

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
25-29	50 STILE LIBERO	22.25	23.11	25.64	26.38	
	100 STILE LIBERO	49.30	51.14	55.84	58.05	
	200 STILE LIBERO	1:49.97	1:53.09	2:04.28	2:05.91	
	400 STILE LIBERO	3:57.57	4:04.76	4:23.38	4:24.13	
	800 STILE LIBERO	8:20.27	8:33.11	9:06.13	9:05.89	
	1500 STILE LIBERO	16:02.24	16:30.79	17:14.17	17:27.99	
	50 DORSO	25.04	26.42	29.15	30.31	
	100 DORSO	54.78	57.24	1:02.75	1:05.74	
	200 DORSO	2:01.75	2:07.72	2:16.74	2:22.49	
	50 RANA	27.70	28.33	31.98	32.81	
	100 RANA	1:01.08	1:03.26	1:10.33	1:13.14	
	200 RANA	2:16.32	2:20.19	2:32.97	2:39.32	
	50 FARFALLA	23.90	24.47	27.39	27.70	
	100 FARFALLA	53.41	54.69	1:01.03	1:02.76	
	200 FARFALLA	2:01.52	2:06.13	2:18.38	2:20.07	
	100 MISTI	55.46	-	1:04.20	-	
	200 MISTI	2:02.53	2:07.63	2:20.23	2:22.59	
	400 MISTI	4:27.64	4:35.41	4:56.86	5:07.10	
	30-34	50 STILE LIBERO	22.30	23.04	25.77	26.25
		100 STILE LIBERO	49.46	51.18	56.50	57.73
200 STILE LIBERO		1:49.42	1:53.92	2:05.71	2:07.17	
400 STILE LIBERO		4:00.64	4:04.32	4:22.11	4:28.56	
800 STILE LIBERO		8:24.89	8:27.96	9:06.78	9:19.86	
1500 STILE LIBERO		16:09.73	16:35.98	17:28.76	17:46.90	
50 DORSO		25.42	26.62	29.37	30.14	
100 DORSO		55.41	57.82	1:03.64	1:05.29	
200 DORSO		2:02.05	2:07.59	2:19.02	2:22.62	
50 RANA		27.91	28.90	32.41	33.23	
100 RANA		1:01.12	1:03.81	1:11.13	1:13.80	
200 RANA		2:14.92	2:21.61	2:35.63	2:40.83	
50 FARFALLA		24.26	24.84	27.88	28.02	
100 FARFALLA		54.11	55.24	1:01.77	1:03.19	
200 FARFALLA		2:02.88	2:06.68	2:21.69	2:21.88	
100 MISTI		55.73	-	1:04.21	-	
200 MISTI		2:02.26	2:07.27	2:20.84	2:24.00	
400 MISTI		4:27.19	4:36.57	4:59.26	5:09.60	

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
35-39	50 STILE LIBERO	22.81	23.40	26.17	26.73
	100 STILE LIBERO	50.92	52.21	57.80	59.14
	200 STILE LIBERO	1:53.16	1:55.74	2:06.19	2:08.86
	400 STILE LIBERO	4:02.66	4:10.29	4:27.39	4:32.39
	800 STILE LIBERO	8:28.91	8:40.87	9:12.05	9:21.82
	1500 STILE LIBERO	16:11.34	16:44.53	17:34.11	18:00.40
	50 DORSO	26.28	27.36	29.92	31.16
	100 DORSO	57.17	59.67	1:04.06	1:06.70
	200 DORSO	2:04.67	2:10.75	2:19.87	2:24.41
	50 RANA	28.72	29.29	32.92	33.73
	100 RANA	1:02.59	1:05.22	1:11.76	1:14.53
	200 RANA	2:17.94	2:23.50	2:38.29	2:43.75
	50 FARFALLA	24.56	25.10	28.51	28.58
	100 FARFALLA	55.03	56.05	1:03.52	1:04.56
	200 FARFALLA	2:04.82	2:08.05	2:23.22	2:25.98
	100 MISTI	57.21	-	1:05.82	-
	200 MISTI	2:06.66	2:12.32	2:23.12	2:27.45
	400 MISTI	4:34.46	4:43.96	5:06.06	5:16.41
40-44	50 STILE LIBERO	23.41	23.93	26.70	26.91
	100 STILE LIBERO	51.61	52.86	58.56	59.94
	200 STILE LIBERO	1:54.84	1:57.51	2:08.40	2:11.89
	400 STILE LIBERO	4:04.71	4:14.22	4:30.56	4:34.74
	800 STILE LIBERO	8:30.20	8:47.58	9:22.73	9:25.87
	1500 STILE LIBERO	16:26.62	16:51.91	17:51.27	18:19.47
	50 DORSO	26.67	27.75	30.43	31.57
	100 DORSO	57.57	1:00.45	1:05.78	1:08.00
	200 DORSO	2:07.49	2:13.81	2:23.40	2:28.14
	50 RANA	28.93	29.43	33.56	34.19
	100 RANA	1:03.38	1:05.78	1:12.57	1:14.58
	200 RANA	2:20.66	2:26.69	2:39.98	2:44.77
	50 FARFALLA	25.14	25.58	28.78	29.15
	100 FARFALLA	56.18	57.32	1:04.87	1:05.85
	200 FARFALLA	2:06.65	2:11.32	2:26.06	2:28.68
	100 MISTI	58.57	-	1:06.49	-
	200 MISTI	2:08.18	2:14.41	2:24.50	2:29.38
	400 MISTI	4:36.20	4:49.25	5:11.07	5:23.45

