



LIFESAVING
EUROPEAN YOUTH
CHAMPIONSHIPS 2026
ROMA 27.29.07





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THE CHAIR OF THE ILSE EMC	Mr. Wim Nuyens
THE ILSE CHAIR OF THE COLLEGE OF REFEREES	TBC
THE ILSE POOL EVENT MANAGER	Mr. Manuel Real
THE CHAIR OF THE LOC	Mr. Giorgio Quintavalle
THE SAFETY OFFICER	Mr. Gianni Di Stefano
THE SECURITY OFFICER	Mr. Michele Patricelli
THE POOL EVENT MANAGER	Mr. Dino Baudone
THE CHIEF REFEREES	Mrs. Paloma Martinez (Pool) - Mr. Ian Hutchings (SERC)

16 Technical International Officials A & B (including 2 Starters). Other ILSE Sport Commission members appointed by the ILSE Sport Commission.

LOC MEMBERS AND AREAS

LOC EVENTS MANAGER	Mrs. Laura Del Sette
LOC MEDIA MANAGER	Mr. Francesco Passariello
LOC MEDIA OFFICE	Mr. Massimo Cicerchia
LOC LIFESAVING DEPARTMENT	Mrs. Giorgiana Emili
LOC LIFESAVING DEPARTMENT	Mrs. Elisabetta Comazzetto
LOC SOCIAL MEDIA & VENUE SET UP	Mrs. Valeria Di Palo
LOC INTERNATIONAL AFFAIRS AND SECRETARIAT OFFICE	Mrs. Flaminia Guidi
LOC MEDIA AND SECRETARIAT OFFICE	Mrs. Francesca Ladiana
LOC INTERNATIONAL AFFAIRS & LOGISTICS	Mrs. Simona Spurio Schiavoni
LOC TRANSPORTATION	Mrs. Claudia Moriello

GENERAL INFORMATION



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COMPETITION POOL: “Stadio del Nuoto” Olympic Pool – Foro Italico Complex
Piazzale Lauro De Bosis 3 – 00135 Roma (ITA)

TRAINING POOL:

Foro Italico indoor pool – 50m x 8 lanes Piazzale Lauro De Bosis 3 – 00135 Roma (ITA)
Training space and equipment are granted free of charge starting from 26th July, in the afternoon.

Upon request, it will be possible to ask for training space before the 26th July: please contact ds.finplus@federnuoto.it for availability and quotation. Please be aware that in this case equipment will not be available.

TRIBUNE AND ATHLETES LOUNGE

The venue tribunes, Tevere and Montemario, will be used alternatively according to the sun exposition: in the morning Tevere Tribune and in the afternoon Montemario Tribune. A lounge area, sheltered from the sun, for teams will be pre-assigned. Please be informed that it is not allowed to bring your own tents.

SWIMMING POOL TIME TABLE

The Venue will be open 20 minutes before the start of the warm-up and close 30 minutes after the end of the competition, for both morning and afternoon sessions.

FOOD AND BEVERAGE DURING COMPETITION

A cafeteria will be available during the competition at the Tevere Tribune area. Please be aware that the outdoor pool will be closed during lunchtime. For those who will not choose the accommodation package, a cafeteria at the indoor venue – Foro Italico – remains open for lunch.

ANTI-DOPING

5 doping tests will be run according to the NADO Italia Code by the Laboratorio Anti-Doping F.M.S.

EVENT SECRETARIAT

The information desk will be placed at the entrance of "Stadio del Nuoto".



