	55.61	2017
		3	MICHELI MARCELLA	1:00.29	2023
		4	MARTING RENATA	1:02.14	2017
		5	CERNICH VELLEDA	1:02.98	2022
		6	BATTISTINI LAURA	1:06.07	2018
		7	LIELLO ELEONORA	1:08.05	2015
		8	RICCIONI LUCIANA	1:10.36	2004
		9	RICCIARDI CLOTILDE	1:11.56	2015
		10	TORTORELLI PAOLA	1:14.11	2018
	M85	1	CRAVERI SILVIA	1:00.29	2008
		2	LIELLO ELEONORA	1:09.82	2016
		3	RICCIONI LUCIANA	1:25.78	2008
		4	BUTI ALBA	1:29.13	2008

GARA	CAT	#	ATLETA	TEMPO	ANNO
		5	D'AMATO COSTANTINA	1:33.05	2006
		6	CORTI DELIA	1:35.34	2023
		7	MARRAZZO MARIA	1:37.01	2018
		8	FAIOLA ANTONIA	1:51.65	2015
		9	ANCONETANI ROSA	1:58.36	2015
		10	MILAZZO MARIA	2:01.91	2011
	M90	1	LIELLO ELEONORA	1:20.05	2022
		2	MEAZZINI RINA	1:23.51	2002
		3	D'AMATO COSTANTINA	1:29.76	2010
		4	FAIOLA ANTONIA	2:20.28	2019
		5	CAFFARENA ALBA	2:21.82	2017
	M95	1	D'AMATO COSTANTINA	2:08.48	2014
		1	CATANIA VALENTINA	1:02.35	2023
100 Dorso	M25	2	LUCCONI VALENTINA	1:03.72	2017
		3	SIMIONATO ELISA	1:04.18	2019
		4	VISCARDI VIVIANA	1:04.62	2019
		5	LONZARDI LINDA	1:04.79	2018
		6	LUGANO DILETTA	1:05.43	2012
		7	BARTOLINI FRANCESCA	1:06.25	2015
		8	ASNAGHI ALICE	1:06.33	2023
		9	VANNUCCINI GIAMILA DENISE	1:06.36	2019
		10	LAMBERTI GIULIA	1:06.72	2021
	M30	1	NERI VERONICA	1:03.15	2023
		2	CAPPA DESIREE	1:04.30	2016
		3	IOPPI ROBERTA	1:06.06	2017
		4	DE SCISCIOLO DARIA	1:06.14	2020
		5	LUGANO DILETTA	1:06.41	2015
		6	VISCARDI VIVIANA	1:06.97	2023
		7	GIACHINI TANIA	1:07.37	2011
		8	POZZOBON ARIANNA	1:07.76	2012
		9	BURGIO ORIANA	1:07.96	2012
		10	CORRADO SIMONA	1:08.43	2017
	M35	1	CAPPA DESIREE	1:05.62	2020
		2	PAROCCHI SILVIA	1:07.24	2004
		3	GIACHINI TANIA	1:08.30	2018
		4	BURGIO ORIANA	1:08.33	2014
		5	SANTINI FRANCESCA	1:08.53	2021
		6	SORO MONICA	1:08.64	2006
		7	CRACCO SARA	1:08.90	2018
		8	BATTISTONI ELISA	1:09.13	2019
		9	CRESCENTINI ROBERTA	1:09.59	2013
		10	GAGLIARDINI ANITA	1:09.62	2008

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M40	1	PAROCCHI SILVIA	1:06.61	2008
		2	SORO MONICA	1:07.57	2012
		3	GIACHINI TANIA	1:08.11	2019
		4	BIANCONI LARA	1:09.10	2014
		5	CRACCO SARA	1:09.56	2019
		6	ANTONIOLI MANUELA	1:09.70	2023
		7	PALASCIANO LAURA	1:09.85	2011
		8	PREVITERA RAFFAELLA	1:09.98	2017
		9	VALDRIGHI STEFANIA	1:10.61	2019
		10	PIERALLI PRISCILLA	1:10.71	2014
	M45	1	PAROCCHI SILVIA	1:07.86	2013
		2	FRANCONE CRISTINA	1:08.63	2019
		3	PAPANDREA TIZIANA	1:08.79	2019
		4	BOSISIO FRANCA	1:09.45	2014
		5	SORO MONICA	1:09.87	2017
		6	CORVO STEFANIA	1:11.32	2016
		7	EDER MARIA ALWINE	1:12.83	2007
		8	PREVITERA RAFFAELLA ANNY	1:12.86	2022
		9	PALASCIANO LAURA	1:12.93	2016
		10	DE PONTI LAURA	1:13.29	2015
	M50	1	PAROCCHI SILVIA	1:08.91	2016
		2	PAPANDREA TIZIANA	1:09.73	2023
		3	SORO MONICA	1:11.54	2019
		4	CORVO STEFANIA	1:12.60	2020
		5	HOAG JANE ANN	1:12.72	2016
		6	MALTINTI MANUELA	1:13.66	2021
		7	EDER MARIA ALWINE	1:13.76	2012
		8	LIVERINI GIORDANA	1:14.44	2016
		9	TEDESCHINI TIZIANA	1:15.70	2021
		10	TARANTINO CRISTINA	1:15.85	2005
	M55	1	PAROCCHI SILVIA	1:11.02	2022
		2	HOAG JANE ANN	1:14.50	2023
		3	EDER MARIA ALWINE	1:16.23	2017
		4	LIVERINI GIORDANA	1:17.13	2022
		5	FILANGIERI LOREDANA CARMELA	1:17.75	2022
		6	ALESSANDRINI RAFFAELA	1:18.96	2020
		7	SORDELLI SUSANNA	1:19.37	2013
		8	SALVIA VALENTINA	1:19.62	2014
		9	TARANTINO CRISTINA	1:19.97	2010
		10	BANCI MARIA	1:20.73	2019
	M60	1	EDER MARIA ALWINE	1:18.61	2021
		2	SORDELLI SUSANNA	1:21.17	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		3	TARANTINO CRISTINA	1:22.17	2014
		4	VOMIERO MICHELA	1:24.79	2021
		5	SALVIA VALENTINA	1:24.81	2019
		6	GIVANNI TULLIA	1:25.21	2023
		7	SMITH CAROLE	1:25.79	2013
		8	PANTERA MARA	1:26.03	2022
		9	SCHIAVONI CECILIA	1:27.46	2022
		10	NEGRI ORIETTA	1:27.74	2017
	M65	1	SORDELLI SUSANNA	1:26.04	2022
		2	TARANTINO CRISTINA	1:26.89	2023
		3	NEGRI ORIETTA	1:29.48	2019
		4	SMITH Carole Wendy	1:30.03	2019
		5	LANG BARBARA	1:30.62	2016
		6	GARIGLIO DANIELA	1:34.62	2019
		7	MARESCA LUISA	1:36.16	2022
		8	MOLTEDO LAURA	1:36.25	2011
		9	TREMANTE MANUELA	1:38.20	2023
		10	CANGELLI CLAUDIA	1:38.49	2016
	M70	1	MOLTEDO LAURA	1:44.86	2017
		2	ANDROSONI RITA	1:44.91	2009
		3	BATTISTINI LAURA	1:55.80	2006
		4	GARBELLINI MARINA	1:55.92	2023
		5	JOLLY CHRISTINE	1:56.44	2019
		6	MARTING RENATA	1:58.62	2009
		7	FAUCCI LOSITO LAURA	1:59.47	2014
		8	CASTIGLIONI ISABELLA	1:59.49	2017
		9	CAPRIOLI CRISTINA	2:00.24	2022
		10	SANNA FRANCESCA	2:02.29	2011
	M75	1	MOLTEDO LAURA	1:49.33	2023
		2	CRAVERI SILVIA	1:52.40	1998
		3	ANDROSONI RITA	1:55.23	2014
		4	MARTING RENATA	2:01.66	2012
		5	CASTIGLIONI ISABELLA	2:06.56	2021
		6	MICHELI MARCELLA	2:06.83	2019
		7	SANNA FRANCESCA	2:07.42	2016
		8	FAUCCI LOSITO LAURA	2:07.53	2017
		9	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	2:08.41	2023
		10	BATTISTINI LAURA	2:11.27	2013
	M80	1	CRAVERI SILVIA	2:02.47	2003
		2	ANDROSONI RITA	2:02.59	2019
		3	MARTING RENATA	2:08.73	2016

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	MICHELI MARCELLA	2:17.48	2023
		5	BATTISTINI LAURA	2:23.85	2018
		6	RICCIARDI CLOTILDE	2:28.87	2013
		7	LIELLO ELEONORA	2:37.12	2014
		8	SALAKOVA MARIA	2:42.77	2018
		9	GUZZONATO LUCIA	2:47.42	2019
		10	RAVA LAURA	2:53.20	2022
	M85	1	CRAVERI SILVIA	2:11.06	2009
		2	LIELLO ELEONORA	2:38.63	2016
		3	GAMENARA NELLA	3:05.75	2003
		4	BUTI ALBA	3:10.26	2007
		5	D'AMATO COSTANTINA	3:17.10	2004
		6	LOSI MARIA LUIGIA	4:46.85	2023
	M90	1	MEAZZINI RINA	2:59.60	2002
		2	BUTI ALBA	3:46.11	2012
		3	D'AMATO COSTANTINA	3:56.14	2010
200 Dorso	M25	1	LUCCONI VALENTINA	2:15.67	2017
		2	CATANIA VALENTINA	2:19.60	2023
		3	SIMIONATO ELISA	2:20.18	2023
		4	BARTOLINI FRANCESCA	2:21.48	2015
		5	PANUNZI VALENTINA	2:22.36	2018
		6	LUGANO DILETTA	2:22.79	2009
		7	VISCARDI VIVIANA	2:23.50	2019
		8	TEVINI ELIANA	2:23.61	2017
		9	BRAGHINI FRANCESCA	2:25.13	2019
		10	POZZI MARGHERITA	2:25.35	2015
	M30	1	IOPPI ROBERTA	2:17.33	2016
		2	CAPPA DESIREE	2:21.63	2016
		3	BURGIO ORIANA	2:21.96	2013
		4	LUGANO DILETTA	2:24.23	2015
		5	DE SCISCIOLO DARIA	2:27.35	2022
		6	BALDINI ALESSANDRA	2:27.57	2006
		7	MORI ROBERTA	2:27.71	2010
		8	POZZOBON ARIANNA	2:28.65	2011
		9	BALDINI MARTA	2:29.31	2010
		10	BUSSOTTI LUCIA	2:29.32	2009
	M35	1	PAROCCHI SILVIA	2:23.86	2002
		2	BATTISTONI ELISA	2:24.96	2018
		3	OLMI MONICA	2:26.96	2005
		4	BURGIO ORIANA	2:28.14	2017
		5	GIACHINI TANIA	2:29.66	2018
		6	SCARDOVA JULIA	2:29.83	2015