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
45-49	50 STILE LIBERO	23.81	24.48	27.04	27.50
	100 STILE LIBERO	52.90	54.32	59.82	1:00.59
	200 STILE LIBERO	1:56.36	1:59.76	2:11.53	2:13.92
	400 STILE LIBERO	4:09.47	4:15.95	4:39.63	4:42.89
	800 STILE LIBERO	8:43.29	8:54.64	9:35.70	9:41.96
	1500 STILE LIBERO	16:46.04	17:13.93	18:26.47	18:46.63
	50 DORSO	27.24	28.49	31.10	31.95
	100 DORSO	59.04	1:01.84	1:07.28	1:09.25
	200 DORSO	2:11.38	2:16.20	2:26.90	2:31.47
	50 RANA	29.66	30.15	34.31	34.91
	100 RANA	1:05.04	1:07.64	1:15.11	1:17.43
	200 RANA	2:24.63	2:31.74	2:46.56	2:50.47
	50 FARFALLA	25.86	26.19	29.39	29.55
	100 FARFALLA	57.82	58.90	1:06.06	1:07.06
	200 FARFALLA	2:09.95	2:13.04	2:28.73	2:32.84
	100 MISTI	1:00.26	-	1:08.16	-
	200 MISTI	2:12.06	2:16.48	2:28.74	2:32.46
	400 MISTI	4:43.98	4:53.03	5:22.89	5:29.97
50-54	50 STILE LIBERO	24.62	24.85	27.79	28.34
	100 STILE LIBERO	54.53	55.21	1:01.62	1:02.41
	200 STILE LIBERO	2:00.19	2:03.00	2:13.63	2:16.52
	400 STILE LIBERO	4:18.27	4:22.27	4:44.20	4:47.91
	800 STILE LIBERO	9:01.56	9:07.79	9:42.98	9:58.85
	1500 STILE LIBERO	17:15.73	17:48.67	18:45.26	19:11.93
	50 DORSO	28.31	29.14	32.40	33.06
	100 DORSO	1:01.18	1:03.57	1:10.25	1:13.25
	200 DORSO	2:14.98	2:20.87	2:33.03	2:39.27
	50 RANA	30.94	31.25	35.75	36.55
	100 RANA	1:09.00	1:10.23	1:18.73	1:21.28
	200 RANA	2:33.14	2:36.75	2:52.43	2:58.93
	50 FARFALLA	26.57	26.85	30.44	30.52
	100 FARFALLA	59.49	1:00.65	1:08.93	1:10.05
	200 FARFALLA	2:14.48	2:17.63	2:35.32	2:40.06
	100 MISTI	1:01.73	-	1:10.37	-
	200 MISTI	2:15.75	2:20.94	2:33.52	2:37.69
	400 MISTI	4:52.19	5:03.02	5:32.04	5:37.94

