

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE,
AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
25-29	50 STILE LIBERO	21.97	23.02	25.34	26.19
	100 STILE LIBERO	48.77	50.93	55.24	57.78
	200 STILE LIBERO	1:48.77	1:52.57	2:02.40	2:05.22
	400 STILE LIBERO	3:56.65	4:03.53	4:23.11	4:21.65
	800 STILE LIBERO	8:17.67	8:31.62	9:03.87	8:59.46
	1500 STILE LIBERO	15:57.45	16:29.54	17:11.23	17:27.99
	50 DORSO	24.39	26.11	28.69	29.88
	100 DORSO	54.00	56.50	1:02.28	1:04.79
	200 DORSO	2:00.23	2:05.21	2:16.13	2:20.11
	50 RANA	27.26	27.80	31.77	32.64
	100 RANA	59.91	1:02.14	1:09.43	1:12.38
	200 RANA	2:12.49	2:17.50	2:31.31	2:38.10
	50 FARFALLA	23.58	24.24	27.03	27.41
	100 FARFALLA	52.73	54.42	1:00.42	1:01.58
	200 FARFALLA	1:59.49	2:04.83	2:17.36	2:18.86
	100 MISTI	54.79	-	1:03.42	-
	200 MISTI	2:01.33	2:06.59	2:19.03	2:22.45
	400 MISTI	4:27.13	4:34.70	4:55.64	5:06.19
30-34	50 STILE LIBERO	22.10	22.87	25.73	26.23
	100 STILE LIBERO	49.11	50.76	56.05	57.57
	200 STILE LIBERO	1:49.10	1:53.55	2:04.40	2:06.12
	400 STILE LIBERO	3:58.32	4:02.87	4:21.68	4:26.74
	800 STILE LIBERO	8:19.96	8:25.14	9:02.35	9:14.56
	1500 STILE LIBERO	16:00.66	16:28.51	17:23.67	17:43.01
	50 DORSO	24.80	26.40	29.12	29.85
	100 DORSO	54.44	57.31	1:03.06	1:05.10
	200 DORSO	2:00.51	2:06.21	2:16.22	2:21.34
	50 RANA	27.42	28.66	31.94	32.81
	100 RANA	1:00.64	1:03.46	1:10.18	1:13.04
	200 RANA	2:13.31	2:20.53	2:34.02	2:39.54
	50 FARFALLA	23.94	24.31	27.51	27.92
	100 FARFALLA	53.56	54.46	1:00.86	1:02.92
	200 FARFALLA	2:00.95	2:05.79	2:20.27	2:21.80
	100 MISTI	55.19	-	1:03.46	-
	200 MISTI	2:00.84	2:06.56	2:19.34	2:22.98
	400 MISTI	4:25.84	4:34.50	4:54.24	5:04.85

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE,
AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
35-39	50 STILE LIBERO	22.39	23.29	26.05	26.67
	100 STILE LIBERO	49.74	51.88	57.70	59.00
	200 STILE LIBERO	1:52.35	1:55.74	2:05.88	2:08.50
	400 STILE LIBERO	4:00.52	4:09.12	4:27.17	4:32.39
	800 STILE LIBERO	8:24.26	8:39.65	9:09.19	9:21.82
	1500 STILE LIBERO	16:08.92	16:40.35	17:31.91	17:58.62
	50 DORSO	25.40	26.90	29.64	30.98
	100 DORSO	55.79	59.01	1:03.72	1:06.47
	200 DORSO	2:03.87	2:09.71	2:18.11	2:23.25
	50 RANA	28.21	28.88	32.55	33.31
	100 RANA	1:01.72	1:04.60	1:11.02	1:13.64
	200 RANA	2:16.96	2:22.89	2:36.17	2:42.17
	50 FARFALLA	23.77	24.83	28.18	28.33
	100 FARFALLA	54.52	55.59	1:02.97	1:04.24
	200 FARFALLA	2:04.43	2:07.56	2:21.35	2:25.75
	100 MISTI	55.94	-	1:05.38	-
	200 MISTI	2:05.29	2:10.19	2:22.31	2:26.14