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	PALASCIANO LAURA	2:30.73	2009
		8	POZZOBON ARIANNA	2:31.06	2019
		9	BOSISIO FRANCA	2:31.61	2006
		10	BUSSOTTI LUCIA	2:32.25	2016
	M40	1	PAROCCHI SILVIA	2:23.22	2006
		2	PALASCIANO LAURA	2:28.18	2011
		3	POZZOBON ARIANNA	2:30.03	2022
		4	BIANCONI LARA	2:31.14	2013
		5	PREVITERA RAFFAELLA	2:33.17	2016
		6	BOSISIO FRANCA	2:33.29	2012
		7	BUSSOTTI LUCIA	2:33.50	2020
		8	MORI ROBERTA	2:34.11	2018
		9	FILANGIERI LOREDANA	2:34.24	2009
		10	VALDRIGHI STEFANIA	2:34.40	2019
	M45	1	PAROCCHI SILVIA	2:26.57	2011
		2	PAPANDREA TIZIANA	2:30.01	2022
		3	FRANCONE CRISTINA	2:30.66	2019
		4	BOSISIO FRANCA	2:34.40	2013
		5	SORO MONICA	2:35.13	2019
		6	PALASCIANO LAURA	2:35.50	2016
		7	TEDESCHINI TIZIANA	2:36.55	2019
		8	TARANTINO CRISTINA	2:36.84	2003
		9	CORVO STEFANIA	2:36.94	2015
		10	PREVITERA RAFFAELLA ANNY	2:38.14	2023
	M50	1	PAROCCHI SILVIA	2:27.99	2016
		2	PAPANDREA TIZIANA	2:29.64	2023
		3	HOAG JANE ANN	2:33.14	2017
		4	TARANTINO CRISTINA	2:37.89	2005
		5	MALTINTI MANUELA	2:38.14	2022
		6	TEDESCHINI TIZIANA	2:39.57	2023
		7	CORVO STEFANIA	2:40.45	2020
		8	CALVINO DANIELA	2:42.51	2019
		9	EDER MARIA ALWINE	2:43.21	2013
			PALASCIANO LAURA	2:43.21	2022
	M55	1	PAROCCHI SILVIA	2:32.08	2021
		2	HOAG JANE ANN	2:40.34	2022
		3	EDER MARIA ALWINE	2:43.17	2018
		4	SORDELLI SUSANNA	2:46.90	2014
		5	TARANTINO CRISTINA	2:48.40	2010
		6	ALESSANDRINI RAFFAELA	2:48.70	2020
		7	FILANGIERI LOREDANA CARMELA	2:51.11	2023
		8	CAVALLERO SIMONETTA	2:52.34	2018

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	BANCI MARIA	2:52.45	2019
		10	LIVERINI GIORDANA	2:54.44	2023
	M60	1	SORDELLI SUSANNA	2:49.36	2016
		2	EDER MARIA ALWINE	2:50.16	2023
		3	TARANTINO CRISTINA	2:53.41	2015
		4	SCHIAVONI CECILIA	3:07.99	2023
		5	NEGRI ORIETTA	3:08.40	2014
		6	LANG BARBARA	3:09.54	2010
		7	PUCCIO MARINA	3:12.97	2019
		8	GARIGLIO DANIELA	3:14.16	2015
		9	MARIOTTI MONICA	3:14.48	2023
		10	ETZI LAURA	3:15.34	2023
	M65	1	SORDELLI SUSANNA	3:04.62	2022
		2	TARANTINO CRISTINA	3:07.50	2022
		3	NEGRI ORIETTA	3:11.34	2019
		4	SMITH Carole Wendy	3:13.73	2019
		5	LANG BARBARA	3:16.22	2016
		6	GUGLIELMI MIRA	3:23.19	2017
		7	CANGELLI CLAUDIA	3:27.46	2016
		8	MOLTEDO LAURA	3:31.57	2011
		9	GAVOGLIO GRAZIA	3:32.25	2019
		10	ANDROSONI RITA	3:36.48	2003
	M70	1	MOLTEDO LAURA	3:45.36	2017
		2	ANDROSONI RITA	3:46.54	2008
		3	GARBELLINI MARINA	3:59.00	2023
		4	MARTING RENATA	4:02.94	2006
		5	CASTIGLIONI ISABELLA	4:07.44	2017
		6	CAPRIOLI CRISTINA	4:17.94	2022
		7	VESPA SILVANA	4:18.07	2014
		8	FAUCCI LOSITO LAURA	4:20.01	2014
		9	MICHELI MARCELLA	4:26.88	2015
		10	FERRERO GIOVANNA AMALIA	4:34.48	2019
	M75	1	MOLTEDO LAURA	4:01.30	2022
		2	ANDROSONI RITA	4:09.82	2012
		3	MARTING RENATA	4:15.31	2013
		4	CRAVERI SILVIA	4:18.00	2002
		5	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	4:24.45	2022
		6	FAUCCI LOSITO LAURA	4:29.18	2017
		7	CASTIGLIONI ISABELLA	4:34.62	2022
		8	MICHELI MARCELLA	4:40.21	2019
		9	VESPA SILVANA	4:47.55	2020

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M80	10	HORR BARBARA	4:48.03	2016
		1	CRAVERI SILVIA	4:21.27	2002
		2	ANDROSONI RITA	4:26.11	2019
		3	MARTING RENATA	4:28.59	2016
		4	SALAKOVA MARIA	5:41.15	2018
		5	BEVILACQUA ANTONIETTA	6:09.09	2012
		6	BUTI ALBA	6:09.50	2002
		7	CORTI DELIA	6:11.91	2020
		8	MARRAZZO MARIA	6:46.45	2013
		1	BUTI ALBA	6:46.82	2007
	M85	2	CORTI DELIA	6:50.64	2023
	M90	1	D'AMATO COSTANTINA	8:20.04	2010
50 Rana	M25	1	DONADON ERICA	33.32	2016
		2	VENICE CARLA	33.35	2016
		3	LUCIANI ELENA	33.36	2019
		4	BONORA IRENE	33.74	2014
		5	SANZARI SARA	33.85	2016
		6	BELLINI VERONICA	34.15	2014
		7	TEI MELISSA	34.39	2016
		8	TRESOLDI MARTA	34.57	2019
		9	LUCCHESI VERONICA	34.89	2022
		10	SERENA MICHELA	34.90	2014
	M30	1	PICCARDO ELENA	33.76	2019
		2	TOSCANI SONIA	33.82	2023
		3	TERNO FRANCESCA	34.30	2017
		4	COICA NICOLETA	34.32	2013
		5	VENICE CARLA	34.34	2019
		6	SACCHIERO ALESSANDRA	34.51	2005
		7	IACHEMET IRENE	34.56	2023
		8	ZAULI FLAVIA MARIA	34.58	2023
		9	BONORA IRENE	34.66	2017
		10	MASCETTI CHIARA	34.71	2014
	M35	1	CRESCENTINI ROBERTA	32.35	2012
		2	MONTI STEFANIA	34.32	2005
		3	SEMINATORE SABRINA	34.50	2003
		4	PICCARDO ELENA	34.54	2019
		5	COICA NICOLETA	34.73	2017
		6	MASCETTI CHIARA	35.02	2018
		7	VITALONI SABINA	35.45	2009
		8	DE PONTI DANIELA	35.50	2003
		9	CORVO LUCIA	35.51	2014
		10	BOUROVA OLESSIA	35.52	2014