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CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
55-59	50 STILE LIBERO	25.13	25.66	28.87	29.68	
	100 STILE LIBERO	56.37	57.80	1:04.15	1:05.41	
	200 STILE LIBERO	2:05.01	2:07.52	2:22.26	2:24.76	
	400 STILE LIBERO	4:30.63	4:34.24	5:00.45	5:04.73	
	800 STILE LIBERO	9:20.25	9:32.16	10:21.50	10:29.08	
	1500 STILE LIBERO	18:03.04	18:25.77	19:41.97	20:10.24	
	50 DORSO	29.34	30.30	34.42	35.36	
	100 DORSO	1:04.04	1:07.31	1:15.23	1:17.28	
	200 DORSO	2:21.25	2:27.62	2:43.39	2:49.08	
	50 RANA	31.84	32.35	37.91	38.53	
	100 RANA	1:10.73	1:13.04	1:23.73	1:26.10	
	200 RANA	2:37.30	2:42.37	3:02.36	3:07.10	
	50 FARFALLA	27.24	27.42	32.04	32.24	
	100 FARFALLA	1:01.76	1:02.26	1:13.60	1:13.69	
	200 FARFALLA	2:23.49	2:25.06	2:47.56	2:50.97	
	100 MISTI	1:04.14	-	1:14.54	-	
	200 MISTI	2:22.35	2:25.57	2:43.75	2:47.90	
	400 MISTI	5:10.54	5:19.35	5:51.22	6:02.71	
	60-64	50 STILE LIBERO	25.97	26.47	30.53	30.68
		100 STILE LIBERO	58.58	59.63	1:08.41	1:08.67
200 STILE LIBERO		2:10.57	2:14.83	2:31.93	2:32.19	
400 STILE LIBERO		4:42.98	4:49.89	5:19.44	5:22.50	
800 STILE LIBERO		9:52.87	10:01.93	10:56.28	11:08.44	
1500 STILE LIBERO		18:54.06	19:19.12	20:58.74	21:20.73	
50 DORSO		31.03	32.14	36.00	36.44	
100 DORSO		1:08.03	1:11.33	1:18.94	1:20.20	
200 DORSO		2:31.46	2:37.22	2:50.77	2:55.54	
50 RANA		33.05	33.84	40.14	40.34	
100 RANA		1:13.50	1:16.31	1:28.64	1:30.26	
200 RANA		2:45.70	2:50.52	3:13.21	3:17.02	
50 FARFALLA		28.49	28.59	33.69	33.51	
100 FARFALLA		1:05.06	1:06.36	1:18.32	1:19.54	
200 FARFALLA		2:32.83	2:38.65	3:03.89	3:08.23	
100 MISTI		1:07.25	-	1:19.60	-	
200 MISTI		2:29.12	2:33.62	2:53.47	2:59.76	
400 MISTI		5:26.10	5:35.43	6:12.76	6:24.52	

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PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
65-69	50 STILE LIBERO	27.03	27.52	32.01	32.29
	100 STILE LIBERO	1:00.96	1:02.38	1:11.91	1:12.94
	200 STILE LIBERO	2:17.67	2:22.16	2:40.99	2:42.72
	400 STILE LIBERO	4:56.92	5:03.51	5:44.96	5:49.66
	800 STILE LIBERO	10:19.64	10:34.20	11:52.87	12:02.34
	1500 STILE LIBERO	19:45.51	20:14.82	22:46.43	23:34.58
	50 DORSO	32.50	33.58	37.42	38.11
	100 DORSO	1:12.89	1:15.52	1:23.62	1:25.09
	200 DORSO	2:39.39	2:47.69	3:03.82	3:07.74
	50 RANA	34.57	35.21	42.19	42.62
	100 RANA	1:17.89	1:20.16	1:33.47	1:34.86
	200 RANA	2:55.23	3:00.21	3:22.71	3:27.30
	50 FARFALLA	29.80	29.86	36.20	36.03
	100 FARFALLA	1:09.26	1:10.72	1:26.04	1:27.91
	200 FARFALLA	2:46.64	2:51.39	3:26.69	3:31.49
	100 MISTI	1:11.46	-	1:23.24	-
	200 MISTI	2:39.95	2:44.67	3:04.44	3:08.31
	400 MISTI	5:49.61	5:58.90	6:46.46	6:57.21
70-74	50 STILE LIBERO	28.45	28.61	34.47	34.80
	100 STILE LIBERO	1:04.56	1:05.45	1:18.16	1:19.01
	200 STILE LIBERO	2:27.07	2:29.20	2:54.40	2:56.50
	400 STILE LIBERO	5:19.98	5:24.63	6:13.61	6:18.36
	800 STILE LIBERO	11:18.96	11:22.63	13:08.14	13:00.37
	1500 STILE LIBERO	21:43.43	21:48.29	25:08.44	25:25.30
	50 DORSO	35.10	35.95	40.07	40.97
	100 DORSO	1:16.90	1:19.05	1:28.82	1:31.20
	200 DORSO	2:51.56	2:56.21	3:15.69	3:20.06
	50 RANA	37.09	37.74	44.34	45.18
	100 RANA	1:23.99	1:25.79	1:37.45	1:40.34
	200 RANA	3:07.53	3:12.19	3:33.22	3:38.81
	50 FARFALLA	31.80	31.67	39.56	39.76
	100 FARFALLA	1:15.40	1:16.34	1:36.26	1:41.75
	200 FARFALLA	3:03.76	3:09.46	3:45.12	3:51.77
	100 MISTI	1:16.03	-	1:30.32	-
	200 MISTI	2:52.84	2:58.26	3:21.72	3:24.71
	400 MISTI	6:22.88	6:34.89	7:25.12	7:34.05

