

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
25-29	50 STILE LIBERO	22.24	23.09	25.63	26.36
	100 STILE LIBERO	49.30	51.09	55.84	57.89
	200 STILE LIBERO	1:49.87	1:52.88	2:03.83	2:05.33
	400 STILE LIBERO	3:57.47	4:03.83	4:23.38	4:21.65
	800 STILE LIBERO	8:20.27	8:32.85	9:06.13	8:59.46
	1500 STILE LIBERO	15:58.96	16:30.79	17:14.17	17:27.99
	50 DORSO	24.96	26.30	29.08	30.23
	100 DORSO	54.53	56.89	1:02.70	1:05.39
	200 DORSO	2:01.23	2:07.06	2:16.46	2:21.52
	50 RANA	27.70	28.27	31.91	32.64
	100 RANA	1:00.87	1:03.04	1:09.93	1:12.59
	200 RANA	2:16.32	2:19.10	2:32.96	2:39.08
	50 FARFALLA	23.85	24.41	27.39	27.65
	100 FARFALLA	53.11	54.54	1:00.99	1:02.62
	200 FARFALLA	2:00.93	2:06.13	2:17.99	2:20.07
	100 MISTI	55.36	-	1:04.10	-
	200 MISTI	2:02.42	2:07.56	2:20.05	2:22.59
	400 MISTI	4:27.48	4:35.40	4:56.59	5:06.46
30-34	50 STILE LIBERO	22.27	23.04	25.77	26.23
	100 STILE LIBERO	49.39	51.18	56.32	57.73
	200 STILE LIBERO	1:49.42	1:53.92	2:05.21	2:07.17
	400 STILE LIBERO	4:00.64	4:03.19	4:22.11	4:28.56
	800 STILE LIBERO	8:24.70	8:27.83	9:06.13	9:19.86
	1500 STILE LIBERO	16:09.73	16:35.98	17:28.76	17:46.90
	50 DORSO	25.12	26.56	29.21	30.11
	100 DORSO	55.13	57.64	1:03.33	1:05.29
	200 DORSO	2:01.86	2:07.18	2:17.92	2:22.07
	50 RANA	27.79	28.82	32.08	33.22
	100 RANA	1:01.05	1:03.77	1:10.35	1:13.68
	200 RANA	2:14.90	2:21.18	2:34.81	2:40.48
	50 FARFALLA	24.24	24.59	27.70	28.02
	100 FARFALLA	53.76	55.24	1:01.40	1:03.19
	200 FARFALLA	2:02.65	2:06.68	2:21.24	2:21.88
	100 MISTI	55.58	-	1:03.94	-
	200 MISTI	2:02.25	2:06.62	2:20.12	2:24.00
	400 MISTI	4:27.19	4:34.63	4:59.26	5:09.60

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
35-39	50 STILE LIBERO	22.79	23.40	26.11	26.73
	100 STILE LIBERO	50.85	52.21	57.80	59.00
	200 STILE LIBERO	1:53.16	1:55.74	2:06.19	2:08.50
	400 STILE LIBERO	4:02.18	4:10.01	4:27.39	4:32.39
	800 STILE LIBERO	8:27.65	8:39.97	9:12.05	9:21.82
	1500 STILE LIBERO	16:11.34	16:44.18	17:34.11	18:00.40
	50 DORSO	26.11	27.28	29.81	31.13
	100 DORSO	56.93	59.53	1:03.97	1:06.70
	200 DORSO	2:04.67	2:09.86	2:19.60	2:23.74
	50 RANA	28.57	29.15	32.85	33.62
	100 RANA	1:02.32	1:05.20	1:11.76	1:14.39
	200 RANA	2:17.43	2:23.18	2:38.29	2:43.75
	50 FARFALLA	24.44	25.10	28.41	28.58
	100 FARFALLA	55.03	55.94	1:03.52	1:04.28
	200 FARFALLA	2:04.79	2:08.05	2:23.22	2:25.89
	100 MISTI	57.16	-	1:05.82	-
	200 MISTI	2:06.66	2:11.65	2:23.08	2:26.82
	400 MISTI	4:34.01	4:42.91	5:06.06	5:16.41
40-44	50 STILE LIBERO	23.27	23.87	26.65	26.91
	100 STILE LIBERO	51.30	52.84	58.45	59.85
	200 STILE LIBERO	1:54.79	1:57.51	2:07.93	2:11.59