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M40	1	CRESCENTINI ROBERTA	33.03	2015
		2	MONTI STEFANIA	33.69	2009
		3	KULIS MARZENA	34.31	2007
		4	VITALONI SABINA	35.31	2009
		5	SEMINATORE SABRINA	35.38	2006
		6	CORO' MONICA	35.40	2005
		7	CORVO LUCIA	36.02	2016
		8	DE GIOANNIS CARLA	36.13	2006
		9	DE PONTI DANIELA	36.21	2005
		10	LUI CHIARA	36.35	2018
	M45	1	KULIS MARZENA	33.56	2009
		2	CRESCENTINI ROBERTA	34.33	2021
		3	CORO' MONICA	34.79	2007
		4	VITALONI SABINA	35.06	2016
		5	SEMINATORE SABRINA	35.32	2009
		6	MOLINARI LAURA	35.53	2015
		7	MONTI STEFANIA	35.67	2016
		8	SORO MONICA	35.75	2018
		9	CARRARO WANYA	36.16	2017
		10	BOUROVA VLADA	36.77	2016
	M50	1	CORO' MONICA	33.96	2012
		2	KULIS MARZENA	35.28	2016
		3	VITALONI SABINA	35.98	2020
		4	MOLINARI LAURA	36.12	2018
		5	DE PONTI DANIELA	36.34	2016
		6	POPOVA ALBENA	36.55	2012
		7	MONTI STEFANIA	36.79	2019
		8	CARRARO WANYA	37.00	2019
		9	DE GIOANNIS CARLA	37.16	2016
		10	DEPONTI DANIELA	37.30	2018
	M55	1	CORO' MONICA	35.15	2017
		2	MOLINARI LAURA	35.91	2023
		3	KULIS MARZENA	37.25	2019
		4	DE GIOANNIS CARLA	37.68	2021
		5	UBERTI MARIAPAOLA	38.13	2020
		6	DEPONTI DANIELA	38.50	2019
		7	PETRACCHI DANIELA	38.57	2019
		8	CASILIO DORIANA	38.81	2023
		9	CORNIANI LIANA	39.20	2013
		10	VACCARI MONICA	39.76	2019
	M60	1	CORO' MONICA	37.21	2021
		2	PETRACCHI DANIELA	38.05	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		3	TESTA GERALDINA	40.83	2023
		4	CORNELLI ALESSANDRA	41.00	2017
		5	GIVANNI TULLIA	41.11	2022
		6	CORNIANI LIANA	41.36	2016
		7	SMITH CAROLE	41.90	2013
		8	DEMARCHI SUSANNA	42.36	2021
		9	STERNI LAURA	42.50	2019
		10	VACCARI MONICA	42.57	2022
	M65	1	SMITH Carole Wendy	41.07	2018
		2	CORNELLI ALESSANDRA	42.49	2023
		3	CAPITANO ADELE	44.61	2023
		4	TUCCI GABRIELLA	45.45	2005
		5	GUGLIELMI MIRA	46.12	2017
		6	CORNIANI IRIS	46.80	2023
		7	CAMARDELLA VERA	47.11	2017
		8	VICARI ARIANNA	47.48	2022
		9	CORNIANI LIANA	48.01	2022
		10	VALLONE MARIAROSARIA	48.76	2021
	M70	1	SMITH Carole Wendy	42.10	2023
		2	TUCCI GABRIELLA	46.06	2008
		3	CAMARDELLA VERA	50.54	2023
		4	HUBER CHRISTINA	51.96	2023
		5	MARTING RENATA	52.18	2006
		6	CERNICH VELLEDA	52.79	2013
		7	CAMPIGOTTO MERI	53.83	2018
		8	MARENI CRISTINA	56.22	2017
		9	FAUCCI LOSITO LAURA	56.45	2013
		10	KALCICH LICIA	56.78	2017
	M75	1	TUCCI GABRIELLA	50.26	2015
		2	CERNICH VELLEDA	54.77	2018
		3	MARTING RENATA	56.64	2011
		4	FAUCCI LOSITO LAURA	1:00.99	2017
		5	MARENI CRISTINA	1:01.55	2023
		6	CASTIGLIONI ISABELLA	1:02.15	2022
		7	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	1:04.10	2023
		8	ORVIETO ELEONORA	1:04.61	2020
		9	HEINING GISELA	1:04.89	2016
		10	MIJATOV ZORAIDA	1:05.35	2009
	M80	1	TUCCI GABRIELLA	55.51	2018
		2	CERNICH VELLEDA	58.59	2021
		3	KASPAR GWENDOLEN	1:07.20	2011

GARA	CAT	#	ATLETA	TEMPO	ANNO		
		4	MILAZZO MARIA	1:07.57	2005		
		5	MARTING RENATA	1:08.11	2017		
		6	HEINING GISELA	1:12.00	2019		
		7	BURATTO GIOVANNA	1:13.11	2019		
		8	SCHMIDT URSULA	1:13.26	2017		
		9	TORTORELLI PAOLA	1:13.28	2015		
		10	LIELLO ELEONORA	1:17.02	2012		
		M85	1	TUCCI GABRIELLA	1:05.89	2023	
		2	KASPAR GWENDOLEN	1:10.33	2014		
		3	LIELLO ELEONORA	1:19.14	2016		
		4	MILAZZO MARIA	1:22.30	2010		
		5	CRAVERI SILVIA	1:43.31	2009		
		6	RICCIONI LUCIANA	1:59.39	2009		
		M90	1	KASPAR GWENDOLEN	1:20.64	2019	
		2	LIELLO ELEONORA	1:47.11	2022		
		3	MEAZZINI RINA	4:38.44	2005		
		100 Rana	M25	1	LUCIANI ELENA	1:12.70	2019
		2	VENICE CARLA	1:12.72	2017		
		3	VILLA CAMILLA	1:12.90	2022		
		4	DONADON ERICA	1:13.12	2016		
5	SANZARI SARA	1:13.28	2016				
6	BONORA IRENE	1:14.06	2014				
7	TOSTO LIDIA	1:14.22	2022				
8	LUCCHESI VERONICA	1:14.34	2022				
9	PICCARDO ELENA	1:14.47	2014				
10	BUSSOTTI LUCIA	1:15.40	2008				
		M30	1	PICCARDO ELENA	1:12.97	2019	
		2	VENICE CARLA	1:13.59	2019		
		3	TOSTO LIDIA	1:13.85	2022		
		4	BUSSOTTI LUCIA	1:14.17	2009		
		5	COICA NICOLETA	1:14.56	2016		
		6	BONORA IRENE	1:15.45	2017		
		7	FABBRO ELENA	1:15.47	2014		
		8	CHITI STEFANIA	1:15.96	2023		
		9	TERNO FRANCESCA	1:16.19	2017		
		10	LISSETTI ALESSIA	1:16.22	2019		
		M35	1	CRESCENTINI ROBERTA	1:12.30	2011	
		2	PICCARDO ELENA	1:12.97	2020		
		3	COICA NICOLETA	1:14.04	2017		
		4	MONTI STEFANIA	1:15.56	2004		
		5	KULIS MARZENA	1:16.79	2002		
		6	VENICE CARLA	1:17.04	2023		

GARA	CAT	#	ATLETA	TEMPO	ANNO
		7	BUSSOTTI LUCIA	1:17.05	2015
		8	VITALONI SABINA	1:18.13	2009
		9	LISSETTI ALESSIA	1:18.26	2023
		10	LUI CHIARA	1:19.06	2012
	M40	1	KULIS MARZENA	1:13.16	2007
		2	CRESCENTINI ROBERTA	1:16.12	2019
		3	VITALONI SABINA	1:16.66	2013
		4	LUI CHIARA	1:17.63	2018
		5	SEMINATORE SABRINA	1:17.74	2006
		6	CORO' MONICA	1:18.36	2006
		7	MONTI STEFANIA	1:19.21	2009
		8	DE PONTI DANIELA	1:19.26	2005
		9	BUSSOTTI LUCIA	1:19.47	2022
		10	GRITTI MARIAGIOVANNA	1:19.83	2005
	M45	1	KULIS MARZENA	1:11.78	2009
		2	CORO' MONICA	1:15.86	2007
		3	VITALONI SABINA	1:16.52	2015
		4	MOLINARI LAURA	1:16.67	2017
		5	SEMINATORE SABRINA	1:19.01	2009
		6	MONTI STEFANIA	1:19.54	2016
		7	CARRARO WANYA	1:19.85	2016
		8	LUI CHIARA	1:20.28	2023
		9	SORO MONICA	1:21.21	2019
		10	BRENDAGLIA SERENA	1:21.67	2023
	M50	1	CORO' MONICA	1:15.22	2013
		2	KULIS MARZENA	1:15.86	2016
		3	MOLINARI LAURA	1:17.72	2018
		4	VITALONI SABINA	1:19.22	2023
		5	DEPONTI DANIELA	1:20.63	2017
		6	CARRARO WANYA	1:20.73	2019
		7	MONTI STEFANIA	1:22.08	2020
		8	VANNUCCHI SOPHIE	1:23.23	2022
		9	CHECCONI ALESSIA	1:23.43	2017
		10	POPOVA ALBENA	1:23.95	2013
	M55	1	KULIS MARZENA	1:17.36	2019
		2	CORO' MONICA	1:18.01	2017
		3	MOLINARI LAURA	1:19.59	2023
		4	DEPONTI DANIELA	1:23.68	2019
		5	PETRACCHI DANIELA	1:24.26	2018
		6	CORNIANI LIANA	1:26.02	2014
		7	CASILIO DORIANA	1:26.80	2023
		8	AMBROSI PAOLA	1:27.07	2021

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	PETRONI STEFANIA	1:27.22	2021
		10	VACCARI MONICA	1:28.67	2019
	M60	1	CORO' MONICA	1:21.14	2022
		2	PETRACCHI DANIELA	1:25.87	2022
		3	CORNIANI LIANA	1:29.99	2016
		4	TESTA GERALDINA	1:32.33	2023
		5	TRIPPI MONICA	1:32.58	2020
		6	BITTANTE EMANUELA	1:33.37	2021
		7	PILLA ANNA	1:33.74	2023
		8	PERGOLA STELLA MARIA	1:34.39	2023
		9	HOERTER CHRISTINA	1:34.88	2022
		10	GISMERVIK MAY KARIN	1:35.09	2018
	M65	1	SMITH Carole Wendy	1:36.46	2018
		2	CAPITANO ADELE	1:40.44	2023
		3	TUCCI GABRIELLA	1:41.82	2005
		4	CORNIANI LIANA	1:42.21	2022
		5	GUGLIELMI MIRA	1:44.85	2017
		6	CAMARDELLA VERA	1:46.94	2018
		7	VALLONE MARIAROSARIA	1:49.89	2021
		8	GAVOGLIO GRAZIA	1:50.88	2019
		9	DI FELICE ROBERTA	1:51.72	2023
		10	SGORBISSA MAILA	1:52.34	2022
	M70	1	TUCCI GABRIELLA	1:43.92	2008
		2	CERNICH VELLEDA	1:56.11	2012
		3	MARTING RENATA	1:57.44	2006
		4	CAMPIGOTTO MERI	1:58.87	2019
		5	HUBER CHRISTINA	1:59.31	2023
		6	FAUCCI LOSITO LAURA	2:05.29	2016
		7	CAPRIOLI CRISTINA	2:06.57	2022
		8	KALCICH LICIA	2:06.67	2017
		9	MELIS MARIA IMMACOLATA	2:06.88	2017
		10	RAGNETTI LIANA	2:09.24	2014
	M75	1	TUCCI GABRIELLA	1:57.85	2017
		2	CERNICH VELLEDA	2:01.43	2017
		3	MARTING RENATA	2:03.88	2011
		4	FAUCCI LOSITO LAURA	2:10.70	2017
		5	HEINING GISELA	2:17.10	2015
		6	CASTIGLIONI ISABELLA	2:19.80	2021
		7	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	2:19.96	2023
		8	ORVIETO ELEONORA	2:22.03	2019
		9	ANDROSONI RITA	2:22.20	2012