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CATEGORIA	GARA	UOMINI		DONNE	
		V. Corta	V. Lunga	V. Corta	V. Lunga
75-79	50 STILE LIBERO	31.14	30.98	37.21	37.36
	100 STILE LIBERO	1:10.50	1:11.63	1:25.41	1:26.09
	200 STILE LIBERO	2:41.65	2:41.34	3:08.87	3:10.96
	400 STILE LIBERO	5:44.93	5:42.89	6:44.67	6:43.20
	800 STILE LIBERO	11:58.47	12:08.21	13:53.73	14:03.78
	1500 STILE LIBERO	23:15.49	23:30.07	27:06.02	27:24.26
	50 DORSO	37.21	37.97	44.09	44.88
	100 DORSO	1:23.08	1:25.44	1:37.86	1:40.57
	200 DORSO	3:05.20	3:09.96	3:38.27	3:42.07
	50 RANA	39.81	40.34	47.50	47.80
	100 RANA	1:28.50	1:31.45	1:44.10	1:46.34
	200 RANA	3:21.57	3:27.84	3:46.77	3:51.58
	50 FARFALLA	34.41	34.69	44.25	44.92
	100 FARFALLA	1:26.64	1:28.10	1:49.04	1:53.17
	200 FARFALLA	3:30.24	3:31.00	4:12.31	4:20.46
	100 MISTI	1:23.16	-	1:38.58	-
	200 MISTI	3:09.71	3:14.07	3:39.80	3:47.74
	400 MISTI	6:59.14	7:09.23	8:04.75	8:23.29
80-84	50 STILE LIBERO	33.28	33.17	40.86	40.95
	100 STILE LIBERO	1:16.51	1:16.96	1:33.96	1:34.94
	200 STILE LIBERO	2:55.32	2:57.25	3:29.55	3:35.36
	400 STILE LIBERO	6:16.41	6:20.67	7:27.92	7:37.10
	800 STILE LIBERO	13:13.16	13:17.92	15:31.94	15:41.49
	1500 STILE LIBERO	25:40.69	25:56.99	30:04.29	30:40.01
	50 DORSO	40.26	41.07	49.76	49.24
	100 DORSO	1:31.23	1:34.09	1:52.61	1:52.58
	200 DORSO	3:24.31	3:30.37	4:07.11	4:06.30
	50 RANA	43.80	43.86	51.61	52.98
	100 RANA	1:38.81	1:41.96	1:58.09	1:58.43
	200 RANA	3:46.21	3:49.93	4:23.20	4:27.88
	50 FARFALLA	40.19	40.19	55.39	56.16
	100 FARFALLA	1:42.13	1:44.44	2:11.42	2:16.12
	200 FARFALLA	4:08.72	4:05.03	5:18.62	5:16.74
	100 MISTI	1:31.00	-	1:51.04	-
	200 MISTI	3:30.74	3:35.64	4:10.82	4:18.53
	400 MISTI	7:45.56	7:52.16	9:12.22	9:42.18

