

Masters Ocean Programme of Events
Morning 16/9/04 Heats

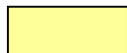
Water Area 1				Water Area 2				Water Area 3				Beach Area 1				Beach Area 2			
Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F
Board Race	M30	M	H	Board Race	M40	M	H	Board Race	M55	M	H	Beach Sprint	M30	W	H	Beach Sprint	M50	W	H
Board Race	M35	M	H	Board Race	M45	M	H	Board Race	M60	M	H	Beach Sprint	M35	W	H	Beach Sprint	M55	W	H
				Board Race	M50	M	H	Board Race	M65+	M	H	Beach Sprint	M40	W	H	Beach Sprint	M60	W	H
												Beach Sprint	M45	W	H	Beach Sprint	M65+	W	H
Board Race	M30	W	H	Board Race	M40	W	H	Board Race	M55	W	H	Beach Sprint	M30	M	H	Beach Sprint	M50	M	H
Board Race	M35	W	H	Board Race	M45	W	H	Board Race	M60	W	H	Beach Sprint	M35	M	H	Beach Sprint	M55	M	H
				Board Race	M50	W	H	Board Race	M65+	W	H	Beach Sprint	M40	M	H	Beach Sprint	M60	M	H
												Beach Sprint	M45	M	H	Beach Sprint	M65+	M	H
Ski Relay	110+	M	H	Ski Relay	130+	M	H	Ski Relay	150+	M	H								
Ski Relay	110+	W	H	Ski Relay	130+	W	H	Ski Relay	150+	W	H								
Rescue Tube	M30	M	H	Rescue Tube	M50	M	H	Board Rescue	M30	W	H								
Rescue Tube	M35	M	H	Rescue Tube	M55	M	H	Board Rescue	M35	W	H								
Rescue Tube	M40	M	H	Rescue Tube	M60	M	H	Board Rescue	M40	W	H								
Rescue Tube	M45	M	H	Rescue Tube	M65+	M	H	Board Rescue	M45	W	H								
								Board Rescue	M50	W	H								
								Board Rescue	M55	W	H								
								Board Rescue	M60+	W	H								
Rescue Tube	M30	W	H	Rescue Tube	M50	W	H	Board Rescue	M30	M	H								
Rescue Tube	M35	W	H	Rescue Tube	M55	W	H	Board Rescue	M35	M	H								
Rescue Tube	M40	W	H	Rescue Tube	M60	W	H	Board Rescue	M40	M	H								
Rescue Tube	M45	W	H	Rescue Tube	M65+	W	H	Board Rescue	M45	M	H								
								Board Rescue	M50	M	H								
								Board Rescue	M55	M	H								
								Board Rescue	M60+	M	H								
Taplin Relay	110+	M	H	Taplin Relay	130+	M	H	Taplin Relay	150+	M	H								
Taplin Relay	110+	W	H	Taplin Relay	130+	W	H	Taplin Relay	150+	W	H								
												2km Run	M30	M	H	2km Run	M30	W	H
												2km Run	M35	M	H	2km Run	M35	W	H
												2km Run	M40	M	H	2km Run	M40	W	H
												2km Run	M45	M	H	2km Run	M45	W	H
												2km Run	M50	M	H	2km Run	M50	W	H
												2km Run	M55	M	H	2km Run	M55	W	H
												1km Run	M60	M	H	1km Run	M60	W	H
												1km Run	M65+	M	H	1km Run	M65+	W	H



= events where straight finals are most likely to occur so finals in the afternoon may not be required