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M80	10	GRIFFIN CATHERINE	2:24.36	2013
		1	TUCCI GABRIELLA	2:05.21	2018
		2	CERNICH VELLEDA	2:11.08	2022
		3	HEINING GISELA	2:38.20	2019
		4	KASPAR GWENDOLEN	2:40.06	2011
		5	SCHMIDT URSULA	2:42.10	2017
		6	MILAZZO MARIA	2:44.43	2005
		7	TORTORELLI PAOLA	2:51.03	2017
		8	MANFRIN FERNANDA	2:54.89	2017
		9	LIELLO ELEONORA	3:08.06	2014
	M85	10	BURATTO GIOVANNA	3:08.35	2021
		1	KASPAR GWENDOLEN	2:44.70	2013
200 Rana	M25	1	VANNUCCI ELEONORA	2:34.84	2018
		2	TOSTO LIDIA	2:38.35	2022
		3	VENICE CARLA	2:39.48	2016
		4	BONORA IRENE	2:40.52	2014
		5	LONGOBARDI MARIA PIA	2:41.34	2016
		6	VIRGILIO ALESSIA	2:41.59	2016
		7	PICCARDO ELENA	2:42.31	2014
		8	GARGIONI ARIANNA	2:43.11	2014
		9	PASERO ANNA	2:43.48	2015
		10	BUSSOTTI LUCIA	2:44.27	2007
	M30	1	PICCARDO ELENA	2:37.04	2019
		2	COICA NICOLETA	2:40.67	2016
		3	VENICE CARLA	2:41.07	2018
		4	CHITI STEFANIA	2:42.06	2023
		5	BONORA IRENE	2:42.45	2017
		6	VIRGILIO ALESSIA	2:43.53	2019
		7	TOSTO LIDIA	2:43.64	2022
		8	BONETTI MARGHERITA	2:44.13	2018
		9	BUSSOTTI LUCIA	2:44.30	2009
		10	GANCI GRETA	2:46.16	2019
	M35	1	PICCARDO ELENA	2:38.12	2020
		2	COICA NICOLETA	2:43.56	2017
		3	MONTI STEFANIA	2:48.35	2005
		4	KULIS MARZENA	2:48.66	2002
		5	BUSSOTTI LUCIA	2:48.85	2016
		6	LUI CHIARA	2:49.17	2012
		7	VENTISETTE GIULIA	2:50.64	2023
		8	LISSETTI ALESSIA	2:51.12	2023
		9	RIGAMONTI SERENA	2:51.21	2019
		10	CHERUBINI GIOVANNA	2:54.24	2006

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M40	1	KULIS MARZENA	2:43.88	2008
		2	SEMINATORE SABRINA	2:47.00	2004
		3	LUI CHIARA	2:48.12	2018
		4	VITALONI SABINA	2:48.85	2012
		5	CRESCENTINI ROBERTA	2:51.57	2018
		6	BUSSOTTI LUCIA	2:54.19	2020
		7	BARAVALLE SIMONA	2:54.44	2023
		8	DE PONTI DANIELA	2:54.87	2008
		9	CORO' MONICA	2:55.23	2006
		10	CHERUBINI GIOVANNA	2:56.03	2012
	M45	1	KULIS MARZENA	2:37.19	2009
		2	CORO' MONICA	2:49.50	2007
		3	VITALONI SABINA	2:49.91	2018
		4	LUI CHIARA	2:52.99	2023
		5	MOLINARI LAURA	2:53.69	2016
		6	CHERUBINI GIOVANNA	2:57.93	2016
		7	BRENDAGLIA SERENA	2:59.35	2023
		8	CARRARO WANYA	3:00.08	2016
		9	BERTACCHE ALESSANDRA	3:00.90	2014
		10	CASELLA BARBARA	3:01.71	2020
	M50	1	KULIS MARZENA	2:45.70	2016
		2	CORO' MONICA	2:49.05	2013
		3	VITALONI SABINA	2:55.61	2023
		4	DEPONTI DANIELA	2:59.66	2018
		5	HOAG JANE ANN	2:59.67	2018
		6	CARRARO WANYA	3:01.61	2019
		7	BERTACCHE ALESSANDRA	3:02.64	2019
		8	DENOTTI ALBA	3:03.18	2020
		9	RADICE CLAUDIA	3:03.79	2019
		10	MALTINTI MANUELA	3:04.55	2022
	M55	1	KULIS MARZENA	2:46.91	2019
		2	CORO' MONICA	2:53.16	2017
		3	DEPONTI DANIELA	3:05.15	2019
		4	HOAG JANE ANN	3:07.02	2021
		5	PETRACCHI DANIELA	3:09.08	2019
		6	CORNIANI LIANA	3:11.79	2014
		7	AMBROSI PAOLA	3:12.46	2022
		8	SORDELLI SUSANNA	3:13.97	2012
		9	OUSPENKINA LARISSA	3:16.28	2023
		10	TRIPPI MONICA	3:18.22	2011
	M60	1	CORO' MONICA	3:00.34	2022
		2	PETRACCHI DANIELA	3:09.07	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		3	CORNIANI LIANA	3:16.84	2017
		4	PERGOLA STELLA MARIA	3:19.68	2022
		5	SORDELLI SUSANNA	3:21.25	2016
		6	SMITH CAROLE	3:23.16	2013
		7	TRIPPI MONICA	3:24.95	2016
		8	GISMERVIK MAY KARIN	3:26.40	2018
		9	MARTORELLI GLORIA	3:27.92	2023
		10	BITTANTE EMANUELA	3:27.97	2022
	M65	1	SMITH Carole Wendy	3:31.67	2018
		2	GUGLIELMI MIRA	3:34.52	2017
		3	TUCCI GABRIELLA	3:40.66	2005
		4	DI FELICE ROBERTA	3:53.63	2023
		5	GAVOGLIO GRAZIA	3:55.97	2019
		6	CAMARDELLA VERA	3:59.52	2018
		7	HUBER CHRISTINA	4:02.73	2017
		8	KALCICH LICIA	4:02.99	2011
		9	GALLETTI ROBERTA	4:05.18	2012
		10	CERNICH VELLEDA	4:06.22	2009
	M70	1	TUCCI GABRIELLA	3:58.78	2008
		2	CERNICH VELLEDA	4:04.52	2013
		3	MARTING RENATA	4:11.79	2006
		4	HUBER CHRISTINA	4:13.57	2023
		5	CAMARDELLA VERA	4:19.82	2023
		6	FAUCCI LOSITO LAURA	4:20.85	2015
		7	PABA LICIA	4:21.70	2002
		8	KALCICH LICIA	4:25.21	2017
		9	ANDROSONI RITA	4:35.17	2008
		10	CASTIGLIONI ISABELLA	4:37.44	2017
	M75	1	CERNICH VELLEDA	4:13.45	2018
		2	MARTING RENATA	4:34.48	2011
		3	FAUCCI LOSITO LAURA	4:35.74	2018
		4	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	5:02.47	2022
		5	CASTIGLIONI ISABELLA	5:03.93	2021
		6	ORVIETO ELEONORA	5:06.14	2020
		7	BALUGANI MARIA	5:07.14	2019
		8	CECCHETTO LUISA	5:15.72	2022
		9	GRIFFIN CATHERINE	5:17.82	2013
		10	HEINING GISELA	5:20.30	2016
	M80	1	CERNICH VELLEDA	4:31.76	2022
		2	SCHMIDT URSULA	5:50.77	2018
		3	BURATTO GIOVANNA	6:24.14	2019

GARA	CAT	#	ATLETA	TEMPO	ANNO
50 Farfalla	M25	4	HORR BARBARA	8:03.69	2020
		1	MARTIRADONNA JENNIFER GRAZIA	28.28	2023
		2	IRACE ALFONSINA	28.74	2004
		3	SCIOCCHETTI CINZIA	28.91	2018
		4	SPORTILLO VERONICA	28.99	2023
		5	MOTA DEBORA	29.00	2009
		6	VENICE CARLA	29.06	2015
		7	BENEVENIA LAURA	29.20	2010
		8	CECCHINELLO GIULIA	29.29	2016
		9	BORASI ELISA	29.33	2021
		10	ROTONDI SARA	29.34	2020
	M30	1	IRACE ALFONSINA	28.48	2009
		2	JEHNE SUSAN ANDREA VIKTORIA	28.90	2020
		3	BIANZANI LAURA	28.95	2006
		4	NERI VERONICA	29.14	2022
		5	PAPINI SARA	29.34	2017
		6	MAZZONI CHIARA	29.36	2014
		7	CAPPA DESIREE	29.38	2015
		8	NEGRINI LUANA	29.49	2020
		9	ROTONDI SARA	29.57	2023
		10	MUSSI SABINA	29.86	2017
	M35	1	CRESCENTINI ROBERTA	28.28	2012
		2	BOUROVA OLESSIA	28.82	2016
		3	PAROCCHI SILVIA	29.31	2005
		4	CORBINO VALERIA	29.72	2015
		5	IRACE ALFONSINA	29.75	2013
		6	SORO MONICA	29.77	2005
		7	DE PONTI DANIELA	30.05	2003
		8	BOSISIO FRANCA	30.16	2007
		9	CAPPA DESIREE	30.18	2021
		10	COICA NICOLETA	30.22	2017
	M40	1	CRESCENTINI ROBERTA	28.33	2015
		2	PAROCCHI SILVIA	28.86	2007
		3	BOUROVA OLESSIA	29.42	2019
		4	DE PONTI DANIELA	29.57	2006
		5	SORO MONICA	29.88	2013
		6	BOSISIO FRANCA	30.11	2009
		7	IRACE ALFONSINA	30.20	2017
		8	BOUROVA OLESSIA VLADISLAVOVNA	30.44	2023
		9	BORIO PATRIZIA	30.73	2016
		10	BIANCONI LARA	30.76	2014
	M45	1	CRESCENTINI ROBERTA	28.79	2020