	400 MISTI	4:30.74	4:41.86	5:04.91	5:16.23
40-44	50 STILE LIBERO	23.21	23.75	26.54	26.90
	100 STILE LIBERO	51.04	52.81	58.17	59.84
	200 STILE LIBERO	1:53.72	1:57.18	2:07.69	2:11.29
	400 STILE LIBERO	4:02.18	4:12.47	4:27.82	4:33.91
	800 STILE LIBERO	8:25.87	8:44.41	9:17.76	9:24.28
	1500 STILE LIBERO	16:17.75	16:46.58	17:42.80	18:03.58
	50 DORSO	26.10	27.52	30.26	31.29
	100 DORSO	57.28	59.95	1:05.02	1:07.57
	200 DORSO	2:06.04	2:12.47	2:21.22	2:26.84
	50 RANA	28.75	29.33	33.25	33.63
	100 RANA	1:02.84	1:05.66	1:11.82	1:14.02
	200 RANA	2:18.58	2:25.65	2:38.32	2:42.71
	50 FARFALLA	24.88	25.39	28.70	28.98
	100 FARFALLA	56.14	57.27	1:04.60	1:05.73
	200 FARFALLA	2:05.88	2:10.81	2:24.77	2:26.95
	100 MISTI	57.82	-	1:06.11	-
	200 MISTI	2:07.61	2:13.36	2:23.65	2:28.22
	400 MISTI	4:34.18	4:47.70	5:07.11	5:21.34

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
45-49	50 STILE LIBERO	23.59	24.22	26.91	27.40
	100 STILE LIBERO	52.48	53.98	59.26	1:00.42
	200 STILE LIBERO	1:56.25	1:59.53	2:10.54	2:13.10
	400 STILE LIBERO	4:09.09	4:15.58	4:34.01	4:39.31
	800 STILE LIBERO	8:40.80	8:53.85	9:25.97	9:35.49
	1500 STILE LIBERO	16:44.20	17:10.62	18:01.53	18:27.54
	50 DORSO	26.88	28.10	30.81	31.79
	100 DORSO	58.32	1:01.26	1:06.51	1:08.80
	200 DORSO	2:10.44	2:15.65	2:24.80	2:30.92
	50 RANA	29.08	29.66	33.94	34.43
	100 RANA	1:04.25	1:06.50	1:13.71	1:15.94
	200 RANA	2:22.17	2:28.07	2:43.96	2:48.05
	50 FARFALLA	25.41	25.59	29.01	29.33
	100 FARFALLA	56.62	58.10	1:05.62	1:06.83
	200 FARFALLA	2:08.93	2:12.69	2:27.72	2:31.58
	100 MISTI	59.27	-	1:06.74	-
	200 MISTI	2:11.16	2:15.97	2:28.45	2:32.11
	400 MISTI	4:43.49	4:52.94	5:20.68	5:29.30
50-54	50 STILE LIBERO	24.09	24.72	27.61	28.06
	100 STILE LIBERO	53.75	54.99	1:01.16	1:02.13
	200 STILE LIBERO	1:58.26	2:02.34	2:12.80	2:15.96
	400 STILE LIBERO	4:14.44	4:20.60	4:40.33	4:45.63
	800 STILE LIBERO	8:50.89	9:02.96	9:38.52	9:52.54
	1500 STILE LIBERO	16:59.05	17:38.31	18:30.88	19:00.19
	50 DORSO	27.74	28.94	31.68	32.95
	100 DORSO	1:00.64	1:03.07	1:08.04	1:11.32
	200 DORSO	2:14.06	2:18.90	2:27.48	2:34.19
	50 RANA	29.96	30.74	35.26	36.31
	100 RANA	1:06.09	1:08.70	1:17.19	1:20.76
	200 RANA	2:27.16	2:32.97	2:50.36	2:56.14
	50 FARFALLA	26.10	26.56	29.98	30.26
	100 FARFALLA	58.87	1:00.11	1:08.12	1:09.19
	200 FARFALLA	2:12.68	2:17.08	2:32.19	2:37.26
	100 MISTI	1:00.89	-	1:09.15	-
	200 MISTI	2:14.13	2:20.10	2:31.91	2:36.66
	400 MISTI	4:50.04	5:00.91	5:26.90	5:35.64

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