	400 STILE LIBERO	4:03.72	4:13.35	4:29.60	4:34.26
	800 STILE LIBERO	8:27.52	8:46.06	9:19.94	9:25.18
	1500 STILE LIBERO	16:21.44	16:48.68	17:44.02	18:12.79
	50 DORSO	26.62	27.73	30.42	31.57
	100 DORSO	57.55	1:00.24	1:05.66	1:08.00
	200 DORSO	2:06.63	2:13.30	2:23.40	2:28.14
	50 RANA	28.93	29.42	33.56	33.88
	100 RANA	1:03.24	1:05.78	1:12.57	1:14.22
	200 RANA	2:20.81	2:26.55	2:39.98	2:44.55
	50 FARFALLA	25.13	25.58	28.76	29.15
	100 FARFALLA	56.17	57.32	1:04.77	1:05.85
	200 FARFALLA	2:05.92	2:11.32	2:25.72	2:28.68
	100 MISTI	58.34	-	1:06.33	-
	200 MISTI	2:08.05	2:13.85	2:24.42	2:29.07
	400 MISTI	4:35.17	4:48.39	5:10.49	5:22.76

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
45-49	50 STILE LIBERO	23.73	24.47	27.03	27.48
	100 STILE LIBERO	52.76	54.18	59.61	1:00.59
	200 STILE LIBERO	1:56.36	1:59.71	2:11.33	2:13.69
	400 STILE LIBERO	4:09.47	4:15.95	4:37.85	4:42.30
	800 STILE LIBERO	8:41.79	8:54.64	9:33.18	9:40.18
	1500 STILE LIBERO	16:46.04	17:13.93	18:20.97	18:45.34
	50 DORSO	27.23	28.48	31.03	31.95
	100 DORSO	58.98	1:01.76	1:07.28	1:09.07
	200 DORSO	2:11.05	2:16.20	2:26.37	2:31.27
	50 RANA	29.50	29.99	34.25	34.54
	100 RANA	1:04.89	1:07.27	1:14.69	1:16.41
	200 RANA	2:24.15	2:30.40	2:46.41	2:49.52
	50 FARFALLA	25.86	26.19	29.39	29.55
	100 FARFALLA	57.82	58.89	1:05.95	1:07.06
	200 FARFALLA	2:09.79	2:13.04	2:28.73	2:32.53
	100 MISTI	1:00.17	-	1:07.80	-
	200 MISTI	2:12.03	2:16.07	2:28.68	2:32.41
	400 MISTI	4:43.98	4:53.03	5:20.98	5:29.97
50-54	50 STILE LIBERO	24.55	24.84	27.68	28.20
	100 STILE LIBERO	54.53	55.19	1:01.40	1:02.36
	200 STILE LIBERO	2:00.10	2:03.00	2:13.12	2:16.30
	400 STILE LIBERO	4:18.13	4:22.15	4:42.86	4:46.74
	800 STILE LIBERO	9:01.50	9:07.79	9:42.06	9:55.24
	1500 STILE LIBERO	17:10.87	17:48.56	18:41.24	19:07.85
	50 DORSO	28.31	29.14	32.22	33.02
	100 DORSO	1:01.18	1:03.57	1:09.49	1:12.55
	200 DORSO	2:14.92	2:20.87	2:31.19	2:37.47
	50 RANA	30.64	31.13	35.63	36.50
	100 RANA	1:08.71	1:10.23	1:18.23	1:21.07
	200 RANA	2:32.46	2:36.44	2:51.59	2:57.80
	50 FARFALLA	26.34	26.73	30.27	30.42
	100 FARFALLA	59.22	1:00.36	1:08.54	1:09.83
	200 FARFALLA	2:14.18	2:17.25	2:34.51	2:39.89
	100 MISTI	1:01.49	-	1:09.85	-
	200 MISTI	2:15.39	2:20.78	2:32.72	2:36.69
	400 MISTI	4:52.19	5:03.02	5:31.60	5:37.42

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
55-59	50 STILE LIBERO	25.11	25.61	28.71	29.53
	100 STILE LIBERO	56.31	57.42	1:03.85	1:05.18
	200 STILE LIBERO	2:04.88	2:07.15	2:19.44	2:21.96
	400 STILE LIBERO	4:30.63	4:33.68	4:55.36	5:00.00
	800 STILE LIBERO	9:20.14	9:31.99	10:11.76	10:16.06