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GENERAL PROGRAMME



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DATE	LOCATION	ACTIVITY
26/07/2026		Arrivals and training
27/07/2026	Rome - Foro Italico	Opening Ceremony and SERC event
28-29/07/2026		Pool events and Closing Party
30/07/2026		Departures

POOL EVENTS	NATIONAL TEAMS MAXIMUM ENTRIES PER TEAM
200 m Obstacle Swim	2 competitors
50 m Manikin Carry	2 competitors
100 m Rescue Medley	2 competitors
100 m Manikin Carry with Fins	2 competitors
100 m Manikin Tow with Fins	2 competitors
200 m Super Lifesaver	2 competitors
Line Throw	1 team
4 x 25 m Manikin Relay	1 team
4 x 50 m Obstacle Relay	1 team
4 x 50 m Medley Relay	1 team
4 x 50 m Mixed Pool Lifesaver Relay	1 team
SERC Event (only NTYp)	NATIONAL TEAMS MAXIMUM ENTRIES PER TEAM
Simulated Emergency Response Competition	1 team





Stadio del Nuoto' Olympic pool - Foro Italico Complex

50m y 10 lanes

Event - Point to recovering/passing (Distance)	DEPTH
Obstacles (12,5m)	2m
Obstacles (37,5m)	2m
50m MK (25m)	2m
200m SuperLivesaver (25m)	2m
100m Rescue Medley (32,5m)	2m
100m MK with Fins (50m)	2m
Lifesaver Relay (0m)	2m

PROGRAMME



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26/07/26 - day 1

ARRIVALS AND TRAINING

Training from 14:00 to 18:00 – according with the Nations arrivals a detailed schedule in two slots (14:00-16:00 / 16:00-18:00) will be published

27/07/26 - day 2

MORNING TRAINING (from 08:00 to 12:30)

According to the numbers of athletes registered, a detailed schedule in three slots (08:00 - 09:30 / 09:30 - 11:00 / 11:00 - 12:30) will be published

AFTERNOON

OPENING CEREMONY 15:00

SERC 16:30 -18:30

28/07/26 - day 3

MORNING WARM UP (from 08:00 to 08:45)

HEATS (from 09:00 to 12:30)

FINALS (from 16:00 to 19:00)

29/07/26 - day 4

MORNING WARM UP (from 08:00 to 08:45)

HEATS (from 09:00 to 12:30)

FINALS (from 16:00 to 19:00)

CLOSING PARTY

30/07/26 - day 5

DEPARTURES





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28 JULY

MORNING & AFTERNOON SESSION PROGRAMME

08:00 MORNING WARM UP

09:00	HEATS	200 M OBSTACLE SWIM	F/M
	HEATS	LINE THROW	F/M
	HEATS	4X50 OBSTACLE RELAY	F/M
	HEATS	100 M MANIKIN TOW WITH FINS	F/M
	HEATS	100 M RESCUE MEDLEY	F/M
	HEATS	4X50 MIXED POOL LIFESAVER RELAY	

12:30 END OF MORNING SESSION

15:00 AFTERNOON WARM UP

16:00	FINAL	200 M OBSTACLE SWIM	F/M
	FINAL	LINE THROW	F/M
	FINAL	4X50 OBSTACLE RELAY	F/M
	AWARD CEREMONY	200 M OBSTACLE SWIM	F/M
	AWARD CEREMONY	4X50 OBSTACLE RELAY	F/M
	AWARD CEREMONY	LINE THROW	F/M
	FINAL	100 M MANIKIN TOW WITH FINS	F/M
	FINAL	100 M RESCUE MEDLEY	F/M
	AWARD CEREMONY	MANIKIN TOW WITH FINS	F/M
	FINAL	4X50 MIXED POOL LIFESAVER RELAY	F/M
	AWARD CEREMONY	RESCUE MEDLEY	F/M
19:00	AWARD CEREMONY	MIXED POOL LIFESAVER RELAY	F/M

END OF SESSION - DAY 1





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29 JULY

MORNING & AFTERNOON SESSION PROGRAMME

08:00 MORNING WARM UP

09:00	HEATS	100 M MANIKIN CARRY WITH FINS	F/M
	HEATS	4X50 MEDLEY RELAY	F/M
	HEATS	50M MANIKIN CARRY	F/M
	HEATS	4X25 MANIKIN RELAY	F/M
	HEATS	200 M SUPERLIFESAVER	F/M