Masters Ocean Programme of Events
 Afternoon 16/9/04 Finals

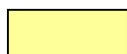
Water Area 1				Water Area 2				Water Area 3				Beach Area 1				Beach Area 2			
Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F
Board Race	M30	M	F	Board Race	M40	M	F	Board Race	M55	M	F	Beach Sprint	M30	W	F	Beach Sprint	M50	W	F
Board Race	M35	M	F	Board Race	M45	M	F	Board Race	M60	M	F	Beach Sprint	M35	W	F	Beach Sprint	M55	W	F
				Board Race	M50	M	F	Board Race	M65+	M	F	Beach Sprint	M40	W	F	Beach Sprint	M60	W	F
												Beach Sprint	M45	W	F	Beach Sprint	M65+	W	F
Board Race	M30	W	F	Board Race	M40	W	F	Board Race	M55	W	F	Beach Sprint	M30	M	F	Beach Sprint	M50	M	F
Board Race	M35	W	F	Board Race	M45	W	F	Board Race	M60	W	F	Beach Sprint	M35	M	F	Beach Sprint	M55	M	F
				Board Race	M50	W	F	Board Race	M65+	W	F	Beach Sprint	M40	M	F	Beach Sprint	M60	M	F
												Beach Sprint	M45	M	F	Beach Sprint	M65+	M	F
Ski Relay	110+	M	F	Ski Relay	130+	M	F	Ski Relay	150+	M	F								
Ski Relay	110+	W	F	Ski Relay	130+	W	F	Ski Relay	150+	W	F								
Rescue Tube	M30	M	F	Rescue Tube	M50	M	F	Board Rescue	M30	W	F								
Rescue Tube	M35	M	F	Rescue Tube	M55	M	F	Board Rescue	M35	W	F								
Rescue Tube	M40	M	F	Rescue Tube	M60	M	F	Board Rescue	M40	W	F								
Rescue Tube	M45	M	F	Rescue Tube	M65+	M	F	Board Rescue	M45	W	F								
								Board Rescue	M50	W	F								
								Board Rescue	M55	W	F								
								Board Rescue	M60+	W	F								
Rescue Tube	M30	W	F	Rescue Tube	M50	W	F	Board Rescue	M30	M	F								
Rescue Tube	M35	W	F	Rescue Tube	M55	W	F	Board Rescue	M35	M	F								
Rescue Tube	M40	W	F	Rescue Tube	M60	W	F	Board Rescue	M40	M	F								
Rescue Tube	M45	W	F	Rescue Tube	M65+	W	F	Board Rescue	M45	M	F								
								Board Rescue	M50	M	F								
								Board Rescue	M55	M	F								
								Board Rescue	M60+	M	F								
Taplin Relay	110+	M	F	Taplin Relay	130+	M	F	Taplin Relay	150+	M	F								
Taplin Relay	110+	W	F	Taplin Relay	130+	W	F	Taplin Relay	150+	W	F								
												2km Run	M30	M	F	2km Run	M30	W	F
												2km Run	M35	M	F	2km Run	M35	W	F
												2km Run	M40	M	F	2km Run	M40	W	F
												2km Run	M45	M	F	2km Run	M45	W	F
												2km Run	M50	M	F	2km Run	M50	W	F
												2km Run	M55	M	F	2km Run	M55	W	F
												1km Run	M60	M	F	1km Run	M60	W	F
												1km Run	M65+	M	F	1km Run	M65+	W	F



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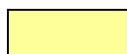
Water Area 1				Water Area 2				Water Area 3				Beach Area 1				Beach Area 2			
Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F
Surf Teams	110+	M	H	Surf Teams	130+	M	H	Surf Teams	150+	M	H								
Surf Teams	110+	W	H	Surf Teams	130+	W	H	Surf Teams	150+	W	H								
Ski Race	M30	M	H	Ski Race	M40	M	H	Ski Race	M55	M	H	Beach Flags	M30	W	H	Beach Flags	M50	W	H
Ski Race	M35	M	H	Ski Race	M45	M	H	Ski Race	M60	M	H	Beach Flags	M35	W	H	Beach Flags	M55	W	H
				Ski Race	M50	M	H	Ski Race	M65+	M	H	Beach Flags	M40	W	H	Beach Flags	M60	W	H
												Beach Flags	M45	W	H	Beach Flags	M65+	W	H
Ski Race	M30	W	H	Ski Race	M40	W	H	Ski Race	M55	W	H	Beach Flags	M30	M	H	Beach Flags	M50	M	H
Ski Race	M35	W	H	Ski Race	M45	W	H	Ski Race	M60	W	H	Beach Flags	M35	M	H	Beach Flags	M55	M	H
				Ski Race	M50	W	H	Ski Race	M65+	W	H	Beach Flags	M40	M	H	Beach Flags	M60	M	H
												Beach Flags	M45	M	H	Beach Flags	M65+	M	H
Surf Race	M30	M	H	Surf Race	M50	M	H	Board Relay	110+	W	H								
Surf Race	M35	M	H	Surf Race	M55	M	H	Board Relay	130+	W	H								
Surf Race	M40	M	H	Surf Race	M60	M	H	Board Relay	150+	W	H								
Surf Race	M45	M	H	Surf Race	M65+	M	H												
Surf Race	M30	W	H	Surf Race	M50	W	H	Board Relay	110+	M	H								
Surf Race	M35	W	H	Surf Race	M55	W	H	Board Relay	130+	M	H								
Surf Race	M40	W	H	Surf Race	M60	W	H	Board Relay	150+	M	H								
Surf Race	M45	W	H	Surf Race	M65+	W	H												
Iron Man	M30	M	H	Iron Man	M40	M	H	Iron Man	M55	M	H					Beach Relay	110+	W	H
Iron Man	M35	M	H	Iron Man	M45	M	H	Iron Man	M60	M	H					Beach Relay	130+	W	H
				Iron Man	M50	M	H	Iron Man	M65+	M	H					Beach Relay	150+	W	H
Iron Woman	M30	W	H	Iron Woman	M40	W	H	Iron Woman	M55	W	H	Beach Relay	110+	M	H				
Iron Woman	M35	W	H	Iron Woman	M45	W	H	Iron Woman	M60	W	H	Beach Relay	130+	M	H				
				Iron Woman	M50	W	H	Iron Woman	M65+	W	H	Beach Relay	150+	M	H				