	1500 STILE LIBERO	18:02.00	18:25.01	19:25.64	19:38.89
	50 DORSO	29.09	30.14	33.96	35.11
	100 DORSO	1:03.62	1:07.01	1:13.86	1:17.19
	200 DORSO	2:20.93	2:27.13	2:41.08	2:47.68
	50 RANA	31.75	32.24	37.52	38.31
	100 RANA	1:10.57	1:12.87	1:22.76	1:25.34
	200 RANA	2:36.72	2:42.24	3:01.61	3:06.27
	50 FARFALLA	27.24	27.39	31.60	31.94
	100 FARFALLA	1:01.65	1:02.14	1:11.97	1:12.29
	200 FARFALLA	2:23.49	2:25.06	2:44.21	2:48.94
	100 MISTI	1:03.88	-	1:14.03	-
	200 MISTI	2:21.50	2:25.50	2:41.49	2:45.16
	400 MISTI	5:09.19	5:19.35	5:48.08	5:57.14
60-64	50 STILE LIBERO	25.90	26.40	30.30	30.52
	100 STILE LIBERO	58.03	59.36	1:07.63	1:08.02
	200 STILE LIBERO	2:09.82	2:13.22	2:29.49	2:31.01
	400 STILE LIBERO	4:40.46	4:47.41	5:15.25	5:22.34
	800 STILE LIBERO	9:47.79	9:56.06	10:50.12	11:04.79
	1500 STILE LIBERO	18:52.14	19:17.01	20:39.26	21:15.72
	50 DORSO	30.83	31.90	36.00	36.34
	100 DORSO	1:07.51	1:10.63	1:18.54	1:19.45
	200 DORSO	2:30.50	2:36.47	2:49.97	2:52.94
	50 RANA	33.03	33.70	39.26	39.63
	100 RANA	1:13.50	1:16.31	1:27.08	1:28.52
	200 RANA	2:45.02	2:50.52	3:10.39	3:15.92
	50 FARFALLA	28.33	28.53	33.33	33.27
	100 FARFALLA	1:04.70	1:05.99	1:17.24	1:18.07
	200 FARFALLA	2:32.83	2:37.80	3:03.16	3:05.65
	100 MISTI	1:07.25	-	1:18.85	-
	200 MISTI	2:29.12	2:33.21	2:51.84	2:56.22
	400 MISTI	5:25.33	5:33.81	6:07.98	6:19.01

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
65-69	50 STILE LIBERO	26.74	27.45	31.81	31.95
	100 STILE LIBERO	1:00.27	1:02.25	1:10.82	1:11.96
	200 STILE LIBERO	2:16.43	2:21.06	2:38.12	2:40.37
	400 STILE LIBERO	4:56.16	5:03.51	5:38.62	5:46.28
	800 STILE LIBERO	10:17.33	10:33.21	11:35.69	11:55.71
	1500 STILE LIBERO	19:42.42	20:14.82	22:11.35	23:15.12
	50 DORSO	32.45	33.43	36.89	37.70
	100 DORSO	1:12.71	1:15.52	1:22.30	1:24.03
	200 DORSO	2:39.39	2:47.63	3:00.20	3:06.06
	50 RANA	34.46	35.06	41.99	42.25
	100 RANA	1:17.49	1:19.68	1:32.35	1:34.36
	200 RANA	2:55.08	2:59.56	3:21.52	3:26.49
	50 FARFALLA	29.50	29.72	35.64	35.72
	100 FARFALLA	1:08.39	1:09.59	1:23.99	1:26.61
	200 FARFALLA	2:44.48	2:49.93	3:21.64	3:31.49
	100 MISTI	1:10.92	-	1:22.59	-
	200 MISTI	2:37.38	2:43.64	3:01.98	3:05.92
	400 MISTI	5:48.42	5:54.68	6:36.02	6:53.96
70-74	50 STILE LIBERO	28.45	28.61	34.04	34.33
	100 STILE LIBERO	1:04.56	1:05.37	1:16.85	1:18.01
	200 STILE LIBERO	2:26.78	2:28.50	2:52.65	2:54.06
	400 STILE LIBERO	5:18.66	5:22.72	6:10.35	6:16.58
	800 STILE LIBERO	11:18.05	11:14.98	12:57.77	12:55.03
	1500 STILE LIBERO	21:41.34	21:48.29	25:08.44	25:10.04
	50 DORSO	34.82	35.75	39.71	40.84
	100 DORSO	1:16.23	1:18.47	1:27.86	1:30.61