55-59	50 STILE LIBERO	24.88	25.34	28.20	28.88
	100 STILE LIBERO	55.32	56.64	1:02.76	1:03.97
	200 STILE LIBERO	2:04.00	2:06.00	2:16.53	2:19.69
	400 STILE LIBERO	4:26.91	4:30.57	4:50.03	4:53.39
	800 STILE LIBERO	9:16.92	9:22.02	10:01.64	10:07.82
	1500 STILE LIBERO	17:50.63	18:09.82	19:13.02	19:25.09
	50 DORSO	28.86	29.98	32.90	33.79
	100 DORSO	1:02.79	1:06.30	1:11.52	1:13.82
	200 DORSO	2:18.40	2:25.25	2:35.35	2:42.08
	50 RANA	31.44	31.84	36.50	37.28
	100 RANA	1:09.47	1:11.41	1:20.13	1:22.60
	200 RANA	2:34.34	2:40.34	2:58.41	3:02.59
	50 FARFALLA	26.81	27.28	30.86	31.45
	100 FARFALLA	1:00.70	1:01.51	1:10.57	1:12.05
	200 FARFALLA	2:19.89	2:22.95	2:38.01	2:43.96
	100 MISTI	1:03.12	-	1:11.97	-
	200 MISTI	2:18.60	2:23.93	2:36.28	2:41.77
	400 MISTI	5:03.49	5:12.97	5:35.93	5:49.88
60-64	50 STILE LIBERO	25.69	26.14	29.57	29.96
	100 STILE LIBERO	57.59	58.93	1:05.87	1:06.78
	200 STILE LIBERO	2:08.51	2:12.06	2:23.94	2:28.24
	400 STILE LIBERO	4:36.74	4:40.95	5:03.60	5:15.88
	800 STILE LIBERO	9:34.33	9:45.97	10:22.24	10:48.36
	1500 STILE LIBERO	18:36.51	18:54.76	20:05.41	20:39.71
	50 DORSO	30.19	31.57	34.98	35.63
	100 DORSO	1:06.16	1:08.85	1:15.80	1:17.82
	200 DORSO	2:26.02	2:31.07	2:43.62	2:49.76
	50 RANA	32.43	33.22	38.52	38.99
	100 RANA	1:12.37	1:15.19	1:25.18	1:27.26
	200 RANA	2:42.52	2:47.92	3:06.55	3:13.36
	50 FARFALLA	28.03	28.19	32.47	32.64
	100 FARFALLA	1:03.95	1:05.12	1:14.18	1:16.36
	200 FARFALLA	2:29.22	2:33.04	2:54.28	2:59.68
	100 MISTI	1:06.93	#N/D	1:16.19	#N/D
	200 MISTI	2:27.01	2:31.75	2:45.68	2:52.38
	400 MISTI	5:20.97	5:29.37	5:58.15	6:13.33

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
65-69	50 STILE LIBERO	26.57	27.22	31.00	31.01
	100 STILE LIBERO	59.74	1:01.40	1:08.84	1:09.66
	200 STILE LIBERO	2:15.35	2:19.55	2:34.31	2:36.58
	400 STILE LIBERO	4:51.70	4:59.66	5:23.87	5:30.22
	800 STILE LIBERO	10:09.54	10:28.40	11:07.18	11:22.69
	1500 STILE LIBERO	19:29.22	20:03.38	21:10.52	21:55.93
	50 DORSO	32.12	32.68	36.52	37.08
	100 DORSO	1:11.08	1:12.52	1:20.07	1:22.81
	200 DORSO	2:34.97	2:41.29	2:55.39	3:02.49
	50 RANA	33.71	34.31	41.22	41.56
	100 RANA	1:15.99	1:18.46	1:30.69	1:33.07
	200 RANA	2:52.88	2:58.34	3:17.73	3:25.08
	50 FARFALLA	29.33	29.17	34.64	34.36
	100 FARFALLA	1:07.21	1:09.07	1:21.57	1:22.74
	200 FARFALLA	2:39.07	2:45.20	3:12.46	3:19.26
	100 MISTI	1:10.17	-	1:21.12	-
	200 MISTI	2:34.97	2:41.56	2:59.52	3:01.48
	400 MISTI	5:37.40	5:49.80	6:25.47	6:33.00
70-74	50 STILE LIBERO	28.17	28.43	33.21	33.22