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	SORO MONICA	29.65	2015
		3	BOSISIO FRANCA	29.82	2014
		4	DE PONTI DANIELA	29.97	2014
		5	PAROCCHI SILVIA	30.00	2012
		6	TOCCHINI ILARIA	30.46	2014
		7	NOERA GIULIA	30.83	2013
		8	IRACE ALFONSINA	31.06	2023
		9	BOUROVA VLADA	31.25	2014
		10	DAMIANI VALERIA	31.31	2022
	M50	1	DE PONTI DANIELA	29.94	2017
			BOSISIO FRANCA	29.94	2018
		3	DEPONTI DANIELA	30.20	2018
		4	TOCCHINI ILARIA	30.40	2017
		5	PAROCCHI SILVIA	31.05	2018
		6	SORO MONICA	31.25	2023
		7	CORO' MONICA	31.62	2011
		8	NOERA GIULIA	31.74	2017
		9	KULIS MARZENA	32.17	2018
		10	CICCARELLI RACHELE	32.30	2020
	M55	1	BOSISIO FRANCA	30.61	2023
		2	DEPONTI DANIELA	31.27	2020
		3	PAROCCHI SILVIA	31.31	2022
		4	VACCARI MONICA	32.18	2017
		5	NOERA GIULIA	32.43	2022
		6	CORO' MONICA	32.88	2017
			PEDACCHIOLA DANIELA MARIA	32.88	2018
		8	CASTELLI CAROLA	33.16	2020
		9	UBERTI MARIAPAOLA	33.42	2020
		10	SCHIAVONI CECILIA	33.66	2019
	M60	1	CASTELLI CAROLA	32.79	2023
		2	VACCARI MONICA	33.69	2022
		3	GIVANNI TULLIA	34.46	2023
		4	PEDACCHIOLA DANIELA MARIA	34.54	2022
		5	CORNELLI ALESSANDRA	34.87	2017
		6	SCHIAVONI CECILIA	34.93	2023
		7	CORO' MONICA	35.84	2022
		8	CORNIANI LIANA	36.36	2016
		9	SORDELLI SUSANNA	36.43	2018
		10	PETRACCHI DANIELA	37.30	2023
	M65	1	CORNELLI ALESSANDRA	36.02	2021
		2	SMITH Carole Wendy	36.34	2018
		3	GAVOGLIO GRAZIA	39.59	2018

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	GUGLIELMI MIRA	40.68	2017
		5	CHIARPOTTO ELENA MARIA	42.16	2019
		6	TUCCI GABRIELLA	42.30	2006
		7	COSTA ANGELA MARIA	44.01	2019
		8	CAPRIOLI CRISTINA	44.64	2019
		9	ATTIANESE FRANCESCA	46.15	2018
		10	LANG BARBARA	47.29	2014
	M70	1	SMITH Carole Wendy	39.15	2023
		2	GUGLIELMI MIRA	42.62	2022
		3	TUCCI GABRIELLA	43.02	2008
		4	GAVOGLIO GRAZIA	44.01	2023
		5	CAPRIOLI CRISTINA	50.62	2023
		6	MELIS MARIA IMMACOLATA	53.95	2019
		7	FAUCCI LOSITO LAURA	54.33	2014
		8	MACCHIONI FIORELLA	54.51	2017
		9	COLZI NICOLETTA	54.92	2019
		10	ANDROSONI RITA	55.04	2008
	M75	1	FAUCCI LOSITO LAURA	55.33	2017
		2	ANDROSONI RITA	59.71	2015
		3	ZORAIDA MIJATOV	1:06.13	2011
		4	RAMAGLI PAOLA	1:07.93	2018
		5	LIELLO ELEONORA	1:08.82	2009
		6	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	1:09.50	2022
		7	CASTIGLIONI ISABELLA	1:09.82	2021
		8	PARODI FRANCA	1:09.91	2007
		9	CECCHETTO LUISA	1:09.94	2022
		10	ORVIETO ELEONORA	1:11.38	2019
	M80	1	LOSITO LAURA	1:01.79	2023
		2	ANDROSONI RITA	1:04.11	2017
		3	LIELLO ELEONORA	1:12.36	2012
		4	ZORAIDA MIJATOV	1:15.18	2014
		5	BUTTARINI ANNA MARIA	1:35.56	2016
		6	HORR BARBARA	2:04.90	2019
	M85	1	LIELLO ELEONORA	1:24.08	2016
100 Farfalla	M25	1	MARTIRADONNA JENNIFER GRAZIA	1:03.30	2023
		2	LUCCHESI VERONICA	1:03.69	2023
		3	PAPINI SARA	1:04.15	2015
		4	ANFOSSI GIULIA	1:04.76	2011
		5	BIANZANI LAURA	1:05.10	2003
		6	PANUNZI VALENTINA	1:05.44	2020
		7	ANTONINI FRANCESCA	1:05.48	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		8	MUSSI SABINA	1:05.54	2014
		9	JEHNE SUSAN	1:05.61	2018
		10	MAGNELLI SAMUELA	1:05.62	2009
	M30	1	NERI VERONICA	1:03.01	2023
		2	BIANZANI LAURA	1:03.34	2006
		3	PAPINI SARA	1:04.43	2017
		4	IRACE ALFONSINA	1:04.56	2009
		5	JEHNE SUSAN ANDREA VIKTORIA	1:05.38	2020
		6	BORIO PATRIZIA	1:05.47	2006
		7	LO SICCO STEFANIA	1:06.11	2018
		8	ROTONDI SARA	1:06.15	2021
		9	ANTONINI FRANCESCA	1:06.23	2019
		10	STASI MARINA	1:06.30	2020
	M35	1	CRESCENTINI ROBERTA	1:04.18	2013
		2	BOUROVA OLESSIA	1:05.24	2016
		3	SORO MONICA	1:06.30	2005
		4	PAROCCHI SILVIA	1:06.37	2003
		5	CORBINO VALERIA	1:06.43	2014
		6	CIOTTI FLORENCE	1:06.68	2009
		7	DAMIANI VALERIA	1:06.88	2013
		8	IRACE ALFONSINA	1:06.93	2012
		9	DE PONTI DANIELA	1:07.11	2004
		10	PULVIRENTI CHIARA	1:07.79	2017
	M40	1	PAROCCHI SILVIA	1:04.93	2006
		2	DE PONTI DANIELA	1:05.45	2006
		3	CRESCENTINI ROBERTA	1:06.17	2018
		4	KULIS MARZENA	1:06.40	2007
		5	DAMIANI VALERIA	1:06.98	2017
		6	BORIO PATRIZIA	1:07.33	2020
		7	IRACE ALFONSINA	1:07.60	2017
		8	NISTRI CRISTINA	1:07.82	2006
		9	BOSISIO FRANCA	1:08.14	2008
		10	BORTOLOTTI MAGDA IDA	1:08.70	2012
	M45	1	SORO MONICA	1:05.83	2016
		2	BOSISIO FRANCA	1:06.28	2015
		3	DE PONTI DANIELA	1:06.73	2014
		4	PAROCCHI SILVIA	1:06.84	2012
		5	PAPANDREA TIZIANA	1:07.81	2020
		6	KULIS MARZENA	1:08.09	2009
		7	TOCCHINI ILARIA	1:08.15	2015
		8	NOERA GIULIA	1:08.64	2015
		9	DAMIANI VALERIA	1:08.73	2022