	200 DORSO	2:51.17	2:55.62	3:14.09	3:18.46
	50 RANA	36.74	37.50	44.21	45.05
	100 RANA	1:22.96	1:25.29	1:36.65	1:40.03
	200 RANA	3:04.17	3:09.92	3:32.25	3:38.78
	50 FARFALLA	31.73	31.52	38.61	39.35
	100 FARFALLA	1:14.76	1:15.96	1:34.42	1:38.40
	200 FARFALLA	3:00.27	3:07.42	3:36.45	3:46.12
	100 MISTI	1:15.83	-	1:27.56	-
	200 MISTI	2:50.19	2:56.09	3:18.73	3:22.49
	400 MISTI	6:14.46	6:28.14	7:16.96	7:22.72

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
75-79	50 STILE LIBERO	30.77	30.65	37.21	37.15
	100 STILE LIBERO	1:09.82	1:11.13	1:25.34	1:26.09
	200 STILE LIBERO	2:40.16	2:41.29	3:08.36	3:10.63
	400 STILE LIBERO	5:43.39	5:42.89	6:44.31	6:42.48
	800 STILE LIBERO	11:57.63	12:08.09	13:53.73	14:03.78
	1500 STILE LIBERO	23:13.30	23:28.21	27:02.27	27:22.33
	50 DORSO	37.14	37.75	44.09	44.70
	100 DORSO	1:22.77	1:25.24	1:37.86	1:40.57
	200 DORSO	3:05.13	3:09.61	3:38.27	3:42.07
	50 RANA	39.64	40.20	47.48	47.80
	100 RANA	1:28.10	1:30.91	1:44.10	1:46.34
	200 RANA	3:19.61	3:26.05	3:46.77	3:51.58
	50 FARFALLA	34.00	34.02	44.02	44.26
	100 FARFALLA	1:25.60	1:27.68	1:48.79	1:53.17
	200 FARFALLA	3:28.93	3:30.92	4:12.31	4:20.46
	100 MISTI	1:22.28	-	1:38.58	-
	200 MISTI	3:07.98	3:12.20	3:39.80	3:47.74
	400 MISTI	6:54.49	7:05.31	8:04.75	8:23.29
80-84	50 STILE LIBERO	33.04	32.92	40.73	40.30
	100 STILE LIBERO	1:15.79	1:16.26	1:33.71	1:34.87
	200 STILE LIBERO	2:52.65	2:54.70	3:29.55	3:33.84
	400 STILE LIBERO	6:12.63	6:17.60	7:27.92	7:32.78
	800 STILE LIBERO	13:07.56	13:12.96	15:24.59	15:31.81
	1500 STILE LIBERO	25:24.20	25:44.02	29:36.67	29:52.57
	50 DORSO	39.86	40.76	48.94	48.84
	100 DORSO	1:30.40	1:33.42	1:50.26	1:50.29
	200 DORSO	3:21.11	3:28.91	4:04.20	4:04.47
	50 RANA	43.54	43.86	51.23	51.99
	100 RANA	1:38.03	1:41.88	1:57.21	1:57.72
	200 RANA	3:43.45	3:47.89	4:15.76	4:26.69
	50 FARFALLA	39.66	39.82	54.98	56.02
	100 FARFALLA	1:39.40	1:43.75	2:10.58	2:13.26
	200 FARFALLA	4:06.18	4:03.55	5:18.62	5:07.49
	100 MISTI	1:30.58	-	1:51.04	-
	200 MISTI	3:26.73	3:34.06	4:09.52	4:13.48
	400 MISTI	7:36.47	7:49.30	9:12.22	9:32.67

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
85-89	50 STILE LIBERO	36.55	36.48	46.72	46.28
	100 STILE LIBERO	1:25.30	1:25.95	1:47.47	1:47.07
	200 STILE LIBERO	3:16.20	3:18.68	3:59.89	3:57.38
	400 STILE LIBERO	7:08.88	7:09.59	8:22.70	8:22.95
	800 STILE LIBERO	15:13.24	15:05.40	17:23.09	17:28.40
	1500 STILE LIBERO	30:13.55	29:31.55	33:55.25	34:27.99
	50 DORSO	46.21	45.50	57.21	56.49
	100 DORSO	1:45.07	1:46.53	2:07.08	2:07.82
	200 DORSO	4:00.86	3:56.82	4:30.69	4:37.56