	100 STILE LIBERO	1:04.00	1:05.30	1:14.71	1:15.24
	200 STILE LIBERO	2:23.92	2:26.65	2:47.63	2:49.98
	400 STILE LIBERO	5:12.53	5:16.50	5:58.02	6:03.21
	800 STILE LIBERO	11:00.01	11:01.73	12:28.40	12:22.95
	1500 STILE LIBERO	21:01.36	21:20.95	24:08.70	24:17.78
	50 DORSO	34.03	34.65	38.66	39.88
	100 DORSO	1:14.46	1:16.46	1:25.08	1:28.47
	200 DORSO	2:44.92	2:50.50	3:09.46	3:14.55
	50 RANA	36.29	37.22	43.84	43.95
	100 RANA	1:21.52	1:24.36	1:36.65	1:38.70
	200 RANA	3:02.94	3:08.26	3:31.51	3:34.95
	50 FARFALLA	31.19	30.93	37.05	37.32
	100 FARFALLA	1:13.14	1:14.38	1:28.90	1:34.24
	200 FARFALLA	2:55.68	3:01.40	3:34.33	3:45.03
	100 MISTI	1:13.67	-	1:24.68	-
	200 MISTI	2:42.82	2:51.34	3:11.03	3:16.85
	400 MISTI	6:03.24	6:14.19	7:07.27	7:19.56

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
75-79	50 STILE LIBERO	30.01	30.19	35.58	35.61
	100 STILE LIBERO	1:08.03	1:09.13	1:21.75	1:22.98
	200 STILE LIBERO	2:35.53	2:38.36	3:05.02	3:05.58
	400 STILE LIBERO	5:38.98	5:40.08	6:38.49	6:33.99
	800 STILE LIBERO	11:45.91	12:00.19	13:42.98	13:45.41
	1500 STILE LIBERO	22:43.06	23:14.47	26:42.17	27:13.86
	50 DORSO	36.46	37.06	42.05	42.66
	100 DORSO	1:21.30	1:23.39	1:32.12	1:35.50
	200 DORSO	2:59.92	3:05.10	3:26.59	3:28.99
	50 RANA	39.28	39.97	46.48	47.29
	100 RANA	1:27.63	1:30.42	1:41.31	1:44.97
	200 RANA	3:17.58	3:25.30	3:43.21	3:49.00
	50 FARFALLA	33.29	33.15	42.28	42.50
	100 FARFALLA	1:22.50	1:25.46	1:46.03	1:49.24
	200 FARFALLA	3:19.30	3:28.23	4:04.34	4:12.07
	100 MISTI	1:20.98	-	1:35.16	-
	200 MISTI	3:02.79	3:08.01	3:32.46	3:40.38
	400 MISTI	6:42.68	7:01.33	7:45.56	8:04.86
80-84	50 STILE LIBERO	32.53	32.66	39.79	39.19
	100 STILE LIBERO	1:14.24	1:15.49	1:31.17	1:32.34
	200 STILE LIBERO	2:49.97	2:50.97	3:20.50	3:25.95
	400 STILE LIBERO	6:02.63	6:10.48	7:12.18	7:22.91
	800 STILE LIBERO	12:55.28	13:04.51	15:06.58	15:21.59
	1500 STILE LIBERO	25:00.96	25:14.02	29:05.01	29:47.63
	50 DORSO	39.01	40.07	48.03	47.78
	100 DORSO	1:27.92	1:32.23	1:46.59	1:46.11
	200 DORSO	3:15.87	3:24.91	3:55.85	3:51.66
	50 RANA	42.50	42.86	50.24	50.44
	100 RANA	1:35.93	1:38.28	1:51.67	1:52.66
	200 RANA	3:36.27	3:39.69	4:04.52	4:09.11
	50 FARFALLA	38.33	38.95	49.19	51.24
	100 FARFALLA	1:35.00	1:40.11	2:02.64	2:08.36
	200 FARFALLA	3:49.96	3:55.44	5:11.52	5:04.60
	100 MISTI	1:28.59	-	1:46.80	-
	200 MISTI	3:21.16	3:26.60	4:06.64	4:06.18
	400 MISTI	7:28.03	7:36.40	9:06.95	9:19.07

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
85-89	50 STILE LIBERO	36.11	35.91	46.14	45.73