GARA	CAT	#	ATLETA	TEMPO	ANNO
		10	BORIO PATRIZIA	1:09.48	2021
	M50	1	DE PONTI DANIELA	1:06.88	2016
		2	PAROCCHI SILVIA	1:07.73	2016
		3	BOSISIO FRANCA	1:07.79	2018
		4	DEPONTI DANIELA	1:07.88	2018
		5	NOERA GIULIA	1:10.48	2017
		6	MALTINTI MANUELA	1:11.84	2021
		7	KULIS MARZENA	1:12.41	2015
		8	UBERTI MARIA PAOLA	1:12.69	2014
		9	VITALONI SABINA	1:13.54	2020
		10	PEDACCHIOLA DANIELA	1:13.85	2016
	M55	1	BOSISIO FRANCA	1:08.22	2023
		2	PAROCCHI SILVIA	1:09.71	2022
		3	DEPONTI DANIELA	1:10.20	2020
		4	PEDACCHIOLA DANIELA MARIA	1:11.72	2018
		5	VACCARI MONICA	1:12.48	2017
		6	NOERA GIULIA	1:13.07	2023
		7	GIVANNI TULLIA	1:16.72	2016
		8	HOAG JANE ANN	1:17.11	2022
		9	SCHIAVONI CECILIA	1:20.30	2019
		10	SORDELLI SUSANNA	1:21.45	2015
	M60	1	PEDACCHIOLA DANIELA MARIA	1:13.70	2023
		2	VACCARI MONICA	1:16.61	2023
		3	GIVANNI TULLIA	1:20.11	2021
		4	CORNELLI ALESSANDRA	1:23.49	2016
		5	SCHIAVONI CECILIA	1:23.74	2023
		6	SORDELLI SUSANNA	1:24.65	2018
		7	GUGLIELMI MIRA	1:27.53	2013
		8	NEGRI ORIETTA	1:31.09	2015
		9	GAVOGLIO GRAZIA	1:33.31	2016
		10	MOSCA CRISTINA	1:37.98	2023
	M65	1	SORDELLI SUSANNA	1:31.28	2022
		2	SMITH Carole Wendy	1:33.41	2019
		3	GAVOGLIO GRAZIA	1:35.25	2018
		4	TUCCI GABRIELLA	1:42.61	2005
		5	CAPRIOLI CRISTINA	1:49.81	2019
		6	MELIS MARIA IMMACOLATA	1:55.86	2014
		7	MACIOCE FIORELLA	2:00.14	2012
		8	STORACE STEFANIA ANNA	2:01.04	2022
		9	COLZI NICOLETTA	2:01.61	2016
		10	AROSIO MARIA LUISA	2:05.66	2019
	M70	1	GUGLIELMI MIRA	1:42.63	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	GAVOGLIO GRAZIA	1:45.67	2023
		3	MELIS MARIA IMMACOLATA	1:55.40	2017
		4	COLZI NICOLETTA	2:01.26	2019
		5	ANDROSONI RITA	2:02.80	2008
		6	FAUCCI LOSITO LAURA	2:07.80	2015
		7	MACIOCE FIORELLA	2:14.20	2017
		8	CASTIGLIONI ISABELLA	2:20.00	2017
		9	CECCHETTO LUISA	2:33.86	2018
		10	LORENZI GRAZIELLA	2:41.73	2014
	M75	1	MELIS MARIA IMMACOLATA	2:02.16	2022
		2	FAUCCI LOSITO LAURA	2:14.13	2017
		3	ZORAIDA MIJATOV	2:36.71	2011
		4	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	2:36.95	2023
		5	CECCHETTO LUISA	2:37.19	2023
		6	CASTIGLIONI ISABELLA	2:37.22	2022
		7	LIELLO ELEONORA	2:45.98	2009
		8	PARODI FRANCA	3:04.22	2010
		9	BUT TARINI ANNA MARIA	3:12.37	2011
		10	LORENZI GRAZIELLA	3:18.43	2019
	M80	1	LIELLO ELEONORA	3:06.27	2012
200 Farfalla	M25	1	PANUNZI VALENTINA	2:20.78	2018
		2	MAMMI ELISA	2:21.08	2016
		3	SAVO LAURA	2:22.43	2014
		4	MAGNELLI SAMUELA	2:23.46	2009
		5	PAPINI SARA	2:24.71	2015
		6	BRUZZANO ROSA	2:24.85	2018
		7	BIANZANI LAURA	2:25.49	2003
		8	LONGOBARDI MARIA PIA	2:27.04	2017
		9	CERIANI FRANCESCA	2:27.05	2020
		10	FELCINI MARZIA	2:27.42	2013
	M30	1	BIANZANI LAURA	2:19.34	2004
		2	PAPINI SARA	2:22.78	2016
		3	MAMMI ELISA	2:25.26	2021
		4	BALDINI ALESSANDRA	2:26.77	2008
		5	JEHNE SUSAN ANDREA VIKTORIA	2:27.21	2020
		6	CERIANI FRANCESCA	2:27.76	2023
		7	DAMIANI VALERIA	2:27.99	2010
		8	BORIO PATRIZIA	2:28.06	2006
		9	CIOTTI FLORENCE	2:28.74	2008
		10	MUCCIOLI SIMONA	2:29.00	2014
	M35	1	DAMIANI VALERIA	2:26.51	2012

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	OLMI MONICA	2:26.81	2007
		3	CIOTTI FLORENCE	2:27.18	2009
		4	CORBINO VALERIA	2:27.90	2014
		5	PULVIRENTI CHIARA	2:29.03	2017
		6	VERGANI VALERIA	2:31.29	2006
		7	BURGIO ORIANA	2:33.28	2015
		8	BARAVALLE SIMONA	2:35.10	2019
		9	BORIO PATRIZIA	2:35.24	2014
		10	SALA GIORGIA	2:35.45	2009
	M40	1	DAMIANI VALERIA	2:28.15	2018
		2	KULIS MARZENA	2:28.39	2007
		3	BORIO PATRIZIA	2:32.51	2019
		4	BOSISIO FRANCA	2:33.95	2007
		5	NISTRI CRISTINA	2:34.27	2007
		6	DE PONTI DANIELA	2:34.85	2007
		7	NOERA GIULIA	2:36.82	2009
		8	CORIO LUCILLA	2:40.16	2009
		9	PALASCIANO LAURA	2:40.43	2011
		10	PIANCASTELLI IRENE	2:41.93	2015
	M45	1	BOSISIO FRANCA	2:29.23	2015
		2	DE PONTI DANIELA	2:35.29	2013
		3	NOERA GIULIA	2:35.58	2013
		4	PEDACCHIOLA DANIELA	2:37.97	2009
		5	DAMIANI VALERIA	2:38.19	2022
		6	FERRANDO ELEONORA	2:39.00	2017
		7	CORIO LUCILLA	2:42.48	2014
		8	VACCARI MONICA	2:44.83	2008
		9	SKIFF SUSAN	2:45.01	2001
		10	CANAZZA SILVIA	2:46.68	2019
	M50	1	BOSISIO FRANCA	2:28.69	2018
		2	DE PONTI DANIELA	2:31.17	2016
		3	DEPONTI DANIELA	2:36.46	2018
		4	PEDACCHIOLA DANIELA	2:41.73	2016
		5	FERRANDO ELEONORA	2:43.38	2020
		6	HOAG JANE ANN	2:43.83	2018
		7	MALTINTI MANUELA	2:44.32	2023
		8	CORIO LUCILLA	2:46.03	2017
		9	NOERA GIULIA	2:50.53	2020
		10	RADICE CLAUDIA	2:50.78	2019
	M55	1	BOSISIO FRANCA	2:32.91	2023
		2	PEDACCHIOLA DANIELA MARIA	2:38.82	2018
		3	VACCARI MONICA	2:47.64	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	LIVERINI GIORDANA	2:59.66	2020
		5	GUGLIELMI MIRA	3:00.29	2009
		6	SORDELLI SUSANNA	3:09.58	2011
		7	GARBARINO CARLA	3:11.93	2019
		8	OUSPENKINA LARISSA	3:11.98	2023
		9	SCHIAVONI CECILIA	3:20.42	2020
		10	GIACOMETTI ELISABETTA	3:24.44	2017
	M60	1	PEDACCHIOLA DANIELA MARIA	2:46.80	2023
		2	SORDELLI SUSANNA	3:16.97	2016
		3	SCHIAVONI CECILIA	3:20.77	2023
		4	GUGLIELMI MIRA	3:31.42	2014
		5	TRIPPI MONICA	3:32.29	2018
		6	BITTANTE EMANUELA	3:41.25	2022
		7	GAVOGLIO GRAZIA	3:41.60	2014
		8	IANNIELLO LUCIA	3:42.21	2019
		9	GIACOMETTI ELISABETTA	3:44.81	2022
		10	MONTAGNANI SIMONA	3:50.27	2022
	M65	1	GUGLIELMI MIRA	3:34.76	2017
		2	GAVOGLIO GRAZIA	3:39.16	2019
		3	ANDROSONI RITA	3:59.69	2003
		4	CAPRIOLI CRISTINA	4:10.92	2019
		5	MELIS MARIA IMMACOLATA	4:11.54	2014
		6	CANGELLI CLAUDIA	4:14.13	2016
		7	STORACE STEFANIA ANNA	4:18.61	2023
		8	COLZI NICOLETTA	4:23.22	2019
		9	DE CAROLIS RITA	4:31.43	2006
		10	CASTIGLIONI ISABELLA	4:39.32	2013
	M70	1	GUGLIELMI MIRA	3:41.78	2023
		2	GAVOGLIO GRAZIA	3:52.95	2023
		3	MELIS MARIA IMMACOLATA	4:16.64	2017
		4	ANDROSONI RITA	4:23.36	2007
		5	COLZI NICOLETTA	4:32.57	2022
		6	CAPRIOLI CRISTINA	4:49.86	2022
		7	CASTIGLIONI ISABELLA	5:00.40	2017
		8	CECCHETTO LUISA	5:09.36	2018
		9	FAUCCI LOSITO LAURA	5:16.08	2014
		10	MURGIA MARIA LUISA	5:41.00	2013
	M75	1	MELIS MARIA IMMACOLATA	4:36.74	2022
		2	ANDROSONI RITA	4:43.13	2012
		3	CECCHETTO LUISA	5:33.67	2022
		4	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	5:35.19	2022

GARA	CAT	#	ATLETA	TEMPO	ANNO
100 Misti		5	FAUCCI LOSITO LAURA	5:35.50	2017
		6	CASTIGLIONI ISABELLA	5:39.65	2022
		7	BUTTARINI ANNA MARIA	6:31.51	2011
		8	LORENZI GRAZIELLA	7:17.85	2019
	M25	1	LUCCHESI VERONICA	1:05.94	2022
		2	POZZI MARGHERITA	1:06.45	2016
		3	MARTIRADONNA JENNIFER GRAZIA	1:06.73	2023
		4	SCIOCCETTI CINZIA	1:06.91	2017
		5	LUCCONI VALENTINA	1:07.28	2017
		6	CANAVESI GIADA	1:07.40	2019
		7	LONZARDI LINDA	1:07.55	2017
		8	MARETTI ALESSANDRA	1:08.04	2023
		9	PANUNZI VALENTINA	1:08.07	2018
		10	CATANIA VALENTINA	1:08.10	2022
	M30	1	NERI VERONICA	1:05.78	2022
		2	CAPPA DESIREE	1:07.21	2015
		3	COICA NICOLETA	1:07.34	2013
		4	IRACE ALFONSINA	1:08.16	2009
		5	BALDINI ALESSANDRA	1:08.49	2005
		6	SORO MONICA	1:08.73	2004
		7	VENICE CARLA	1:08.77	2018
		8	BUSSOTTI LUCIA	1:08.79	2009
		9	BORIO PATRIZIA	1:08.90	2005
		10	TOSCANI SONIA	1:09.03	2023
	M35	1	CRESCENTINI ROBERTA	1:06.10	2011
		2	PAROCCHI SILVIA	1:06.50	2005
		3	SORO MONICA	1:07.77	2006
		4	COICA NICOLETA	1:08.48	2017
		5	CAPPA DESIREE	1:09.07	2022
		6	BOUROVA OLESSIA	1:09.18	2018
		7	CASSARO ROSARIA	1:09.48	2010
		8	DE PONTI DANIELA	1:09.83	2003
		9	BUSSOTTI LUCIA	1:10.13	2015
		10	KULIS MARZENA	1:10.32	2002
	M40	1	SORO MONICA	1:07.35	2011
		2	PAROCCHI SILVIA	1:08.18	2006
		3	BIANCONI LARA	1:08.44	2014
		4	TRAVAGLINI FRANCESCA	1:08.48	2016
		5	CRESCENTINI ROBERTA	1:08.71	2019
		6	VERGANI VALERIA	1:08.87	2014
		7	DE PONTI DANIELA	1:08.99	2006
		8	KULIS MARZENA	1:09.40	2007