	50 RANA	48.54	49.54	1:01.07	1:01.57
	100 RANA	1:54.85	1:55.55	2:21.48	2:22.30
	200 RANA	4:24.08	4:21.66	5:19.59	5:16.92
	50 FARFALLA	46.94	49.39	1:09.64	1:09.18
	100 FARFALLA	2:08.76	2:11.22	2:57.53	2:51.24
	200 FARFALLA	5:37.11	5:18.15	6:32.28	6:32.83
	100 MISTI	1:45.99	-	2:14.68	-
	200 MISTI	4:09.38	4:09.28	5:12.29	5:14.62
	400 MISTI	9:53.98	10:30.67	11:32.65	11:34.95
90-94	50 STILE LIBERO	43.12	43.27	1:00.07	58.08
	100 STILE LIBERO	1:44.72	1:45.44	2:17.07	2:15.81
	200 STILE LIBERO	4:01.78	4:12.91	5:03.09	5:02.36
	400 STILE LIBERO	9:08.81	9:23.41	10:34.48	10:43.49
	800 STILE LIBERO	19:33.87	19:39.62	22:23.72	22:54.61
	1500 STILE LIBERO	38:58.46	38:39.62	47:25.67	46:36.24
	50 DORSO	54.79	53.94	1:11.20	1:08.69
	100 DORSO	2:02.60	2:04.64	2:34.33	2:37.25
	200 DORSO	4:35.91	4:35.07	5:40.86	5:43.93
	50 RANA	56.63	1:00.45	1:18.78	1:22.40
	100 RANA	2:30.91	2:27.46	3:09.05	3:10.51
	200 RANA	5:32.88	5:39.27	7:15.47	7:12.84
	50 FARFALLA	1:03.75	1:09.16	1:46.91	2:31.56
	100 FARFALLA	3:24.13	3:04.47	4:18.08	4:44.20
	200 FARFALLA	7:44.47	7:31.08	9:17.02	10:39.85
	100 MISTI	2:15.22	-	3:07.27	-
	200 MISTI	6:22.63	5:34.69	8:17.59	8:33.62
	400 MISTI	15:05.38	14:22.07	14:55.37	16:29.91

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
95-99	50 STILE LIBERO	1:03.19	1:04.00	1:25.50	1:18.40
	100 STILE LIBERO	2:39.24	2:41.99	3:57.82	3:13.93
	200 STILE LIBERO	6:41.83	7:07.89	8:02.79	8:04.25
	400 STILE LIBERO	13:41.50	16:49.08	17:47.69	16:32.07
	800 STILE LIBERO	32:46.93	31:03.91	27:58.70	28:34.05
	1500 STILE LIBERO	41:29.87	82:25.34	55:14.66	69:45.88
	50 DORSO	1:11.64	1:11.83	1:42.01	1:34.29
	100 DORSO	2:45.11	2:55.56	3:56.03	3:43.47
	200 DORSO	7:50.98	6:50.50	8:58.94	8:12.40
	50 RANA	1:25.59	1:27.61	2:56.06	3:32.31
	100 RANA	3:22.03	3:42.77	-	8:00.98
	200 RANA	7:15.46	8:25.45	-	-
	50 FARFALLA	3:02.06	2:20.95	-	-
	100 FARFALLA	6:04.41	4:09.52	-	-
	200 FARFALLA	-	14:05.25	-	-
	100 MISTI	5:45.94	-	3:54.89	-
	200 MISTI	9:50.55	8:55.97	-	-
	400 MISTI	21:03.17	17:29.20	-	-
100-104	50 STILE LIBERO	1:48.54	2:28.66	1:34.12	3:57.32
	100 STILE LIBERO	4:00.04	4:05.98	3:30.49	6:00.28
	200 STILE LIBERO	-	-	7:27.89	12:06.09
	400 STILE LIBERO	-	-	16:40.10	16:36.80
	800 STILE LIBERO	-	-	36:51.23	38:04.30
	1500 STILE LIBERO	-	-	75:54.39	74:08.73
	50 DORSO	2:33.87	1:56.05	3:53.60	2:52.85
	100 DORSO	4:10.96	6:01.50	3:42.81	6:36.82
	200 DORSO	-	9:04.31	7:40.01	8:05.64
	50 RANA	-	-	-	-
	100 RANA	-	-	-	-
	200 RANA	-	-	-	-
	50 FARFALLA	-	-	-	-
	100 FARFALLA	-	-	-	-
	200 FARFALLA	-	-	-	-
	100 MISTI	-	-	-	-
	200 MISTI	-	-	-	-
	400 MISTI	-	-	-	-