END OF MORNING SESSION

12:30

AFTERNOON WARM UP

15:00	FINAL	100 M MANIKIN CARRY WITH FINS	F/M
16:00	FINAL	4X50 MEDLEY RELAY	F/M
	FINAL	50M MANIKIN CARRY	F/M
	AWARD CEREMONY	100 M MANIKIN CARRY WITH FINS	F/M
	AWARD CEREMONY	4X50 MEDLEY RELAY	
	FINAL	4X25 MANIKIN RELAY	F/M
	AWARD CEREMONY	50 MANIKIN CARRY	F/M
	FINAL	200 M SUPERLIFESAVER	F/M
	AWARD CEREMONY	4X25 MANIKIN RELAY	F/M
	AWARD CEREMONY	200 M SUPERLIFESAVER	F/M

AWARD CEREMONY BY NATION

CLOSING PARTY



CHAMPIONSHIPS REGISTRATION & FEES



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CHAMPIONSHIPS REGISTRATION

Registration procedure will be established shortly.

ENTRY FEE

	NORMAL	LATE	VERY LATE
	01/05- 14/06	15/06- 30/06	01/07- 15/07
National Teams Youth			
• Per individual	€ 120	€ 160	€ 210
• Per team	€ 430	€ 460	€ 550

ELEGIBILITY

Eligible Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2026 (DoB: 2008-2009-2010-2011).

ANTIDOPING

This Event is sanctioned by the Italian Anti-Doping Agency (NADO).

RULES AND REGULATION

Handbook: <https://europe.ilsf.org/projects/lifesaving-championships/>

EVENT PAGE

A dedicated Event page will be published on the federation website www.federnuoto.it

EMAIL ADDRESS: eylc2026@federnuoto.it - international@federnuoto.it

The Italian Swimming Federation is pleased to welcome the participating Nations and the ILSE Members and Referees at the Official hotel selected for the Event:

HOTEL Villa Maria Regina, via della Camilluccia 687

An ALL-INCLUSIVE package with airport transfer,
local transfers, welcome desk,
full board accommodation (breakfast, lunch and dinner to be served at the hotel)
at the following prices (per day / per room):

- **240 Euro in single**
- **340 Euro in twin (€ 170,00 per day per person)**
- **400 Euro in Triple (€ 133,33 per day per person)**

CITY TAX is not included and has to be paid at check out



Please be informed that accommodation is an optional service. Feel free to make your own arrangements, but please kindly remind that in this case benefit like airport transfers or internal transfers will not be provided.

PAYMENTS

Accommodation payments and/or entry fees must be paid by bank transfer to the following bank account

BENEFICIARY INFORMATION:

Name as shown on account: F.I.N. - Federazione Italiana Nuoto

Federation Name: ITALIAN SWIMMING FEDERATION

Address: Stadio Olimpico Curva Nord - 00135 Roma

Postal code: 00135

Country: Italy

VAT N. 01384031009

Beneficiary email: international@federnuoto.it

BANK INFORMATION

Bank Name: BANCA NAZIONALE DEL LAVORO SPA

Address: Via Costantino Nigra 15 - Roma (IT) Postal code: 00135 Country: Italy

IBAN: IT23Z010503309000000010118

Swift/BIC: BNLITRRXXX

REASON OF TRANSFER: EYLC Rome 2026 – Nation name



PRELIMINARY ENTRY DEADLINE

Please kindly send back this form to the Italian Swimming Federation within the **DEADLINE** of 15th May 2026.

CANCELLATIONS POLICY

Cancellations made within the 1st June 2026 will not incur any penalty.

Cancellations between 2nd June and 30th June 2025 will incur a 50% charge of the total cost of the cancelled reservation.

Cancellations from 1st July 2026 onwards will be charged 100% of the total cost of the cancelled reservation.

The reference email address is eylc2026@federnuoto.it and copy to:
international@federnuoto.it

A high-angle, close-up photograph of a swimmer in a pool. The swimmer is wearing a black cap with white stripes and the word 'ITALIA' visible. They are holding a red buoy with a white circular marker. The water is blue and splashing around the swimmer's arms and head. The overall scene is dynamic and focused on the swimmer's actions.