GARA	CAT	#	ATLETA	TEMPO	ANNO
		9	BOUROVA OLESSIA	1:10.15	2020
		10	VITALONI SABINA	1:10.22	2009
	M45	1	SORO MONICA	1:07.98	2015
		2	CRESCENTINI ROBERTA	1:08.51	2020
		3	KULIS MARZENA	1:08.85	2009
		4	PAROCCHI SILVIA	1:09.17	2012
		5	BOSISIO FRANCA	1:09.38	2014
		6	VITALONI SABINA	1:10.07	2016
		7	PAPANDREA TIZIANA	1:10.92	2019
		8	BOUROVA VLADA	1:11.05	2016
		9	TOCCHINI ILARIA	1:11.09	2016
		10	DE PONTI DANIELA	1:11.34	2014
	M50	1	DE PONTI DANIELA	1:09.75	2016
		2	SORO MONICA	1:10.23	2022
		3	PAROCCHI SILVIA	1:10.32	2016
		4	DEPONTI DANIELA	1:11.01	2018
		5	VITALONI SABINA	1:12.47	2019
		6	TOCCHINI ILARIA	1:12.85	2017
		7	CORO' MONICA	1:12.87	2016
		8	KULIS MARZENA	1:13.30	2018
		9	MALTINTI MANUELA	1:13.62	2022
		10	MOLINARI LAURA	1:14.35	2022
	M55	1	DEPONTI DANIELA	1:12.10	2020
		2	DE GIOANNIS CARLA	1:14.38	2023
		3	PAROCCHI SILVIA	1:14.53	2022
		4	CORO' MONICA	1:14.59	2017
		5	KULIS MARZENA	1:14.81	2023
		6	MOLINARI LAURA	1:16.37	2023
		7	VACCARI MONICA	1:16.81	2017
		8	NOERA GIULIA	1:17.49	2023
		9	LIVERINI GIORDANA	1:18.00	2020
		10	PEDACCHIOLA DANIELA MARIA	1:18.83	2019
	M60	1	CORO' MONICA	1:17.72	2022
		2	PETRACCHI DANIELA	1:20.55	2022
		3	SORDELLI SUSANNA	1:20.63	2017
		4	VACCARI MONICA	1:21.09	2023
		5	SALVIA VALENTINA	1:21.15	2019
		6	CORNELLI ALESSANDRA	1:21.44	2017
		7	GIVANNI TULLIA	1:22.72	2021
		8	SMITH CAROLE	1:23.15	2013
		9	CORNIANI LIANA	1:23.39	2016
		10	SCHIAVONI CECILIA	1:23.79	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
	M65	1	CORNELLI ALESSANDRA	1:25.08	2021
		2	SMITH Carole Wendy	1:25.96	2018
		3	SORDELLI SUSANNA	1:26.30	2022
		4	GUGLIELMI MIRA	1:30.98	2018
		5	FORESIO ROSSELLA	1:31.06	2016
		6	GAVOGLIO GRAZIA	1:32.66	2019
		7	MARESCA LUISA	1:33.95	2023
		8	NEGRI ORIETTA	1:35.67	2023
		9	TUCCI GABRIELLA	1:37.80	2007
		10	CAPITANO ADELE	1:39.67	2023
	M70	1	SMITH Carole Wendy	1:31.35	2023
		2	GUGLIELMI MIRA	1:38.13	2023
		3	TUCCI GABRIELLA	1:38.76	2008
		4	MARTING RENATA	1:48.91	2006
		5	ANDROSONI RITA	1:49.19	2008
		6	FAUCCI LOSITO LAURA	1:51.15	2013
		7	CAPRIOLI CRISTINA	1:52.56	2022
		8	MELIS MARIA IMMACOLATA	1:56.90	2017
		9	HUBER CHRISTINA	1:57.03	2023
		10	MOLTEDO LAURA	1:57.78	2017
	M75	1	TUCCI GABRIELLA	1:53.55	2017
		2	FAUCCI LOSITO LAURA	1:54.89	2017
		3	ANDROSONI RITA	1:58.59	2012
		4	MARTING RENATA	1:59.00	2011
		5	MOLTEDO LAURA	2:04.31	2022
		6	PARODI FRANCA	2:05.85	2008
		7	CERNICH VELLEDA	2:06.34	2018
		8	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	2:07.46	2023
		9	CASTIGLIONI ISABELLA	2:07.67	2021
		10	GRIFFIN CATHERINE	2:17.71	2013
	M80	1	TUCCI GABRIELLA	1:59.67	2018
		2	ANDROSONI RITA	2:10.51	2017
		3	PARODI FRANCA	2:22.98	2013
		4	TORTORELLI PAOLA	2:42.50	2015
		5	LIELLO ELEONORA	2:44.44	2012
		6	HEINING GISELA	2:51.72	2019
		7	BUTTARINI ANNA MARIA	3:18.81	2016
		8	ANCONETANI ROSA	3:35.08	2009
		9	HORR BARBARA	3:44.87	2019
		10	MILAZZO MARIA	3:46.30	2008
	M85	1	LIELLO ELEONORA	2:43.83	2016

GARA	CAT	#	ATLETA	TEMPO	ANNO
200 Misti	M25	2	MILAZZO MARIA	3:52.31	2010
		1	STRIPPOLI SOFIA	2:19.52	2019
		2	LUCCONI VALENTINA	2:21.94	2018
		3	SIMIONATO ELISA	2:24.67	2019
		4	LONGOBARDI MARIA PIA	2:25.54	2017
		5	PANUNZI VALENTINA	2:25.59	2019
		6	GARGIONI ARIANNA	2:25.74	2014
		7	POZZI MARGHERITA	2:26.04	2016
		8	COLOMBI SHARON	2:26.35	2022
		9	VIRGILIO ALESSIA	2:26.79	2016
		10	BRANDI VALENTINA	2:27.18	2009
	M30	1	CAPPA DESIREE	2:25.04	2018
		2	IOPPI ROBERTA	2:25.14	2017
		3	BALDINI ALESSANDRA	2:25.70	2008
		4	VIRGILIO ALESSIA	2:26.10	2019
		5	BUSSOTTI LUCIA	2:26.92	2009
		6	ANTONINI FRANCESCA	2:28.39	2018
		7	BURGIO ORIANA	2:29.06	2011
		8	BORIO PATRIZIA	2:29.55	2007
		9	BIANZANI LAURA	2:29.62	2007
		10	GUALANDI CHIARA	2:29.75	2020
	M35	1	PAROCCHI SILVIA	2:26.89	2005
		2	CRESCENTINI ROBERTA	2:28.47	2012
		3	COICA NICOLETA	2:29.37	2018
		4	SORO MONICA	2:29.76	2006
		5	VERGANI VALERIA	2:31.17	2007
		6	BUSSOTTI LUCIA	2:31.37	2017
		7	SPICOLA TANIA	2:32.34	2022
		8	BIANCONI LARA	2:32.50	2013
		9	BORIO PATRIZIA	2:32.63	2015
		10	PULVIRENTI CHIARA	2:32.77	2017
	M40	1	VERGANI VALERIA	2:27.20	2013
		2	PAROCCHI SILVIA	2:27.66	2007
		3	KULIS MARZENA	2:28.94	2007
		4	BIANCONI LARA	2:29.11	2014
		5	BORIO PATRIZIA	2:31.32	2019
		6	DE PONTI DANIELA	2:32.62	2005
		7	BUSSOTTI LUCIA	2:33.69	2023
		8	VITALONI SABINA	2:34.02	2009
		9	BARAVALLE SIMONA	2:36.38	2022
		10	BOUROVA OLESSIA	2:36.40	2022
	M45	1	KULIS MARZENA	2:29.40	2009