	100 STILE LIBERO	1:24.13	1:25.00	1:45.11	1:45.55
	200 STILE LIBERO	3:13.38	3:14.57	3:51.11	3:50.72
	400 STILE LIBERO	7:01.67	7:04.97	8:15.54	8:08.51
	800 STILE LIBERO	14:49.79	14:57.70	17:23.09	17:09.59
	1500 STILE LIBERO	29:11.41	29:08.24	33:43.93	34:26.83
	50 DORSO	44.59	44.00	54.59	55.24
	100 DORSO	1:41.18	1:43.51	2:02.29	2:05.62
	200 DORSO	3:51.20	3:52.80	4:22.80	4:30.21
	50 RANA	47.25	48.22	59.02	59.53
	100 RANA	1:48.19	1:51.22	2:15.59	2:18.62
	200 RANA	4:15.04	4:11.15	5:07.10	5:13.43
	50 FARFALLA	45.64	46.17	1:00.98	1:06.81
	100 FARFALLA	2:06.16	2:04.01	2:46.25	2:47.03
	200 FARFALLA	5:11.45	4:56.88	6:02.93	6:24.32
	100 MISTI	1:42.98	-	2:07.15	-
	200 MISTI	3:59.16	4:04.02	4:52.96	5:00.09
	400 MISTI	9:30.25	9:15.11	11:12.76	11:22.89
90-94	50 STILE LIBERO	43.06	42.88	54.94	54.23
	100 STILE LIBERO	1:44.72	1:45.44	2:05.81	2:05.53
	200 STILE LIBERO	4:00.92	4:03.66	4:40.84	4:38.77
	400 STILE LIBERO	8:42.79	8:57.10	10:16.43	10:04.59
	800 STILE LIBERO	19:15.07	18:34.97	22:10.65	22:26.06
	1500 STILE LIBERO	38:13.95	36:41.32	45:27.03	42:44.35
	50 DORSO	54.35	53.20	1:05.61	1:05.90
	100 DORSO	2:02.60	2:04.64	2:27.41	2:30.89
	200 DORSO	4:35.91	4:33.28	5:23.98	5:28.85
	50 RANA	56.23	59.73	1:16.34	1:19.23
	100 RANA	2:28.73	2:27.46	2:58.54	3:00.41
	200 RANA	5:32.88	5:34.44	6:46.64	6:40.34
	50 FARFALLA	1:01.23	1:08.93	1:39.78	2:31.56
	100 FARFALLA	3:15.23	3:04.47	4:18.08	4:44.20
	200 FARFALLA	7:44.47	7:31.08	9:17.02	10:39.85
	100 MISTI	2:15.16	-	2:52.11	-
	200 MISTI	6:14.36	5:34.69	8:00.20	8:33.62
	400 MISTI	15:05.38	14:22.07	14:55.37	16:29.91

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE,
AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
95-99	50 STILE LIBERO	56.19	56.74	1:18.61	1:45.05
	100 STILE LIBERO	2:16.31	2:24.98	3:17.16	3:33.87
	200 STILE LIBERO	5:51.71	5:58.69	7:19.73	7:36.29
	400 STILE LIBERO	14:32.16	15:02.50	16:52.26	15:53.79
	800 STILE LIBERO	32:22.39	29:06.89	26:59.58	28:21.33
	1500 STILE LIBERO	41:29.87	64:57.87	58:55.83	69:45.88
	50 DORSO	1:08.94	1:05.45	1:26.47	1:34.69
	100 DORSO	2:38.47	2:37.61	3:10.63	3:39.03
	200 DORSO	7:32.33	7:00.98	8:18.02	7:47.00
	50 RANA	1:20.37	1:24.24	2:14.71	2:37.06
	100 RANA	3:40.80	3:47.30	4:21.50	5:47.45
	200 RANA	7:39.50	8:32.45	9:12.26	9:35.01
	50 FARFALLA	2:32.15	2:20.95	2:21.86	1:56.76
	100 FARFALLA	6:04.41	5:32.26	#N/D	5:12.53
	200 FARFALLA	11:08.68	14:05.25	#N/D	12:05.78
	100 MISTI	4:39.96	-	3:55.56	-
	200 MISTI	10:39.89	8:55.97	9:32.59	8:51.10
	400 MISTI	21:03.17	22:47.45	#N/D	18:50.06