FIN
FEDERAZIONE
ITALIANA
NUOTO

USEFUL NUMBERS



EUROPEAN YOUTH
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+39 063570

+39 064157



+39 199 892021



+39 0665951



Ambulance: 118

Doctor:



112



115

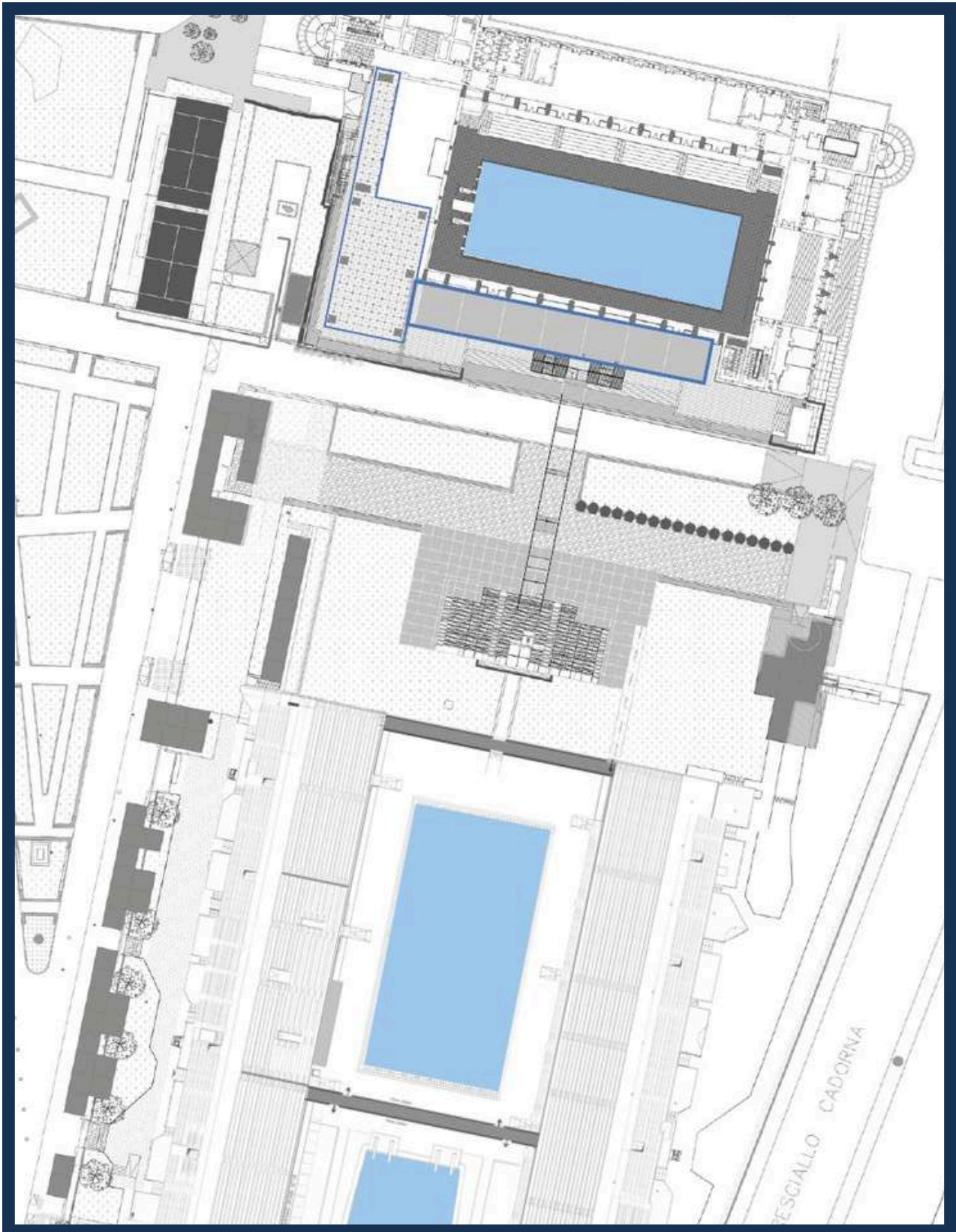


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STADIO DEL NUOTO PLANT



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