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CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
85-89	50 STILE LIBERO	36.93	36.48	47.42	46.93	
	100 STILE LIBERO	1:26.94	1:26.39	1:48.36	1:47.73	
	200 STILE LIBERO	3:23.24	3:23.19	4:02.40	3:59.54	
	400 STILE LIBERO	7:24.13	7:15.97	8:29.33	8:28.38	
	800 STILE LIBERO	15:37.03	15:22.75	17:46.20	17:39.40	
	1500 STILE LIBERO	31:11.71	30:21.04	35:49.07	35:57.75	
	50 DORSO	46.69	45.50	58.06	57.31	
	100 DORSO	1:46.76	1:47.22	2:09.42	2:09.92	
	200 DORSO	4:01.35	3:57.02	4:36.10	4:41.56	
	50 RANA	48.83	49.54	1:02.45	1:03.48	
	100 RANA	1:56.03	1:56.56	2:23.21	2:27.38	
	200 RANA	4:24.30	4:21.66	5:22.23	5:25.53	
	50 FARFALLA	49.03	49.84	1:11.41	1:10.50	
	100 FARFALLA	2:09.95	2:11.44	2:57.53	2:51.24	
	200 FARFALLA	6:08.76	5:18.15	6:32.28	6:44.44	
	100 MISTI	1:48.35	-	2:16.01	-	
	200 MISTI	4:12.40	4:11.90	5:17.78	5:23.37	
	400 MISTI	10:12.51	10:33.37	11:32.65	11:34.95	
	90-94	50 STILE LIBERO	43.61	43.82	1:01.14	58.08
		100 STILE LIBERO	1:45.13	1:45.44	2:17.73	2:15.81
200 STILE LIBERO		4:01.78	4:13.19	5:03.09	5:02.36	
400 STILE LIBERO		9:08.81	9:23.41	10:35.05	10:43.49	
800 STILE LIBERO		19:33.87	19:39.62	22:23.72	22:54.61	
1500 STILE LIBERO		38:58.46	38:39.62	47:25.67	46:36.24	
50 DORSO		54.79	53.94	1:11.20	1:09.09	
100 DORSO		2:02.60	2:04.64	2:34.33	2:37.25	
200 DORSO		4:36.59	4:35.07	5:44.25	5:43.93	
50 RANA		56.63	1:01.46	1:18.78	1:23.14	
100 RANA		2:31.60	2:27.46	3:09.05	3:10.81	
200 RANA		5:39.38	5:39.77	7:15.96	7:12.84	
50 FARFALLA		1:03.92	1:10.23	1:55.40	2:31.56	
100 FARFALLA		3:24.13	3:04.47	3:56.01	4:44.20	
200 FARFALLA		7:44.47	7:31.08	9:17.02	10:39.85	
100 MISTI		2:15.22	-	3:07.27	-	
200 MISTI		6:22.72	5:34.69	8:17.59	8:33.62	
400 MISTI		15:05.38	14:22.07	14:55.37	16:29.91	

TEMPI BASE INDIVIDUALI

PER LE CATEGORIE/GARE DOVE NON E' STATO POSSIBILE DETERMINARE IL TEMPO BASE, AD OGNI PRESTAZIONE VERRANNO ASSEGNATI 1000 PUNTI

CATEGORIA	GARA	UOMINI		DONNE		
		V. Corta	V. Lunga	V. Corta	V. Lunga	
95-99	50 STILE LIBERO	1:03.19	1:04.00	1:35.70	1:24.56	
	100 STILE LIBERO	2:39.24	2:41.99	4:08.26	3:32.31	
	200 STILE LIBERO	6:48.71	7:29.14	8:28.96	8:29.98	
	400 STILE LIBERO	13:41.50	16:49.08	18:58.34	17:41.07	
	800 STILE LIBERO	32:46.93	31:03.91	27:58.70	31:41.20	
	1500 STILE LIBERO	41:29.87	82:25.34	55:14.66	69:45.88	
	50 DORSO	1:11.64	1:11.83	1:50.45	1:45.32	
	100 DORSO	2:45.11	2:55.56	4:03.60	3:56.97	
	200 DORSO	7:50.98	6:50.50	9:37.55	8:41.14	
	50 RANA	1:25.59	1:28.48	3:11.49	3:32.31	
	100 RANA	3:19.42	3:42.77	-	8:00.98	
	200 RANA	6:57.52	8:25.45	-	-	
	50 FARFALLA	3:02.06	2:20.95	-	-	
	100 FARFALLA	6:04.41	4:09.52	-	-	
	200 FARFALLA	-	14:05.25	-	-	
	100 MISTI	5:45.94	-	3:54.89	-	
	200 MISTI	9:50.55	8:55.97	-	-	
	400 MISTI	21:03.17	17:29.20	-	-	
	100-104	50 STILE LIBERO	1:48.54	2:28.66	1:34.12	1:41.88
		100 STILE LIBERO	4:00.04	4:05.98	3:30.49	6:17.75
200 STILE LIBERO		-	-	7:27.89	7:48.76	
400 STILE LIBERO		-	-	16:40.10	16:36.80	
800 STILE LIBERO		-	-	36:51.23	38:04.30	
1500 STILE LIBERO		-	-	75:54.39	74:08.73	
50 DORSO		2:33.87	1:56.05	3:53.60	2:52.85	
100 DORSO		4:10.96	6:01.50	3:42.81	6:36.82	
200 DORSO		-	9:04.31	7:40.01	8:05.64	
50 RANA		-	-	-	-	
100 RANA		-	-	-	-	
200 RANA		-	-	-	-	
50 FARFALLA		-	-	-	-	
100 FARFALLA		-	-	-	-	
200 FARFALLA		-	-	-	-	
100 MISTI		-	-	-	-	
200 MISTI		-	-	-	-	
400 MISTI		-	-	-	-	