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Afternoon 17/09/04 Finals

Water Area 1				Water Area 2				Water Area 3				Beach Area 1				Beach Area 2			
Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F	Event	Age	Sex	H/F
Surf Teams	110+	M	F	Surf Teams	130+	M	F	Surf Teams	150+	M	F								
Surf Teams	110+	W	F	Surf Teams	130+	W	F	Surf Teams	150+	W	F								
Ski Race	M30	M	F	Ski Race	M40	M	F	Ski Race	M55	M	F	Beach Flags	M30	W	F	Beach Flags	M50	W	F
Ski Race	M35	M	F	Ski Race	M45	M	F	Ski Race	M60	M	F	Beach Flags	M35	W	F	Beach Flags	M55	W	F
				Ski Race	M50	M	F	Ski Race	M65+	M	F	Beach Flags	M40	W	F	Beach Flags	M60	W	F
												Beach Flags	M45	W	F	Beach Flags	M65+	W	F
Ski Race	M30	W	F	Ski Race	M40	W	F	Ski Race	M55	W	F	Beach Flags	M30	M	F	Beach Flags	M50	M	F
Ski Race	M35	W	F	Ski Race	M45	W	F	Ski Race	M60	W	F	Beach Flags	M35	M	F	Beach Flags	M55	M	F
				Ski Race	M50	W	F	Ski Race	M65+	W	F	Beach Flags	M40	M	F	Beach Flags	M60	M	F
												Beach Flags	M45	M	F	Beach Flags	M65+	M	F
Surf Race	M30	M	F	Surf Race	M50	M	F	Board Relay	110+	W	F								
Surf Race	M35	M	F	Surf Race	M55	M	F	Board Relay	130+	W	F								
Surf Race	M40	M	F	Surf Race	M60	M	F	Board Relay	150+	W	F								
Surf Race	M45	M	F	Surf Race	M65+	M	F												
Surf Race	M30	W	F	Surf Race	M50	W	F	Board Relay	110+	M	F								
Surf Race	M35	W	F	Surf Race	M55	W	F	Board Relay	130+	M	F								
Surf Race	M40	W	F	Surf Race	M60	W	F	Board Relay	150+	M	F								
Surf Race	M45	W	F	Surf Race	M65+	W	F												
Iron Man	M30	M	F	Iron Man	M40	M	F	Iron Man	M55	M	F					Beach Relay	110+	W	F
Iron Man	M35	M	F	Iron Man	M45	M	F	Iron Man	M60	M	F					Beach Relay	130+	W	F
				Iron Man	M50	M	F	Iron Man	M65+	M	F					Beach Relay	150+	W	F
Iron Woman	M30	W	F	Iron Woman	M40	W	F	Iron Woman	M55	W	F	Beach Relay	110+	M	F				
Iron Woman	M35	W	F	Iron Woman	M45	W	F	Iron Woman	M60	W	F	Beach Relay	130+	M	F				
				Iron Woman	M50	W	F	Iron Woman	M65+	W	F	Beach Relay	150+	M	F				



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