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	PAROCCHI SILVIA	2:30.11	2011
		3	BOSISIO FRANCA	2:31.79	2014
		4	VITALONI SABINA	2:32.96	2016
		5	SORO MONICA	2:33.05	2016
		6	PAPANDREA TIZIANA	2:33.11	2019
		7	BORIO PATRIZIA	2:34.72	2022
		8	DE PONTI DANIELA	2:35.56	2013
		9	IRACE ALFONSINA	2:37.01	2023
		10	BOUROVA VLADA	2:39.24	2014
	M50	1	PAPANDREA TIZIANA	2:30.50	2023
		2	DE PONTI DANIELA	2:32.10	2016
		3	KULIS MARZENA	2:34.70	2017
		4	DEPONTI DANIELA	2:35.39	2018
		5	PAROCCHI SILVIA	2:36.38	2016
		6	HOAG JANE ANN	2:38.03	2019
		7	MALTINTI MANUELA	2:39.35	2022
		8	FERRANDO ELEONORA	2:41.21	2020
		9	RADICE CLAUDIA	2:43.31	2016
		10	PETRONI STEFANIA	2:45.90	2017
	M55	1	KULIS MARZENA	2:37.71	2019
		2	DEPONTI DANIELA	2:38.04	2020
		3	PAROCCHI SILVIA	2:38.06	2022
		4	HOAG JANE ANN	2:43.65	2022
		5	LIVERINI GIORDANA	2:47.57	2020
		6	VACCARI MONICA	2:48.86	2019
		7	PEDACCHIOLA DANIELA MARIA	2:48.97	2018
		8	SORDELLI SUSANNA	2:49.08	2011
		9	ALESSANDRINI RAFFAELA	2:53.11	2020
		10	OUSPENKINA LARISSA	2:56.53	2022
	M60	1	SORDELLI SUSANNA	2:51.47	2017
		2	PETRACCHI DANIELA	2:57.37	2022
		3	GIVANNI TULLIA	3:01.08	2022
		4	SALVIA VALENTINA	3:01.42	2020
		5	GUGLIELMI MIRA	3:05.97	2012
		6	SCHIAVONI CECILIA	3:07.54	2023
		7	PERGOLA STELLA MARIA	3:12.12	2022
		8	VIGNETTI MONICA	3:15.06	2021
		9	O'BRIEN CATHLEEN ERIN	3:16.51	2021
		10	BITTANTE EMANUELA	3:16.72	2023
	M65	1	SORDELLI SUSANNA	3:05.60	2022
		2	SMITH Carole Wendy	3:14.30	2018
		3	GUGLIELMI MIRA	3:14.64	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	GAVOGLIO GRAZIA	3:24.20	2019
		5	VICARI ARIANNA	3:29.61	2022
		6	NEGRI ORIETTA	3:29.66	2023
		7	TUCCI GABRIELLA	3:35.29	2003
		8	CUSARO RITA	3:40.99	2022
		9	CANGELLI CLAUDIA	3:41.11	2016
		10	MOLTEDO LAURA	3:50.23	2012
	M70	1	GUGLIELMI MIRA	3:23.74	2022
		2	TUCCI GABRIELLA	3:40.96	2008
		3	MARTING RENATA	3:56.25	2006
		4	FAUCCI LOSITO LAURA	3:58.93	2015
		5	ANDROSONI RITA	4:09.89	2009
		6	CAPRIOLI CRISTINA	4:10.62	2023
		7	MELIS MARIA IMMACOLATA	4:17.80	2017
		8	CASTIGLIONI ISABELLA	4:17.98	2017
		9	BALUGANI MARIA	4:35.92	2014
		10	MACIOCE FIORELLA	4:41.27	2017
	M75	1	FAUCCI LOSITO LAURA	4:08.35	2017
		2	MARTING RENATA	4:22.37	2011
		3	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	4:38.64	2022
		4	PARODI FRANCA	4:43.94	2007
		5	CASTIGLIONI ISABELLA	4:47.46	2022
		6	CECCHETTO LUISA	5:04.85	2022
		7	GRIFFIN CATHERINE	5:08.96	2014
		8	BALUGANI MARIA	5:11.36	2020
		9	ORVIETO ELEONORA	5:13.91	2020
		10	LIELLO ELEONORA	5:33.12	2009
	M80	1	LOSITO LAURA	4:26.58	2023
		2	LIELLO ELEONORA	5:48.65	2012
		3	BUTTARINI ANNA MARIA	7:08.05	2016
400 Misti	M25	1	PANUNZI VALENTINA	4:59.45	2018
		2	GARGIONI ARIANNA	5:03.27	2014
		3	LUCCONI VALENTINA	5:05.55	2018
		4	LONGOBARDI MARIA PIA	5:06.99	2017
		5	VIRGILIO ALESSIA	5:07.33	2016
		6	SCIOCCHETTI CINZIA	5:10.26	2017
		7	SIMIONATO ELISA	5:12.58	2019
		8	BUSSOTTI LUCIA	5:15.11	2008
		9	BRANDI VALENTINA	5:15.20	2009
		10	LUGANO DILETTA	5:15.76	2009
	M30	1	IOPPI ROBERTA	5:05.66	2017

GARA	CAT	#	ATLETA	TEMPO	ANNO
		2	BURGIO ORIANA	5:10.91	2012
		3	VIRGILIO ALESSIA	5:13.22	2019
		4	BUSSOTTI LUCIA	5:18.23	2009
		5	ANTONINI FRANCESCA	5:19.28	2018
		6	BIANZANI LAURA	5:19.38	2007
		7	DI GIOVANNI MARZIA	5:22.61	2019
		8	CHITI STEFANIA	5:26.65	2022
		9	GRILLO BARBARA	5:26.92	2002
		10	MAFFEIS ILARIA	5:26.96	2019
	M35	1	VERGANI VALERIA	5:12.40	2007
		2	OLMI MONICA	5:17.25	2005
		3	BUSSOTTI LUCIA	5:19.74	2017
		4	COICA NICOLETA	5:27.12	2017
		5	GUALANDI CHIARA	5:28.57	2023
		6	CATTANEO RAFFAELLA	5:29.14	2004
		7	MAFFEIS ILARIA	5:29.28	2022
		8	PULVIRENTI CHIARA	5:29.62	2019
		9	BORIO PATRIZIA	5:29.89	2014
		10	VENTISETTE GIULIA	5:31.09	2023
	M40	1	VERGANI VALERIA	5:11.10	2013
		2	PAROCCHI SILVIA	5:24.23	2007
		3	BORIO PATRIZIA	5:26.77	2020
		4	BUSSOTTI LUCIA	5:27.56	2019
		5	BENVENUTI CHIARA	5:34.83	2017
		6	BARAVALLE SIMONA	5:36.06	2023
		7	BORRELLO CLIZIA	5:36.76	2020
		8	NUNIA ANNA MARIA	5:37.72	2003
		9	PIANCASTELLI IRENE	5:38.04	2016
		10	ANGELINI VALERIA	5:38.86	2020
	M45	1	BOSISIO FRANCA	5:22.81	2014
		2	FERRANDO ELEONORA	5:39.90	2017
		3	RADICE CLAUDIA	5:43.06	2015
		4	BORRELLO CLIZIA	5:45.23	2022
		5	TARANTINO CRISTINA	5:45.45	2002
		6	SORO MONICA	5:47.74	2019
		7	ALEEVA REZEDA	5:47.98	2012
		8	VOLPI LAURA	5:51.27	2019
		9	PETRONI STEFANIA	5:51.47	2012
		10	MALTINTI MANUELA	5:51.84	2018
	M50	1	KULIS MARZENA	5:24.45	2017
		2	HOAG JANE ANN	5:30.92	2018
		3	DEPONTI DANIELA	5:31.87	2018

GARA	CAT	#	ATLETA	TEMPO	ANNO
		4	BOSISIO FRANCA	5:32.85	2018
		5	MALTINTI MANUELA	5:37.68	2022
		6	FERRANDO ELEONORA	5:38.77	2019
		7	RADICE CLAUDIA	5:43.10	2016
		8	LIVERINI GIORDANA	5:47.30	2017
		9	TARANTINO CRISTINA	5:52.24	2009
		10	DENOTTI ALBA	6:00.58	2020
	M55	1	BOSISIO FRANCA	5:33.65	2023
		2	DEPONTI DANIELA	5:34.14	2020
		3	RADICE CLAUDIA	5:50.89	2021
		4	LIVERINI GIORDANA	5:51.19	2020
		5	SORDELLI SUSANNA	6:00.23	2011
		6	GARBARINO CARLA	6:09.44	2017
		7	GUGLIELMI MIRA	6:14.01	2007
		8	ALESSANDRINI RAFFAELA	6:14.17	2020
		9	OUSPENKINA LARISSA	6:19.61	2023
		10	CAVALLERO SIMONETTA	6:21.13	2020
	M60	1	SORDELLI SUSANNA	6:07.12	2016
		2	GARBARINO CARLA	6:23.76	2022
		3	GUGLIELMI MIRA	6:42.84	2013
		4	TRIPPI MONICA	6:50.65	2020
		5	BITTANTE EMANUELA	6:54.17	2023
		6	SCHIAVONI CECILIA	6:55.21	2023
		7	PUCCIO MARINA	6:55.81	2019
		8	PERGOLA STELLA MARIA	6:57.71	2023
		9	GARIGLIO DANIELA	7:19.75	2016
		10	VECCHI MARIAROSE	7:21.87	2013
	M65	1	GUGLIELMI MIRA	6:39.47	2017
		2	SORDELLI SUSANNA	6:40.39	2023
		3	GAVOGLIO GRAZIA	7:15.96	2019
		4	CANGELLI CLAUDIA	7:49.11	2016
		5	CATANZARO MANUELA	8:02.03	2021
		6	CAPRIOLI CRISTINA	8:20.13	2019
		7	CASTIGLIONI ISABELLA	8:21.23	2013
		8	STORACE STEFANIA ANNA	8:28.25	2023
		9	CALAMAI MONICA	8:34.35	2020
		10	COLZI NICOLETTA	8:46.53	2017
	M70	1	GUGLIELMI MIRA	7:17.16	2022
		2	MARTING RENATA	8:23.80	2005
		3	ANDROSONI RITA	8:24.20	2008
		4	FAUCCI LOSITO LAURA	8:45.21	2013
		5	CAPRIOLI CRISTINA	9:00.30	2023

GARA	CAT	#	ATLETA	TEMPO	ANNO
		6	MELIS MARIA IMMACOLATA	9:01.66	2017
		7	CASTIGLIONI ISABELLA	9:03.37	2019
		8	COLZI NICOLETTA	9:10.09	2022
		9	CAROSSO ANNAMARIA	9:35.69	2007
		10	CECCHETTO LUISA	9:50.26	2018
	M75	1	FAUCCI LOSITO LAURA	8:59.21	2017
		2	ANDROSONI RITA	9:10.59	2012
		3	CASTIGLIONI ISABELLA	9:26.01	2022
		4	CASTIGLIONI ISABELLA MARGHERITA GIACINTA	9:55.01	2023
		5	CECCHETTO LUISA	10:28.19	2023
		6	LORENZI GRAZIELLA	11:49.71	2019